PRAYER BOOSTERS

200 Fast Fuel Prayer Packs
that will
Change Your Life

Dr. Linda Travelute

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Acting on the Word

Picture This:

You're not the run of the mill believer anymore. See, most Christians read the Word but forget to do the Word. But you? You are a different breed. You're creatively acting on the Word as it comes to you. That thought in your mind this morning as you read your Bible…yeah, it spurred an idea that you are going to walk out. And sweet heavenly kudos are coming your way!

Scripture This:

James 1:22 NLT
But don’t just listen to God’s word. You must do what it says. Otherwise, you are only fooling yourselves.

Pray This:

God, I'd like you to help me think of new ways to move on what I've read in your Word. Your Holy Spirit has all of the fresh ideas I need, so please show me how to put into motion what I am learning. Open my eyes and show me how I can serve someone, how I can bless someone, or how I can encourage someone. Thank you that you are making me a doer of the Word, and not just a hearer.

Say This:

I will never run short of ideas on how I can put into action what I have received from the Bible. I put myself in position to read the Word, hear the Word, and do the Word. I am on a mission. I'm creatively acting on the Word.

Adversity

Picture This:

Joseph's adversity prepared him for ruling. Moses' adversity prepared him to lead his people. David's adversity prepared him to take the reign as king. And your adversity, _____ is preparing you for your destiny. You'll make it and you'll be stronger than ever.

Scripture This:

Acts 14:22 NLT:
They encouraged them to continue in the faith, reminding them that we must suffer many hardships to enter the Kingdom of God.

James 1:2-4 NLT:
Dear brothers and sisters, when troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is a fully developed, you will be a perfect and complete, needing nothing.

Pray This:

God, you know I'm not fond of tests. But, I know they have a purpose in making me who I need to be. When adversity comes I'd really like you to get me out quick. But help me when I'm stuck there for a while. Give me the ability to be strengthened and grow so I can be fully developed. Thank you that you're with me even in my mess.

Say This:

When troubles come my way, I consider them an opportunity for joy! That sounds so crazy and warped, but when my faith is tested, I'm going to rejoice instead of complain. I am growing through adversity and I am developing fully. Soon enough, I'll be perfect and complete, needing nothing.

Agitated or Disturbed

Picture This:

You don't allow yourself to become agitated when things don't go your way. When someone tries to mess with your stuff and get in your business, you are controlled. You are careful with your inner response as much as you are with your outer response. When life hands you lemons, by God's grace, you make lemonade!

Scripture This:

John 14:27 AMP:
Peace I leave with you; my [own] peace I now give and bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.]

Philippians 4:7 AMP:
And God’s peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.

Pray This:

Father, I am grateful that even when my life is on shaky ground, you are at the center. You keep me from being troubled. Help me when I begin to get agitated or disturbed. Show me how to guard myself from fearful thoughts and unsettling feelings. You are so good to me and I'm grateful that you are the calming factor in my life.

Say This:

No matter what life hands me, I refuse to be agitated or disturbed. I will not bow down to feelings that unsettle me and try to shake my world. With my faith built on Jesus, I have a solid rock to sit and lean against. I am neither nervous nor worried. I'm ok inside and out.

Answers

Picture This:

You have been seeking answers that your brain can't figure out. So you go to the ultimate source of divine revelation. God. He holds all of the answers you need. As you ask in faith, genuinely opening your heart, the Holy Spirit speaks to you and tells you what you need to know.

Scripture This:

1 Corinthians 2:9-10
That is what the Scriptures mean when they say, “No eye has seen, no ear has heard,
and no mind has imagined what God has prepared for those who love him.”
But it was to us that God revealed these things by his Spirit. For his Spirit searches out
everything and shows us God’s deep secrets.

Pray This:

Father, please remove the veil of ignorance that blinds my eyes. I need answers. I've got some huge things going on here, and I need insight. What do you think God about _____? Holy Spirit, drop your wisdom into my mind right now. I wait. Show me the things you want to reveal to me. In Jesus Name, Amen.

Say This:

God opens up the spiritual realm and miraculously drops a stream of information into my mind. All the answers I need are surging into my mind. I instantly see solutions for which I've been searching. The Holy Spirit is pulling the curtains off my mind so I can see everything I've wanted to see.

Being a Hard Worker

Picture This:

You're never slack. You've been working hard. Not to please others, but to please the one whom really counts. God. He sees. He knows. He rewards. Enough said.

Scripture This:

Romans 12:11 NLT:
Never be lazy, but work hard and serve the Lord enthusiastically.

Colossians 3:23-24 NLT:
Work willingly at whatever you do, as though you were working for the Lord rather than for people. Remember that the Lord will give you an inheritance as your reward, and that the Master you are serving is Christ.

Pray This:

Father, I want to take my cues from you. I'm watching you do your work, so I know how to my work. I desire to work hard for others as if I were doing it for an audience of one. Thank you for the energy, stamina, and drive you have blessed me with so I can work hard and get a lot accomplished. Thank you for helping me to stay focused when I'd rather be somewhere else. And thank you for the reward that is mine as I stick with it.

Say This:

I will never allow myself to be lazy. I will work hard and serve my Lord and others with gusto! I will work willingly at whatever I do. I'm going to do it as though I were working for God rather than for people. When I think of my accomplishments, I sit back and smile. God helped me pull it off. I'm thankful for a good work ethic and the ability to do what I do.

Being a Leader

Picture This:

You've stepped up. You are among a smaller crowd now - the crowd of leaders. You've proven yourself faithful over little things, which has brought you bigger things. When you speak, people listen. When you lead, they follow. You are growing every day. Learning from the best. And you're leading while serving. You're a leader after God's own heart.

Scripture This:

Matthew 20:26-28 NLT:
But among you it will be different. Whoever wants to be a leader among you must be your servant, and whoever wants to be first among you must become your slave. For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."

Luke 12:48b NLT:
When someone has been given much, much will be required in return; and when someone has been entrusted with much, even more will be required.

Proverbs 16:21 NLT:
The wise are known for their understanding, and pleasant words are persuasive.

Pray This:

God, I want to step into a position of leadership. Knowing that leadership starts with servant hood, I want to learn how to serve like you would. Show me how to cultivate the heart of a servant. Help me to be on the lookout for ways I can lend a hand and serve those I lead. As I step up to the plate I know you will require more of me. Give me wisdom and show me how to handle my new territory. Bring people and resources I can learn from, as I desire to be constantly growing as a leader. I am thankful for new things you are allowing me to step into and I desire to prove myself faithful and serve you in a way you will make you proud!

Say This:

I am a leader after God's own heart. He is my model and I pattern my way of leading after his. I am watching over those I serve, looking for ways I can help them and improve their lives. I seek to encourage them, understand them, and grow them. I will be sensitive to their needs. As I lead I will serve. I will pray for wisdom and look to God for help in the new territory his gives me as a leader.

Being God's Companion

Picture This:

You long to spend uninterrupted time with God. Your heart is hungry for his companionship. You're like a child eagerly waiting for a moment to hop up into daddy's lap. He is oh, so gentle, sweet to you, and never turns you away. It's just you and God talking; spending precious moments together. He gives you glimpses of your future and all that he has for you. You adore him, love on him, and are filled with the warmth of his Spirit. There's no other place you'd rather be than right here.

Scripture This:

Psalms 25:14 NLT:
The secret [of the sweet, satisfying companionship] of the Lord have they who fear (revere and worship) Him, and He will show them His covenant and reveal to them its [deep, inner] meaning.

Psalm 25:14 MSG:
God-friendship is for God-worshipers; they are the ones he confides in.

Pray This:

Lord God, my Father, I've found the secret to sweet, satisfying companionship with you. It's revering and worshiping you with all I've got. I want to be filled with awe from the very depths of my being. As I worship and acknowledge who you are with my thoughts and my actions, share with me your secrets. Tell me things you only tell your friends. I want to be someone you confide in. I want to be your companion, God. Thank you too, that you want to be mine!

Say This:

Listen God, I'm calling at the top of my lungs: "I want to be with you!" When my heart whispered, "Seek God," my whole being replied, "I'm seeking him!" I'm going to make time to be with you God. I'm going to spend time with you like a trusted friend. I'll let nothing get in my way. Thank you for your companionship. I marvel at how you want to spend time with me.

Believing in People

Picture This:

Everyone else wants to write him off, but you just won't do it. Though she's rough, you're determined to see her transformed into a diamond. No one offers him hope. No one offers her encouragement. But you are beginning to realize that God is at work behind the scenes. You tug at God's ear on her behalf. Though this guy seems too far-gone, you know God can turn the pauper into a prince. You believe in them and you're a key to their transformation.

Scripture This:

Jeremiah 33:3 NCV
Call to Me, and I will answer you, and show you great and mighty things, which you do not know.

Proverbs 11:18 NCV
He who sows righteousness will have a sure reward.

1 Corinthians 13:4,7 NCV
Love…bears all things, believes all things, hopes all things, endures all things.

Pray This:

Father, you care for those who look like they will never amount to anything. You see great value in them. I want to too. I want you to make me their greatest cheerleader. Show me things that are veiled to the rest of the pack. There is something great and mighty inside each human container. I want to help him/her blossom into the beautiful creature you have destined them to be. Show me how to love them, believe in them, and hope in them. Guide my thoughts and my actions so I know how to drop a nugget of confidence on them. Use me to build them up and push them forward.

Say This:

Today _____ (insert name) comes to my mind. I'm in their corner and I believe God can transform them into an outstanding individual. Enthusiasm flows through me so much that it spills out into words that encourage. I am making a difference in _____ (insert name) life with my prayers, with my faith, with my words, and with my support. _____ (insert name) will become everything God has in mind for them to be. I'm so grateful to have a part!

Betrayed but Not Forgotten

Picture This:

You may have been betrayed and forgotten by people but you know nothing will be able to drive a wedge between you and Christ. There is no way! Not trouble, not hard times, not hatred, not hunger, not homelessness, not bullying threats, not backstabbing, not even the worst sins listed in Scripture: None of this fazes you because Jesus loves you. You're absolutely convinced that nothing—nothing living or dead, angelic or demonic, today or tomorrow, high or low, thinkable or unthinkable—absolutely nothing can get between you and God's love because of the way that Jesus your Master has embraced you. (Based on Romans 8:31-39 MSG)

Scripture This:

Luke 10:10-11 NLT:
But if a town refuses to welcome you, go out into its streets and say, 'We wipe even the dust of your town from our feet to show that we have abandoned you to your fate. And know this—the Kingdom of God is near!

Romans 8:31 NLT:
Nothing Can Separate Us from God's Love. What shall we say about such wonderful things as these? If God is for us, who can ever be against us?

Psalms 27:10-11 NLT:
Even if my father and mother abandon me, the Lord will hold me close.
Teach me how to live, O Lord. Lead me along the right path, for my enemies are waiting for me.

Pray This:

Father, I feel alone. Betrayal hurts. My pain only increases when I feel that you have forgotten me too. When I get in this state of mind, remind me of whom I am in Christ and that nothing can separate me from you. The devil wants to keep me down and puts others in my life to refuse me and abandon me, but I know his tricks and I'm not going to fall victim to them! Give me hope today that you hold me close and that you hold me steady. You are a sure thing I can count on when everyone else has left me high and dry. Thank you that I can feel you close.

Say This:

With God on my side like this, how can I lose? If God didn't hesitate to put everything on the line for me, embracing my condition and exposing himself to the worst by sending his own Son, is there anything else he wouldn't gladly and freely do for me? And who would dare tangle with God by messing with one of God's chosen? Who would dare even to point a finger? The One who died for me—who was raised to life for me! —is in the presence of God at this very moment sticking up for me. I am not forgotten!

Bless the Slime

Picture This:

It's easy to bless the people who speak well of you. But those who drag you into the mud? Not so easy. Thankfully, you are growing in this area, and you are learning to bless and even pray for those who curse you.

Scripture This:

Romans 12:14 NLT
Bless those who persecute you. Don’t curse them; pray that God will bless them.

Pray This:

God, I want to forgive the slime who speak lies and nonsense about me. I can't even begin to understand why they say those things, but others are beginning to believe what was said about me. I want this stopped! Help me to rise above this. Stop those who are lying about me. And Lord...I ask you to bless them, change them, and rescue them. Use this hurtful situation to bring about needed changes in me. And them. Amen.

Say This:

I choose today to speak words of kindness and blessing over those who have tried to hurt me. My words are powerful, so I will say things that build others up rather than tear them down. I am giving the enemy notice--the strategies he is using against me are failing. I am rising up through Christ.

Breaking Bad Habits

Picture This:

You've agonized for years trying to kick the bad habits that have plagued you….but today is a new day. You no longer feel handcuffed to routines that were unhealthy and dangerous. You are experiencing a new level of freedom. You are more disciplined. More determined. You have conquered the things that have stood in your way for years. God is empowering you to do what is good for you and what is good for those around you. You have learned how to master your thoughts and actions so you glorify Christ in every area of your life.

Scripture This:

2 Corinthians 5:17 AMP
Therefore if any person is [in grafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh *and* new has come!

Proverbs 2:3 NLT
Cry out for insight, and ask for understanding.

Proverbs 16:3 NLT
Commit your actions to the Lord, and your plans will succeed.

Pray This:

God, because you have made me a new creation, I'm tapping into the power that you have reserved for me. I take the help you have to give in putting old destructive habits to death. I am asking you for the wisdom to recognize when a behavior in my life is hazardous to me. When something doesn't agree with your will and plan for me, I ask you to give me the strength to conquer it and replace it with habits that are pleasing to you. Today, I cry out for insight and ask you for understanding in dealing with the patterns I have established. I commit my actions to you so I know you are making me successful in breaking bad habits. Thank you, In Jesus Name!

Say This:

I am putting God in charge of my life. I will demolish the bad habits and patterns that have been a stronghold in my life. God is giving me the power through the cross of Christ. I am a new creature in Christ. I receive his insight and understanding so I know how to end destructive things that stand in the way of my growth. I will succeed because I commit my actions to the Lord. I will live free and clear of anything that hinders my destiny in Christ.

Brightside

Picture This:

The hardest part of being set free from negativism is facing that fact that you are. Negative. Period. And you want out. You've realized you can't wiggle out of it on your own. You instead look to God and trust him to change you. He is helping you be positive and good at seeing the bright side of everything. Everything is becoming bright and beautiful. Everything.

Scripture This:

Philippians 1:6 NLT
And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

John 16:13 NLT
When the Spirit of truth comes, he will guide you into all truth.

Pray This:

God has begun a good work in me, and He is able to bring it to full completion. Holy Spirit, I ask you to show me each time I start to be negative. As a dark or accusatory thought comes to my mind, help me to nail it down so it doesn't rise back up. I ask you to break the negative patterns in my thinking.

Say This:

I am now on the lookout for the good side of everything. The ugly, the sad, the sour, and the bad pales in comparison to the beautiful, the sweet, the wonder, and the wonder I now see and enjoy. I am changed. I am becoming increasingly aware of silver linings in clouds and storms.

Building Your Alter

Picture This:

You can recall the times God was faithful. You look back and count your blessings, and yep, you can name them one by one. A job promotion, a smooth moving transition, a healing, restoration of a relationship, the best meal you've ever tasted in your life, a pretty flower on the side of the road, a vacation that refreshed your weary bones, a friend to sit next to in the meeting you attended, the perfect pint of blueberries to top your cereal... Large or small, you remember them all. You build your alter that speaks of God's goodness.

Scripture This:

Exodus 20:24 NLT
Make me an earthen Altar. Sacrifice your Whole- Burnt- Offerings, your Peace- Offerings, your sheep, and your cattle on it. Every place where I cause my name to be honored in your worship, I'll be there myself and bless you.

Pray This:

God, I'm not going a step further into my day until I pause and build an altar of thanksgiving. Remind me right now of your goodness in my life. What have you done for me lately that I can praise you for? I want to commemorate each time you have proved faithful. So, right now, I list all the things I am grateful for...

Say This:

I am proactively searching for a way to joy my memory of God's faithfulness. When difficult times come, I will look around to see the blessings I've long forgotten. When I honor my God, he will be there and bless me.

Called to Stand Out

Picture This:

You've been given one of the greatest compliments in the world: You are different! You walk differently, act differently, and live differently. You stand head and shoulders above the rest because you have God all over you. You are a stand out in every way - bringing glory to the Father.

Scripture This:

1 Peter 2:9 NLT:
But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the d goodness of God, for he called you out of the darkness into his wonderful light.

Romans 12:2 NLT:
Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Pray This:

God, I recognize that you have chosen me and I'm your possession. I want to show others the goodness of God so that they can be pulled out of darkness into your incredible light. I need your help to transform me into a new person each and every day. Change the way I think, so I can think above the crowd. Change the way I do business so I can live above the crowd. Show me your will so I can do what you choose and stand out for you.

Say This:

I declare that I stand out and am noticed in every way as a representative of God. I am God's instrument to do his work and speak out for him, to tell others of the night-and-day difference he made for me -- from nothing to something, from rejected to accepted. I will live an exemplary life among the natives so that my actions will refute their prejudices. Then they'll be won over to God's side and be there to join in the celebration when he arrives.

Changing Your Shape

Picture This:

You are changing: Your shape. Your demeanor. Your reactions.
You don't look like you anymore. You look like…yes, believe it…Jesus.

Scripture This:

Romans 8:29
God…decided from the outset to shape the lives of those who love him along the same lines as the life of his Son.

Matthew 19:26
All things are possible for those who believe.

Pray This:

God, I know your plan and ultimate goal is to shape me into the image of Jesus Christ. Oh boy, do I need your help! Since all things are possible for those who believe, help me to not beat myself up when I feel like I will never look like your son. Encourage me God; remind me that I can do all things through Christ who gives me strength.

Say This:

Jesus felt no guilt. I will not to feel guilt.
Jesus faced fears with courage. I will face my fears with courage.
Jesus served others. I will serve with the same passion.
Jesus dealt with anxiety about death. I will conquer death as well.
Jesus knew the difference between right and wrong. I know the difference too.
I am being continually shaped into the image of Christ, looking more like him today than I did yesterday.

Collecting Dust

Picture This:

You've been given promises in God's Word. Let's be honest. They're far-fetched. Unbelievable. Doubtful. But you are crazy enough to believe them. You dust off the promises that you long discarded and you believe again. Crazy faith stirs the hand of God, and you end up receiving some crazy things.

Scripture This:

Heb 4:2 MSG

For as long, then, as that promise of resting in him pulls us on to God’s goal for us, we need to be careful that we’re not disqualified. We received the same promises as those people in the wilderness, but the promises didn’t do them a bit of good because they didn’t receive the promises with faith.

Pray This:

God, I'm no longer going to allow your promises to collect dust. From this day forth, I'm combining what I read in your Word with faith. I know it will be valuable to me because your promises are yes and amen. Your promises are backed by the honor of your name. So in your name, I believe. Thank you for fulfilling your promises, as crazy as they may seem!

Say This:

I'm not allowing God's promises to just take up space in my Bible. Those promises were written for me, given to me, and I will see them come to pass. I believe and I have the real life kind of faith. When circumstances are dire or unpleasant, the faith I have slips through the cracks and all of a sudden, God delivers on his promise to me.

Comparing Yourself to NO One

Picture This:

You know you're in a class all by yourself! There is no one who compares to you and you know it! You totally get that you're only responsible for your potential, not the potential of others. Your goal is to discover God's will and purpose for your life and you complete your assignment with excellence comparing yourself to no one.

Scripture This:

2 Corinthians 10:12-13 NLT:
Oh, don’t worry; we wouldn’t dare say that we are as wonderful as these other men who tell you how important they are! But they are only comparing themselves with each other, using themselves as the standard of measurement. How ignorant! We will not boast about things done outside our area of authority. We will boast only about what has happened within the boundaries of the work God has given us, which includes our working with you.

Galatians 6:4-5 NLT:
Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won’t need to compare yourself to anyone else. For we are each responsible for our own conduct.

Pray This:

God, help me to keep in mind that true success is not measured by how much I have done or what I've accomplished compared to what others have done or accomplished. True success according to your word is what I have done compared to what I could have done. I will pay careful attention to my own work and do it the way you want it done. Help me conquer the tendency to measure myself against others.

Say This:

I will satisfy my own personal passion and purpose in pursuit of personal excellence. It doesn't matter who outpaces me. It doesn't matter who is behind me or ahead of me; my goal is to become and achieve all I am capable of being and doing and this will become the measure of my satisfaction. I will always remember to perform for an audience of one, The Lord Jesus Christ.

Compassionate Father

Picture This:

It can be a challenge to think of The Lord in terms of a father. Regardless of how your earthly father treated you and loved you, you have gained a great understanding of your Heavenly Father. The gap between your two dads is coming to a close. You are finally feeling God as a tender and compassionate Father who wants to give you his very best.

Scripture This:

Psalm 103:13 NLT
The Lord is like a father to his children, tender and compassionate to those who fear him.

Pray This:

Father. That name has been marred in my life. Help me to let go of my idea of what a father is, based on what was modeled to me. I ask you to reestablish the definition of a father in my mind. I want to understand how loving, compassionate, and perfect you are. Heavenly father, I want to believe you have the very best in mind for me. I also want to enjoy every blessing you have promised me. Show me how to have a loving relationship with you without fear. Help me to think the very best of you.

Say This:

I can trust my Heavenly Father to never abandon me. I know God's love for me is unconditional. My God is compassionate and loving toward me. I find it in my heart to forgive my earthly father for his inconsistencies so I can fully experience the love of my Heavenly Father.

Confusion

Picture This:

You no longer have that confused feeling over issues. Your head is clear, your mind is right. God has given you insight into deep, things. Things that were hidden and secret are now out in the open. You've tapped into God's rich mine of common sense. Wisdom has become a personal bodyguard to you. Things are looking up!

Scripture This:

Proverbs 3:5-8 NLT:
“Trust in the Lord with all your heart; do not depend on your own understanding.
Seek his will in all you do, and he will show you which path to take. Don’t be impressed with your own wisdom. Instead, fear the Lord and turn away from evil. Then you will have healing for your body and strength for your bones.”

Jeremiah 33:3 NLT:
“Ask me and I will tell you remarkable secrets you do not know about things to come.”

Psalm 32:8:
“I will instruct you and teach you in the way you should go; I will counsel you and watch over you.”

Pray This:

Father, I want to trust you with all of my heart. Sometimes that's hard because I can get focused on what I see in the natural. Help me God, to lean upon you and to trust you regardless of what my circumstances look like. Instruct me and counsel me. Give me confidence in you as I seek you're will. Please show me what to do at every turn. Every situation will clear up because you me giving me guidance. Thank you for showing me which way to go, what to say, and how to do it. You are my source of wisdom and I'm thankful that you are watching over me and ending my confusion.

Say This:

I Trust God from the bottom of my heart. I won't try to figure out everything on my own. I am listening for God's voice in everything I do, everywhere I go; he's the one who will keep me on track. I don't assume that I know it all. I run to God! My body will glow with health. My very bones will vibrate with life! I honor God with everything I own. He is giving me clarity of thought and vision. Confusion is disappearing. I am on the right path and I clearly hear his voice and find success.

Constantly Courageous

Picture This:

You used to be a wimp. Strong words but true. You got a little timid when life threw you curve balls... But those days are gone! Today, you are bold and full of courage. Today, you are above and not beneath your obstacles. You have your eyes set on God. You get in his word and it nourishes you. You are successful in everything you do because you are constantly courageous!

Scripture This:

Joshua 1:7 NLT:
Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do.

Pray This:

God, fill me with courage. I want to make sure I carry out what your Word commanded me, every bit of it. Help me not to get off track, either left or right. I want to make sure I get to where I'm going. I will ponder and meditate on your word day and night, making sure I practice everything written in it. Then I'll get where I'm going; then I'll succeed. Thank you for your encouragement to be strong and very courageous.

Say This:

All that God has given me through Christ is mine. All my life, no one will be able to hold out against me. In the same way God was with Moses, he'll be with me. He won't give up on me; he won't leave me. I am going to give it everything I have, heart and soul. God has commanded me: Strength! Courage! So I won't be timid; I won't get discouraged. God, my God, is with me every step I take.

Couch Potato Faith

Picture This:

Rather than take God's word and keep it on the couch with you vegging out like a zombie, you take your faith for a stroll. You exercise it. You grow it. And it's there - fully developed like a muscle, ready to fight the good fight.

Scripture This:

Hebrews 11:6 MSG
It's impossible to please God apart from faith. And why? Because anyone who wants to approach God must believe both that he exists and that he cares enough to respond to those who seek him.

Pray This:

God, I confess that I completely fall short of Biblical faith time and time again. I know your Word says you care enough to respond to me when I seek you. Instead of panicking and trying to keep my head above water, help me exercise my faith. Faith is active; I want to use it as a muscle so it won't atrophy. I want stronger faith muscles. Show me how.

Say This:

When there is a river to cross or a mountain of faith to climb, my faith will be strong. I will make it to the other side and experience a great victory. I battle for faith like nobody's business. I make extra effort to fight with my faith. No couch potato faith here. I'm up and running!

Covered By Love

Picture This:

A giant dump truck full of love backs up to your front door. There you stand. God lifts the bed and the love slides out. It rushes down toward you…down, down, until you are covered. Hidden. Buried. Covered in his love.

Scripture This:

Psalm 103:4
He… loads me with love and mercy.

1 John 4:16
We know the love that God has for us, and we trust that love.

Pray This:

God, I want to let your love cover all the things in my life. All of the secrets, hurts, and shame. Every promise broken. Every commitment unfilled. Every cuss word and harsh word. Every cross look and bad mood. Anything I've stolen plus anything I failed to give. I'm grateful that your love covers all things.

Say This:

God's love covers me from top to bottom. Everything I've thought or done. I'm smothered in his divine love which sees no wrong. His son gave me a ticket that I've traded for a truck load of love that covers me completely.

Craving God's Word

Picture This:

You find such delight in God's Word that it becomes the focus of your life. You won't let a day go by without mediating on it and tucking it away in your heart. You have found that God's Word is a treasure box full of instruction. It's pure gold! You crave God's Word to the extent that you think about it when you wake, you think about it throughout the day, and before you go to sleep. God's Word is the foundation of your life and you find it to be a scrumptious meal!

Scripture This:

1 Peter 2:2 NLT:
Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation.

Psalm 119:18 NLT:
I cry out for this nourishment, open my eyes to see the wonderful truths in your instructions.

Psalm 119: 57 NLT:
Lord, you are mine! I promise to obey your words! With all my heart I want your blessings. Be merciful as you promised. I pondered the direction of my life, and I turned to follow your laws. I will hurry, without delay, to obey your commands. You made me; you created me. Now give me the sense to follow your commands. May all who fear you find in me a cause for joy, for I have put my hope in your word.

Pray This:

Father, how sweet it is that you have given me a love letter - your Word. I want to cultivate a desire to read the Bible more than anything else. Let that desire burn deep within me. Nourish me with the milk of your Word. Give me a hunger for the scriptures so I can stay on the right track. Give me the sense to follow your commands. Open my eyes to see the wonderful truths in your instructions. I put my hope in your word because it will not fail me. Thank you Lord, for comforting me, instructing me, and cleansing me through your Word. Amen.

Say This:

I love your Word God, more than anything else on earth. It tastes better than a 7-course meal! It nourishes me inside and out. And because I consume your Word I am blessed. I stay on course, walking steadily on the road revealed by God. That's right—I don't go off on my own; I walk straight along the road he set. I thank you for speaking straight from your heart. My whole being is satisfied as I mediate on your word.

Creativity with the Word

Picture This:

You're not the run of the mill believer anymore. See, most Christians read the Word but forget to do the Word. But you? You are a different breed. You're creatively acting on the Word as it comes to you. That thought in your mind this morning as you read your Bible…yeah, it spurred an idea that you are going to walk out. And sweet heavenly kudos are coming your way!

Scripture This:

James 1:22 NLT
But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.

Pray This:

God, I'd like you to help me think of new ways to move on what I've read in your Word. Your Holy Spirit has all of the fresh ideas I need, so please show me how to put into motion what I am learning. Open my eyes and show me how I can serve someone, how I can bless someone, or how I can encourage someone. Thank you that you are making me a doer of the Word, and not just a hearer.

Say This:

I will never run short of ideas on how I can put into action what I have received from the Bible. I put myself in position to read the Word, hear the Word, and do the Word. I am on a mission. I'm creatively acting on the Word.

Deadlines

Picture This:

Deadlines: once dreaded, now doable. Stress inducing. A date on the task list used to make your stomach ache and your head pound. But you've learned the secret to staying at ease even with a deadline in sight. You keep your sites on God; he helps you get your grip. Work projects no longer make you sweat. Mortgage and rent payments are routinely paid on time. Elementary School Play Costumes are constructed before they are needed. The house is cleaned before the guests arrive. The paper is finished before it's due. You have God's wind at your back and you are in full control.

Scripture This:

Matthew 6:34 MSG
"Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.

Psalms 46:1-5 MSG
God is a safe place to hide; ready to help when we need him. We stand fearless at the cliff-edge of doom, courageous in sea storm and earthquake, before the rush and roar of oceans, the tremors that shift mountains. Jacob- wrestling God fights for us, GOD of angel armies protects us. River fountains splash joy, cooling God's city, this sacred haunt of the Most High. God lives here, the streets are safe, God at your service from crack of dawn.

Pray This:

God, I need you to help me stay calm. When I feel my stomach rolling up in a knot because of an approaching deadline, give me relief. I am looking to you because you said you would leave me well and whole. I can take courage in knowing you will not abandon me when I feel the walls closing in. Help me not to get upset when it seems like I'm out of time, money, and strength. Give me the ability to stay in control of my emotions. Thank you for getting me through all of my commitments with ease. I'm grateful that you care and you always come through.

Say This:

I will not get worked up about what may or may not happen tomorrow. God is helping me deal with whatever hard things come up when the time comes. I will have everything I need to get the job done on time and with executed with excellence. God is there when I need him, so I can't lose. He fights for me and his angels are ahead of me preparing for my journey ahead. Everything I need is in Christ.

Dealing with Motor Mouths

Picture This:

The woman who runs her mouth non-stop happens to be seated next to you. At first, you're just a little irritated, but it quickly gets under your skin. All of the sudden a patience comes over you that you can't explain. Even though the gal next to you won't stop talking about herself, you have grace to monitor your emotions and treat her with the love of Christ. You know just how to deal with the motor mouths!

Scripture This:

1 Corinthians 13:1 NLT
If I speak with human eloquence and angelic ecstasy but don't love, I'm nothing but the creaking of a rusty gate.

1 Corinthians 13:7 NLT
Puts up with anything, Trusts God always, Always looks for the best, Never looks back, But keeps going to the end.

Pray This:

God, you're so patient with me and love me no matter what I do. Help me to do the same for others. Enable me to show them kindness and keep myself from becoming irritated. When I'm falling into the trap of being judgmental, stop me. Let my heart be soft even when I'm in the presence of a motor mouth.

Say This:

I love even those who don't have a clue that they're being obnoxious. I keep my temper under control even with people who are self-consumed. God enables me to befriend the unlovely and treat them with respect.

Destroy What's Wrong

Picture This:

You read about Jesus raising a man from the dead. You believe. You're filled with amazement and awe at idea. Others may think it's hogwash, but the Holy Spirit speaks to you and shows you it's true. You read more. You believe even more. The scriptures become more important to you than your own thoughts. You believe them over the things the devil tries to push into your mind. This gives you the ammunition to destroy Satan's moves against you. You get really good at destroying the destroyer.

Scripture This:

John 11:47-48
Then the leading priests and Pharisees called the high council together. "What are we going to do?" they asked each other. "This man certainly performs many miraculous signs. If we allow him to go on like this, soon everyone will believe in him. Then the Roman army will come and destroy both our Temple and our nation."

Pray This:

God, as I read this passage above, it's clear that these guys had just witnessed evidence of Jesus raising a man from the dead, yet they were more afraid of losing what was dear to them instead of seeking you. I choose to seek you, so please reveal to me if I am holding onto anything that stands in my way of recognizing miraculous signs in my life.

Say This:

I choose to seek God and become more and more aware of his truth. I have my eyes wide open, looking for his goodness and seeking the miraculous. Seeking God will help me reorder my priorities and allow me to realize the truth. Because I am aware of God's working in my life, it helps me destroy any untruth. Good deal!

Direction for Your Life

Picture This:

At times you have felt clueless. But now you have assurance in knowing which way to turn. You don't walk around in the dark like most people. Right or left - when God gives the signal, you're all ears. You hear his voice clearly and it guides you every day. With his direction, you are going to accomplish great things!

Scripture This:

Psalms 37:23 NLT:
The Lord directs the steps of the godly. He delights in every detail of their lives.

Isaiah 30:21 NLT:
Your own ears will hear him. Right behind you a voice will say,
“This is the way you should go,” whether to the right or to the left.

Pray This:

Father, I am thankful that your word promises that you direct the steps of the godly. The only reason I know I fit that description of godliness is because your son saved me and made me that way. Because of my redemption, you delight in every detail of my life. Help me to fine tune my ears because I want to hear your every directive. When you speak, I will listen. When you say, "jump", I'll jump. When you say, "run", I'll run. When you say, "Stay put" I'll hear that too. I hunger for your guidance and I'm grateful for the wisdom you pour out on me.

Say This:

I am full of purpose. I know what to do because God directs my steps. He is excited about every detail of my life. My ears are sharp and I hear him when he speaks. It's as if he is right behind me telling me the way I should go. I am moving in the right direction and I am dead center in the middle of his will.

Directions the Come Easy For You

Picture This:

You don't wait hours upon hours for God to guide you. God makes things easy for you to understand, not difficult. You are saved, so God writes what he wants you to know on your heart and in your mind. He leads you. He shows you. You get it.

Scripture This:

Ezekiel 36:26 - 37:1 NLT
And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart. And I will put my Spirit in you so that you will follow my decrees and be careful to obey my regulations.

Pray This:

God, you said in your Word, that you would write things in my heart and mind that I need to know. I'm so thankful that I have a relationship like that with you. You lead me without having to jump through hoops. I don't have to shut the door, kneel on the floor in the dark, wailing waiting quietly for hours trying to see or hear you speak. Thank you for leading me with your gentle nudges and the desires that well up in my heart to do your will.

Say This:

I will wait upon the Lord, and enjoy his presence; but that is not the only way for him to guide me. God makes things easy for me, not difficult. He wants me to know his plan. He reveals things to me, as I need to know them. And I am confident that I am following the desires the Holy Spirit has put in my heart.

Discerning Heart

Picture This:

You have cultivated a heart that discerns the thoughts, purposes, and intents of the Father. Your heart longs for the will of God. You want what God wants. Oh yeah, this is the sweet spot. You're in tune with the Holy One. His desires outweigh your desires, and you wouldn't have it any other way. You know contentment is to be at rest with what God's plan is. You continue to grow and develop a discerning heart that beats after the things God's beats for.

Scripture This:

1 Kings 3:9 AMP
So give your servant an understanding mind *and* a hearing heart to judge your people, that I may discern between good and bad. For who is able to judge *and* rule this your great people?

Philippians 1:9 AMP
And this I pray: that your love may abound yet more and more *and* extend to its fullest development in knowledge and all keen insight [that your love may display itself in greater depth of acquaintance and more comprehensive discernment], So that you may surely learn to sense what is vital, *and* approve *and* prize what is excellent *and* of real value [recognizing the highest and the best, and distinguishing the moral differences]...

Pray This:

God, my sincere desire is that your desires consume me. Give me an understanding mind and a heart attuned to you. I want to discern between good and bad and I know you will empower me to do so. Make my love abound more and more and extend to its fullest development in knowledge and keen insight. I want to sense what is vital. I desire to approve and prize what is excellent and really valuable. Fill me with complete knowledge of your will and to give me spiritual wisdom and understanding so that the way I live will always honor you.

Say This:

God is giving me complete knowledge of his will and spiritual wisdom and understanding. The way I live will always honor and please the Lord, and my life will produce every kind of good fruit. I am growing as I learn to know God better and better. I am not thoughtless *and* foolish, but understanding. I firmly grasp what the will of the Lord is. My heart is in sync with God's heart. And I'm loving every minute of it!

Discouragement Fix

Picture This:

Satan doesn't have the power to keep you down and depressed! When life comes against you and the devil tries to tell you that you have no hope of ever getting over your problems, you run to people full of faith and you come away encouraged. People of faith are part of your fix!

Scripture This:

Hebrews 10:25 NLT
And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

Pray This:

God, when I'm in a funk, I want to run and hide. But I know that's not good for me, so I'm asking you to help me connect with other believers who can lift my mood. Your Word promises if I get out of my house, shove the lying emotions out of the way, and fellowship with others, I will stop focusing on my defeat. Give me the strength to reach out and branch out so I can get out of this rut.

Say This:

The enemy doesn't have the power to keep me down and depressed. I have people who I can run to when I'm in a tough spot emotionally and mentally. I am reaching out to people of faith. I'm resisting the urge to skip church. My hope is lifted every time I get to the house of God and rub shoulders with the people of God.

Don’t Trip

Picture This:

Your tendency in the past was to rely on yourself. Yep, your works were super important to you. More so, than the work that Christ did. Finally, you received revelation that cured your blindness. Today, you rely only on what Christ did for you to put you in the right place. And you do good work simply because it's the right thing to do. You've given up your "brownie points" and have moved on to what really matters. What Christ did is weightier that anything you could ever do.

Scripture This:

Romans 9:30-32 NLT
What does all this mean? Even though the Gentiles were not trying to follow God’s standards, they were made right with God. And it was by faith that this took place. But the people of Israel, who tried so hard to get right with God by keeping the law, never succeeded. Why not? Because they were trying to get right with God by keeping the law instead of by trusting in him. They stumbled over the great rock in their path.

Pray This:

God, I'm so tempted to slip back into the "works" mentality. You've got to help me with that. I've been conditioned to it by the system around me. The only way out is to be continually reminded of what you've done for me. As I read your word, transform my thinking so I'm living by faith, not by my works.

Say This:

I will pursue righteousness by faith in Christ, not by working to please God. I will not stumble over the rock in my path. I will not get so focused on getting things right that I end up tripping over the very "One" who saved me. Thank you Jesus for the righteousness I have simply because I believe in what you've done for me.

Doubt

Picture This:

You've been tempted to toss aside the promises you've been given. You've been tempted to throw away the word God spoke to you deep in your spirit. Because you haven't seen certain things come to pass, you've given in to doubt. But that's going to turn around. Right now, something strong is rising up within you. Right now your faith is being recharged. Right now the spirit of God is giving you boldness to believe. This time - doubt is gone.

Scripture This:

Matthew 14:31
O you of little faith, why did you doubt?

Mark 6:6
And He marveled because of their unbelief.

Mark 11:23
Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him.

James 1:6
But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind.

Pray This:

I'm tired of doubt clouding my mind. God, I want to know your word inside and out so I can determine when I have thoughts that are opposed to your word. Help me to recognize when the enemy is lying to me. Show me how to stir my faith so that I'll not be tossed around like a wave of the sea. I'm no longer going to allow the devil to steal what Jesus purchased for me through his death and resurrection. Help me to believe and do great things.

Say This:

Doubt is my choice. When I am in a battle of doubt in my mind, I meditate on what God has promised me. I am steadfast. I do not move away from what God has given me. I keep praising and giving glory to God and as I do, I am growing strong in faith. I am a believer not a doubter!

Down in the Dumps

Picture This:

You are no longer down in the dumps. Crying the blues used to be daily occurrence, but now you're smiling. You're eyes used to be filled with tears at the thought of your situation. Instead, tears of joy fill your eyes. You are whistling a new tune. You're trusting in God who is moving heaven and earth on your behalf. You believe things are turning around. You have faith in your future and you are beginning to entertain thoughts of victory regarding your life, your relationships, and your career, your health, and your walk with God. You're making it to the top of the mountain.

Scripture This:

Psalm 42 MSG:
Why are you down in the dumps, dear soul? Why are you crying the blues? Fix my eyes on God— soon I'll be praising again. He puts a smile on my face. He's my God. When my soul is in the dumps, I rehearse everything I know of you...Chaos calls to chaos, to the tune of whitewater rapids. Your breaking surf, your thundering breakers crash and crush me.
Then God promises to love me all day, sing songs all through the night! My life is God's prayer.

Psalm 73:16 - 17 MSG:
If I'd have given in and talked like this, I would have betrayed your dear children. Still, when I tried to figure it out, all I got was a splitting headache . . . Until I entered the sanctuary of God. Then I saw the whole picture: The slippery road you've put them on, with a final crash in a ditch of delusions. In the blink of an eye, disaster! A blind curve in the dark, and—nightmare! We wake up and rub our eyes. Nothing. There's nothing to them. And there never was.

Pray This:

God, I'm tired from all the crying. I'm worn out from thinking about what I'm going through. I need you to intervene. Please remind me of your saving grace that can rescue me out of any situation. I am sick and tired of my present circumstance. I am pleading with you right now, to move heaven and earth to help me. As I enter your presence, your sanctuary, I am reminded of your goodness. I will stop and praise you. I will trust that you are turning my chaos into victory. Thank you that you are working behind the scenes to bring me out!

Say This:

I am no longer down in the dumps. Crying the blues just doesn't cut it anymore. Today, I fix my eyes on God— I'm praising Him again. He puts a smile on my face. He's my God. I am declaring all things work together for me because I love the Lord and I am working his purpose in my life. Everything is coming together. I am confident of this. I have my head held high. I am going to get back on top of my circumstances starting now.

Dread

Picture This:

Envision a day, just one day, totally absent from the dread of failure, calamity, and rejection. Imagine a life without fear. You are wholly untouched by angst. Faith is your reaction to threats that assault your mind and emotions. A fear magnet hovers over your heart and extracts every last sliver of dread, insecurity, and doubt.

Scripture This:

Matthew 8:26 NCV
"Why are you afraid?" he asks… (Jesus)

John 14:1 NCV
“Let not your heart be troubled; you believe in God, believe also in me."

Psalm 9:10 NCV
Those who know your name will put their trust in you; for You Lord, have not forsaken those who seek you.

Pray This:

Loving Father, thank you that I don't have to live in a dark dungeon of dread. Today you allow me to live in the light of your loving faithfulness. Help me to remember you’re there to release and ease all dread from my mind. Teach me to live encouraged and free from all anxiety. I put my trust in you because you hold my life together and you will never abandon me.

Say This:

I don't look at the things that could stir up trouble and dread in my life. I believe in God, I believe in Christ, and my belief holds my world together and in order. Fear tries at times to move into the building of my heart, but my faith burns it down. I've learned to be confident and unafraid of what comes my way. My future is secure. I am confident that God has good things planned for me. Dread is no longer something I deal with. With Christ, it's a done deal.

Eliminating Pride

Picture This:

You're truly confident. But not confident in yourself - you've learned that real confidence comes from knowing who you are in Christ. You aren't smug like in years past. You are genuine in all of your interactions. You don't consider yourself higher than you ought because you know who you are. You rely on God's power working through you, not your own. You don't look down on anyone - you realize you are in the same boat with all humanity. When you brag, you brag only about what God does. Your heart is to bring glory to the father, not yourself.

Scripture This:

Philippians 2:4-11 NLT:
Don’t look out only for your own interests, but take an interest in others, too.
You must have the same attitude that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, he humbled himself in obedience to God and died a criminal’s death on a cross.
Therefore, God elevated him to the place of highest honor and gave him the name above all other names, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Pray This:

God, I want to please you in all areas of my life. Knowing that pride comes before a fall, keep me from having any pride in my bones. Help me to be honest in my evaluation of myself. Make me aware of whom I am without you, then show me who I am with you: a new creature, full of God's power. Give me the desire to exalt you in everything I do instead of exalting myself. Break any trace of pride in me. Give me the desire to look out for the interests of others rather than putting myself first. As I learn about how you love and serve people, give me a heart to love and serve like you.

Say This:

I will not be stuck-up and fall flat on my face. I will be down-to-earth so I can relate to everyone I meet. I choose today to be a servant like Christ. I put aside any privileges I think I have, for the sake of being like others. I see myself as God sees me, not puffed up or better than anyone else. My opinions aren't more important than anyone else's. I do not know more than others even in the secrecy of my heart. I will be content to simply be myself, because who I am in Christ is amazingly powerful and humble!

Embarking on Your Mission

Picture This:

You have a mission should you choose to accept it. You're heart has been pulled in a certain direction for years. You have been filled with a desire to use your gifts and talents in a special way. The tug in your heart to do this is so strong it won't let go. You trust and believe that God can use you so you put yourself out there. You're ready. You're willing. All of the sudden, God takes over and does great things through you. You are humbled and blown away at what God does through you and you give him all the glory.

Scripture This:

Philippians 1:6 AMP:
And I am convinced and sure of this very thing, that He who began a good work in you will continue until the day of Jesus Christ [right up to the time of His return]. Developing [that good work] and perfecting and bringing it to full completion in you.

Psalm 57:2 AMP:
I will cry to God Most High, Who performs on my behalf *and* rewards me [Who brings to pass His purposes for me and surely completes them]!

Pray This:

God, for years I've felt the tug. It's something I couldn't escape. I know you have something unique for me to do so I yield myself to you. I am convinced and sure of this, you began a good work in me and you will continue until the day of Jesus Christ. I ask you to develop that good work and bring it to full completion. I cry out to you God, Most High, Who performs on my behalf and rewards me. You will bring to pass your purposes for me and surely complete them! Thank you for the opportunity to serve you, in Jesus Name.

Say This:

I am confident that God will fulfill his purposes for my life. He made me with gifts and talents that will not go to waste. He puts me in positions to be used of him. I declare that I will be ready and open for all that he has for me to do. I will watch how he does his work so I know how to do my work. He is doing something unique in me and has a special plan for my life. I'm sure of it! And I give him all the credit and all the glory!

Energy in the Right Place

Picture This:

Today you have so many opportunities to worry and to live in fear. People around you are gripped with worry about the economy, their health, their children, and their relationships. But you hear a voice telling you: "Don't use your energy to worry. Use your energy to believe."

Scripture This:

Psalm30:5 NLT
For his anger lasts only a moment, but his favor lasts a lifetime! Weeping may last through the night, but joy comes with the morning.

Psalm 23:6 NLT
Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

Pray This:

Father, you said your favor on me would last for a lifetime. You said goodness and mercy will follow me all the days of my life. I'm just repeating what you've told me. And I'm choosing to believe it, so don't let me down! I have faith instead of fear. Thank you that you are making a way for me to put my energies in the right place.

Say This:

I will not use my energy to worry. I am using my energy to believe. I am not expecting the worst; I am using my faith in reverse. I will not focus on negative, discouraging circumstances. My mind is set on what God says about me. I know he has set me up for success, victory, and abundance. That is where my energy is going today!

Enough!

Picture This:

You always have enough, because you always have God. Period. You have enough because God's enough. Enough said. (But, read it again.)

Scripture This:

Philippians 4:4 Phillips Version
Delight yourselves in the Lord, yes, find your joy in him at all times.

Philippians 4:19
God will take care of everything you need.

Pray This:

God, I'm a wreck. Sometimes, I trip all over myself and forget that you are all I need. If I have you, I have nothing to fear. When concerns try to grip me and snow me under, dig me out. Show me your grace and mercy. You are all I have that is totally and completely dependable. Thank you, God, You're enough because you're everything to me.

Say This:

Though I have walked through tough times, horrible days, and fear-filled nights, all that's behind me. Today, I delight myself in the Lord. I find joy in him at all times. God will take care of me. He's good to me, better than I can ever be to myself. With God the focus of my life, I have more than enough, because He is everything I need.

Facing Your Future

Picture This:

Your future is uncertain, but your God is not. That gives you confidence that whatever comes down the pike, you will be prepared and ready to handle it all. Change? No problem. You know God's right there. Reassignment? No problem. You know God's right there. Disappointment? No problem. You know God's right there. A new chapter? No problem. You know God's right there. You face your future knowing when everything changes, your God never does.

Scripture This:

Ecclesiastes 3:1
To everything there is a season, a time for every purpose under heaven.

John 14:26 NLT
The Holy Spirit... "will teach you everything and will remind you of everything I myself have told you"

Proverbs 5:21 NCV
The ways of man are before the eyes of the Lord, and He ponders all his paths.

Pray This:

God, the future can be frightening, but with you by my side, I will not be afraid. When unexpected twists and turns come up, help me to remember that you ordain every day of my life. You walk with me on my road no matter where it takes me; we'll do it together. Holy Spirit, teach me everything I need to know. Show me my purpose and show me the purpose for every season. I'm thankful that I can trust you Lord; you never let me out of your sight. With you, my future is secure. I can be excited in my spirit at what you have up your sleeve for me.

Say This:

My future is in God's hands, so I've got no reason to fear whatever I may face. God has my path marked out, the Holy Spirit will show me how to get there, and it will be an amazing journey. I look forward to what God has in store for me. I'm deciding that my journey will be just as sweet as the destination. I will not wait to thank God until I arrive, I'm grateful now!

Faith Multiplied

Picture This:

You learned your multiplication tables as a child. But when you consider what God can do, multiplication is maximized. Natural laws of math and man do not compare to the miracles God has up his sleeve. You are so full of faith, you see his grace multiplied to you in tangible ways. You are rewarded beyond comprehension simply because you have faith.

Scripture This:

Hebrews 11:6
And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him.

Pray This:

God, it pleases you when I have faith. When my faith is diminished and thrown to the wind because I forget how good you are, remind me to believe. You exist. You're a good God. And you reward those who sincerely seek you. I want that to describe me. I want to be rewarded. May you find in me the kind of faith that pleases your heart.

Say This:

I diligently and sincerely seek my God. I have faith that pleases him. I come to God, believing he exists and believing he will intervene in every situation I face. I have faith that will not waver. My faith is maximized and is contagious to those who know me.

Favor

Picture This:

Everywhere you go, you've got it made. You have an edge in the supernatural simply because God loves you. You don't deserve it, but that doesn't mean you don't get it. FAVOR. Everywhere you turn, people are looking out for you. They're going out of their way to be good to you. You get the best seat in the house. You get the best deals. You get the best breaks. You experience success in your workplace. People look at you and wonder, "What is it that they have that I don't?" And you're thankful for the favor that Jesus has paid for you to receive.

Scripture This:

Proverbs 3:4 NLT
Then you will find favor with both God and people, and you will earn a good reputation.

2 Corinthians 12:9 AMP
But He said to me, “My grace (My favor and loving-kindness and mercy) is enough for you [sufficient against any danger and enables you to bear the trouble manfully]…”

Hebrews 4:16 AMP
Let us then fearlessly *and* confidently *and* boldly draw near to the throne of grace (the throne of God’s unmerited favor to us sinners), that we may receive mercy [for our failures] and find grace to help in good time for every need [appropriate help and well-timed help, coming just when we need it].

Psalm 27:13
Yet I am confident I will see the Lord’s goodness while I am here in the land of the living.

Pray This:

God, thank you that though I don't deserve your favor, you said I can have it! I ask you to favor me like never before. When the enemy starts messing with me and making me believe you no longer see me, I will remember that you said I have your favor. So today, I step forward and draw near to your throne of grace. I receive your mercy and find grace and favor to help me in every situation. I ask that your loving kindness and mercy cover me all the days of my life.

Say This:

I am dripping with favor in all areas of my life. It's evident that God's hand is upon me. Every day of my life, I wake up expecting God to be good to me. Favor follows me everywhere I go. At every turn I am blessed. I can see it in my family, I can see it in my relationships, and I can see it in my circumstances. I am blessed with the favor of God because I am his child. I am confident in God's favor. I am blessed beyond measure and I thank the Lord that he looks out for me!

Fear

Picture This:

You are not intimidated by anyone or anything. You have a strong posture and walk with your shoulders back, chest out, and chin high. You have a positive outlook. Nothing rocks your boat. Sleepless nights are a thing of the past. You are no longer paralyzed by fear like you have been in recent years. You feel confident and full of courage.

Scripture This:

Isaiah 41:10
Don't be afraid, for I am with you.
Don't be discouraged, for I am your God.
I will strengthen you and help you.
I will hold you up with my victorious right hand.

Psalm 112:7-8
I am not afraid of receiving bad news; my faith is strong, and I trust in The Lord. I am not worried or afraid.

Proverbs 29:25
The fear of man brings a snare, but whoever leans on, trusts in, and puts his confidence in the Lord is safe and set on high.

Luke 12:32
Do not be seized with alarm and struck with fear, little flock, for it is your Father's good pleasure to give you the kingdom!

Pray This:

God, thank you that you are all I need. When I am discouraged help me to keep my head held high. Strengthen me and hold me up with your victorious right hand. I want to put my confidence in you, Lord. Keep me safe and set on high so I am not struck with fear. Thank you God, that if I fear you, I have nothing else to fear.

Say This:

I will not be afraid of receiving bad news. I know God is with me. I will not be seized with alarm or struck with fear. I will not fear any man. Instead, I will lean on, trust in, and put my confidence in the Lord. It's God's pleasure to give me the kingdom here on earth. I will not be shaken. Fear is no more.

Financial Blessing

Picture This:

All of your needs are met. I'm talking ALL! You want for nothing. And you share everything. You give God the glory because he shows you how to make the money that enriches your life and others. You are living the generous life and God is getting thanks from those you are blessing. You are so quick to appreciate God's goodness in your life.

Scripture This:

Deuteronomy 8:18 NKJV
But you shall remember the LORD your God, for it is He who is giving you power to make wealth.

Luke 6:38 NLT
Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back.

Philippians 4:19 AMP
And my God will liberally supply (fill to the full) your every need according to His riches in glory in Christ Jesus.

Pray This:

God, you said in your word that you would give me the power to create wealth so I ask you in advance to empower me to make a good living. Give me wisdom so I know how to make an abundant income. I am grateful that I have had opportunity to give to others and because of that others are going to give to me. Your word says you will be my supplier. I will not lack because you have everything I need and I know at the right time, you will put it in my hands.

Say This:

My God will meet all of my needs according to his riches in Christ Jesus. I will not lack. God is giving me ideas on how to make money. God is opening doors for me that no man can shut. God is giving me opportunities to increase financially and professionally that will blow my mind! I trust in God, my source. When I give to others, God positions others to give to me. I will have everything I need at the time I need it. I am blessed to be a blessing. I am thankful that God is meeting all of my financial needs.

First Things

Picture This:

Your flesh wants the day off. That'd be nice, huh? But rather than give in, you go all in...you make God first. You put his kingdom ahead of yours. You zoom in on the righteousness of Christ and as you do, something quite miraculous happens...the things you need...they fall into your hands.

Scripture This:

Matthew 6:33 NLT
Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

Psalms 37:4
Take delight in the Lord, and he will give you your heart’s desires.

Pray This:

Lord, God, sometimes the way you do things seems to be so backwards. Who would have thought that by putting what my wants & desires on hold to seek yours, I'd end up getting them anyway. God, help me to seek your kingdom above my own. Show me how to have a continuous revelation of your righteousness. I want to be in "seeking" mode. Every day, I live to seek you, not just to get what's in your hand, but also to keep you in the center of my heart.

Say This:

I will put God's kingdom first. I will seek him as I rise, I will seek him throughout the day, and I will seek him before I go to bed at night. My face will be turned toward him, his ways, and his business. And as I do, I know everything else that I need will fall into place. He will give me the desires that are buried deep in my heart because I'm a God-seeker.

Flesh Shut Up

Picture This:

Your flesh is no longer a problem. Thank God, he's provided a way for you to shut your flesh up! You tell your flesh what not to do so it doesn't drag you into places that would ruin or destroy you. You've got a handle on this flesh thing through the blood of Christ. Your spirit is alive and pulling you toward God pleasing.

Scripture This:

Romans 6:11 NLT
So you also should consider yourselves to be dead to the power of sin and alive to God through Christ Jesus.

Pray This:

God, I come to you with Jesus backing me up. He's made me dead to the power of sin and alive to you. Show me how to say no to my flesh and to temptation. Holy Spirit, energize me with your wisdom, strength, and power.

Say This:

Sin speaks a dead language that means nothing to me; God speaks my mother tongue, and I hang on every word. I am dead to sin and alive to God. That's what Jesus did for me, and I say, "Flesh, shut up!"

Following Instructions

Picture This:

I'm smart enough to know I'm not always the smartest cookie in the room! When I lack wisdom or the know-how, I turn to someone who does. I surround myself with people who are more intelligent than I am. I follow their instructions to a tee. Even when I think I know more than they do, if they are in charge, I do as they say.

Scripture This:

Proverbs 13:1 NLT:
A wise child accepts a parent’s discipline; a mocker refuses to listen to correction.

Proverbs 13:13-14 NLT:
People who despise advice are asking for trouble; those who respect a command will succeed. The instruction of the wise is like a life- giving fountain; those who accept it avoid the snares of death.

Proverbs 16:20 NLT:
Those who listen to instruction will prosper; those who trust the Lord will be joyful.

Pray This:

God, you are the source of all wisdom and when I lack it, please put others in my life that can guide me. The instructions of wise people are like life-giving fountains that I want to drink from. Give me an open heart to accept instruction and correction when I need it. I know you will prosper me as I listen to the council you put around me. Surround me with the wisest men and women on the planet so I can have the very best in my life. Bring me resources that will grow my mind and take me beyond where I am right now in every facet of my life.

Say This:

I will guard clear thinking and common sense in my life. I will not lose sight of people who are brighter and smarter than me. I will follow them as they shed light on subjects I need help in. God is giving me mentors who will help keep my soul alive and well. I'm smart enough to follow instruction even when I don't always understand or agree. That's wisdom and I'm walking in it.

Forgetting Your Past

Picture This:

You are reaching up and grabbing the hope that all things are made new in Christ. You focus on this one thing: looking forward to lies ahead. You press on because you are determined to reach the end of the race and receive everything God has for you.

Scripture This:

Philippians 3:12-14 NLT:
I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

Romans 6:4-11 NLT:
For we died and were buried with Christ by baptism. And just as Christ was raised from the dead by the glorious power of the Father, now we also may live new lives. Since we have been united with him in his death, we will also be raised to life as he was. We know that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. We are no longer slaves to sin. For when we died with Christ we were set free from the power of sin. And since we died with Christ, we know we will also live with him. We are sure of this because Christ was raised from the dead, and he will never die again. Death no longer has any power over him.

Pray This:

God, there are things I've done in the days, months, and years prior that haven't been pleasing to you. But right now, I want to put to use the power that resurrected Christ from the dead to work in my life. God, help me to believe that I am free. You have forgiven me and made me a new creature. Help me to receive a break from my past in my mind. Build my faith so that I can stand on the freedom that you have given me. I want to believe it and possess it. Give me strength to forget the past and press forward so I can feel alive in every area of my life. Thank you, In Jesus Name.

Say This:

I am pressing on. I will not be tied to my past mistakes, failures, or negative situations. I am set free because Christ calls me forward. My life is brand new. Everything in the past has been washed away and I am breaking forth in a new way. It's a new day. I'm going to think differently about my past. I'm going to act like the past has been erased. I'm going to make this a new season - believing in what Christ has given me.

Get Over Yourself

Picture This:

You know who you are. You're important in God's eyes, but you don't let your importance tip the scales by thinking you're better than anyone else. You know you are valuable, but not indispensable. You have a part in God's play, but you're not the main act. You have a song to sing, but you're not the voice in the spotlight...God is. And you're good with that!

Scripture This:

Luke 22:42 NCV
"Not My will, but Yours, be done."

Romans 12:16 NCV
Do not set your mind on high things, but associate with the humble.

Luke 1:38 MSG
"I'm the Lord's maid, ready to serve."

John 3:30 MSG
This is the assigned moment for him to move into the center, while I slip off to the sidelines.

Hebrews 2:9 NLT
Jesus…was given a position 'a little lower than the angels'...

Pray This:

Jesus, you gave up your status as the Son of God to be born a tiny human being like the rest of us. You grew up a humble carpenter with dirt under your fingernails and calluses on your hands. While you lived on this earth, you chose the servants' quarters. Remind me, Lord, that I am indispensable. I'm important, but not essential. Thank you for letting me have a small part to play in your plan. I will slip off to the sidelines and let you take center stage. Make me like Christ, humble, obedient, and ready to serve. Help me to bring glory to the Father denying any desire to bring glory to myself.

Say This:

I am willing to put myself aside and put others ahead. My new motto is this: "Not my will, but Yours be done." I will set my mind on the things of God. I will associate with the humble and I will be humble myself. I surrender my personal goals to make God's goals my main priority. I will discover the thrill of thinking of others before I think of myself. In doing so, I will be like Christ. I have gotten over myself!

God Chaser

Picture This:

Because you love God, you chase him. You chase him in the morning. You chase him in the evening. Because you love him you'll chase him forever. You can't get enough. Your hunger for him exceeds your hunger for TV, Books, Movies, Instagram, Twitter, & yes, Facebook. You ditch the endless news media outlets designed to suck away your time and mental energy. You want God so bad; you squeeze moments with him into every available space in your day. You are a God Chaser and he loves being chased by you!

Scripture This:

Psalms 63:1-8
O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water.
I have seen you in your sanctuary and gazed upon your power and glory.
Your unfailing love is better than life itself; how I praise you!
I will praise you as long as I live, lifting up my hands to you in prayer.
You satisfy j me more than the richest feast. I will praise you with songs of joy.
I lie awake thinking of you, meditating on you through the night.
Because you are my helper, I sing for joy in the shadow of your wings.

Pray This:

God, I am going to chase you down. My prayer today is that I will always pursue you, no matter what my lot in life, no matter where I am, or what I'm going through, I will chase after you. Help me to cultivate a thirst for you that can't be quenched. A hunger for you that can't be satisfied. A desire for you that will never go away. I want you more than life itself. Thank you for providing a way for me to come into your presence through Jesus Christ.

Say This:

I can't get enough. God is always on my mind. The things I think about grow small and tiring in the wake of a God who is bigger than life. I will praise him as long as I live; I lift up my hands in prayer. God satisfies me more than the most magnificent feast. When I can't sleep, my mind is on him. And that's better than counting sheep! I meditate on his goodness and I will continue chasing him every day and moment of my life.

God’s Looking Down on You

Picture This:

You're in really adverse circumstances. But regardless of what's whirling around you, you are positive, knowing that God is looking down on you. As he looks, he is plotting something...the day he will pull back the curtain of blessing and pour it on. He's waiting, just like you. Waiting with anticipation for the right time to unload heaps of favor on you. Wait for it, you're closer than you think!

Scripture This:

Isaiah 30:18
And therefore the Lord [earnestly] waits [expecting, looking, and longing] to be gracious to you; and therefore He lifts Himself up, that He may have mercy on you and show loving- kindness to you. For the Lord is a God of justice. Blessed (happy, fortunate, to be envied) are all those who [earnestly] wait for Him, who expect and look and long for Him [for His victory, His favor, His love, His peace, His joy, and His matchless, unbroken companionship]!

Pray This:
Lord, you wait like you’re expecting, looking, and longing to be gracious to me; that you may have mercy on me and show me loving-kindness. You are a God of justice. Thank you that I am blessed, happy, fortunate, and people envy me, because I earnestly wait for you. I expect and look and long for you...for your victory, your favor, your love, your peace, your joy, and your matchless unbroken companionship. I am amazingly grateful.

Say This:

But God's not finished. He's waiting around to be gracious to me. He's gathering strength to show mercy to me. God takes the time to do everything right—everything. Because I wait around for him I am one of the lucky ones.
(Based on Isaiah 30:18 MSG)

God's Pep Talk

Picture This:

You were feeling like a train wreck. Nothing seemed to be working for you. Tears were building up behind your eyes and the dam of emotion was just about to burst. You didn't think you were going to make it, but then God got a hold of you and changed your mind! A little talk did the trick. He gave you a new outlook and showed you how to see behind the clouds. He whispered some things that you've been eager to hear. Now you're good, the little pep talk he gave you will help you carry on.

Scripture This:

Romans 15:4 NLT
Such things were written in the Scriptures long ago to teach us. And the Scriptures give us hope and encouragement as we wait patiently for God's promises to be fulfilled.

Lamentations 3:24-26 MSG
God's loyal love couldn't have run out, his merciful love couldn't have dried up. They're created new every morning. How great your faithfulness! I'm sticking with God (I say it over and over). He's all I've got left.

Pray This:

God, remind me when I get down and can't see my way up, to take a few minutes to consult with you. I know just a moment in your presence can change everything. My circumstances. My perspective. And certainly my outcome. I invite you to keep me on track. I need you to keep me focused. Coach me Lord, to the finish line.

Say This:

I just received a pep talk from God. When I read his word, he gives me the boost I need to carry on. Like a personal coach, he's right there, pushing me toward victory. He calms me when I'm upset and he helps me see the light at the end of the tunnel. I'm going to make it, he says so, and I believe every word.

God’s Presence

Picture This:

Each day you can't wait to get alone in God's presence. You think about His mercy and love. You can be found meditating on his Word and it comforts your soul. You know He’s mindful of you. What He's done for you makes you cry out, open your heart, and let the praises flow. You lift up your hands saying, "Worthy, You are worthy of honor and praise." You can’t help but let your offering flow. It's more than just words with a rhyme and melody; you're filling the very throne room of God.

Scripture This:

Revelation 4:8 NLT
Holy, holy, holy, Lord God Almighty, which was, and is, and is to come.

Pray This:

Father, I adore you. My soul cries out for you. I'm yearning for you. I want to know you more than ever before. Fill me with an understanding of who you are like I've never experienced before so I can come before you like I've never been before you before. I want my praise to be a fragrant offering to you. Take joy in my praise and worship. I honor you Lord, Jesus.

Say This:

Each day I fix my eyes on God. Blessings flow from the depths of my heart. I learn more and more as I seek his face. There is nothing that compares with being in his presence; it's my favorite place to be. I will find a spot with God every chance I get. He fills me with praise and I will sing of his great love forever more.

God’s Treasure

Picture This:

The greatest treasure in the universe is right inside you! It's a cache of wealth so immense that its reserves can never be completely dug out, explored, discovered, or discerned. These are spiritual assets beyond your wildest imagination! You are a place of safekeeping where the riches and fortunes of God's treasure is kept!

Scripture This:

2 Corinthians 4:7 NLT:
We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves.

Pray This:

God, I am blown away that you built me and specifically designed me to be the repository for the massive riches and wealth of your treasure. How can I ever say thank you for putting your Spirit inside me? It's amazing to think that you would want to live on the inside of someone like me. Help me to stay constantly aware that I am a carrier of the greatest gift the world has ever known.

Say This:

I am super excited that I carry the Presence of God in my life. I am the temple of the Holy Spirit. I have within me a treasury where God has placed his power, his gifts, his grace, his power, his fruit, and his character. I am full of God's good stuff.

Going After Your Giants

Picture This:

You run toward your giant the same way David ran toward his enemy. You spot your target and seize every moment. God puts a weapon in your hand and you don't miss. Your giants are dropping like flies. Nothing can stand in your way. Challenges buckle at the sound of your voice because you are full of faith and full of the Lord's strength.

Scripture This:

1 Samuel 17:47
The battle is the Lord's...

Psalm 138:3
In the day when I cried out, You answered me, and made me bold with strength in my soul.

Psalm 59:16
You have been my defense and refuge in the day of my trouble.

Pray This:

Father, when I feel like giants, surround me tackling my mind and my body; remind me that you make me bold with strength in my soul. I ask you to instill confidence in me so I can confront every giant in my life. Remind me to look at every obstacle through your power and might. Thank you for being my defense and refuge in the day of my trouble. Thank you for answering me and helping me take my giants down!

Say This:

I rush at my giant with a God-powered punch. Giant of trouble, you aren't getting the best of me. Giant of depression, you aren't getting me down. Giant of divorce, you aren't messing with my marriage. Giant of addiction, your grip on me is over. Giant of sickness, you're leaving. Giant of fear, your days are gone. Giant of _____ (fill in the blank), you are finished. I am bold and have strength in every fiber of my being. I am going after my giants and they are all coming down.

Grabbing Your Prize

Picture This:

Imagine you're a finalist in America's Got Talent, American Idol, Top Chef, or the like. You're in first place with one more round to go. If you perform well, the trophy is yours! You're nervous, anxious, and there's a lump in your throat. But then, minutes before your performance, your coach runs toward you with the news: "You've already won! The judges tabulated the scores, and the person in second can't touch you. You've got this! And how will you perform? You will do your best because the prize is already yours.

Scripture This:

1 Corinthians 9:24 NLT
Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win!

Pray This:

God, when I feel like a loser, remind me who I am in Christ. I get tired of being beat up and knocked down. I'm ready to win this race. Put the wind at my back and help me not to look back. I want to not only run but also get the prize. Teach me to run to win. Help me to keep that image in my mind. The one where I'm being handed the trophy and giving you all the credit for helping me succeed.

Say This:

I'm a winner. My losing days are over. I am pressing ahead. Every beast that's in my way will have to move over. I'm coming in for the finish and I'm going to complete this race and grab my prize.

Graduating From Place to Place

Picture This:

Every day, you walk in the wisdom of God, not only in your home and in your workplace, but in every area of life. Everything you need comes to you. You are led into a land of milk and honey. God provides a place where you can enjoy your days on earth and have a good time.

Scripture This:

Psalms 115:14-15
May the Lord richly bless both you and your children. May you be blessed by the Lord,
who made heaven and earth.

Pray This:

Heavenly Father, I'm thankful that you have prepared a place for me not just in heaven, but on this earth. A place of abundance. A place purified and peaceful. A place where I can relax and enjoy life. Your Word says you will increase me more and more. So, as I graduate from one place in life to another, I make a promise to you - I'll never forget where my blessings come from.

Say This:

God provides a place where I can enjoy all of my days on this earth. His word declares that it's his will that I have everything on earth as it will be in heaven, so I'm claiming a heavenly existence in my life. May my world be full of heaven as I graduate from place to place.

Growing Old

Picture This:

You find yourself alone in a dark alley facing aging, funerals, divorces, and illnesses…
But rather than turn up the TV and pretend these things aren't there, you stand still.
You whisper his name.
You listen.
You find God near.

Scripture This:

Isaiah 46:4
Even when you are old, I will be the same. Even when your hair has turned gray, I will take care of you. I made you and will take care of you. I will carry you and save you.

Psalm 71:17-18
God, you have taught me since I was young. To this day I tell about the miracles you do. Even though I am old and gray, do not leave me, God. I will tell the children about your power; I will tell those who live after me about your might.

Pray This:

As the years pass, I grow older, and I know you, God, are by my side. Thank you that you will take care of me. Thank you for the miracles you do. Help me to open my mouth and share what I have seen you do in my lifetime. As I grow older, may I grow to share you more. As I see your hand move, may my mouth move to explain your wonder.

Say This:

I have an old friend at my side. My God, my constant companion will take me through every year safely and securely. It's a joy to journey with him, he shows me so much that I can't keep quiet about it. I am growing older with God and enjoying every moment. I'm going to look for someone to share his works with today.

Growing Slow

Picture This:

You want to grow fast, but it seems slow. No problem! You realize that growth doesn't usually happen overnight. You know you can't see growth in children from one day to the next, it happens slowly. But it's happening. Same with you. In a few weeks, you'll look back and see growth. In a few months, you're realizing you're not struggling with the same thing you're struggling with right now. A year from today, you'll be amazed at the leap you've made in your spiritual growth. So, you sit back and enjoy the ride God's got you on.

Scripture This:

Philippians 1:6 NLT
And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Ephesians 1:13 MSG
It's in Christ that you, once you heard the truth and believed it (this Message of your salvation), found yourselves home free-- signed, sealed, and delivered by the Holy Spirit.

Pray This:

God I confess, I'm in a hurry. In this fast paced, give-it-to-me now world I live in, I want everything right away. Even my growth as a believer. I'm tempted to get mad at myself for mistakes I make. I get frustrated when it seems I can't break a bad habit or attitude. Remind me that I'm still growing. Remind me that I'm ok. Remind me that you who started this growth process in me will complete it. Thank you God, you're working in me and I'm going to be ok.

Say This:

Though I'm tempted to bash myself for slow learning. And though I'm sad I haven't learned some lessons fast enough, I'm celebrating what I have. Christ in me is making me whole. I am developing into the person he died for me to be. I am home free--signed, sealed, and delivered by the Holy Spirit. I am moving, I am pushing ahead, and I am growing.

Healing

Picture This:

You wake up pain-free. You feel like you could conquer the world today. Yesterday's aches are gone. Your pain is no more. You have energy and you are ready to start the day with a good healthy body. You've got this. Strength. Vitality. Stamina. You have everything you need physically to accomplish all that God has in mind for you today. This is the way you were meant to live!

Scripture This:

Psalm 103:1 NLT
Let all that I am praise the Lord; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases.

3 John 2 NLT
Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit.

Isaiah 53:5b NLT
He (Jesus) was beaten so we could be whole. He was whipped so we could be healed."

Pray this:
Father, I praise you today. In fact, all that I am praises you. I will not forget that you heal my body from pain and disease because it's a benefit of being in relationship with you and your son, Jesus. Thank you that you care enough that you want me to be healthy physically just as much as you want me spiritually healthy. I know Jesus was beaten so I could be whole and He was whipped so I could be healed. I do not take this lightly. I am grateful for what Christ did for me. I ask that you continuously renew my body, making it work perfectly, free of pain, sickness, and fatigue. Make me strong and full of vitality every day of my life. Thank you in Jesus Name.

Say This:
I am in great health. I get up every day feeling good. I am refreshed every morning. My body is strong and I feel like I have everything I need physically to face my day. I am blessed with vitality. I'll run circles around those who are younger than I am. I'll keep up with the best of them! I will not let the enemy tell me I am sick, weak, or in pain. I will walk in the health and wholeness Christ provides for me. I am ready to accomplish everything that God has for me today!

Healing Hope

Picture This:

You've been told healing is available. Oh, it's real they say! But you haven't seen it happen yet. You tend to wonder...is it real for others and not for you? The aches and pains still gnaw away at your body. Will they disappear? Suddenly you decide to kick in your faith one more time. You will hope regardless of what you see and feel. As you do, something changes. It starts in the spirit realm and begins to slowly manifest in the natural. Glad you hung in there, huh?

Scripture This:

Psalms 34:4 MSG
God met me more than halfway, he freed me from my anxious fears.

Psalms 34:4 NLT
I prayed to the Lord, and he answered me. He freed me from all my fears.

Pray This:

God, I know deep down in my heart, you won't fail me. It's just rough believing when I don't see change in my condition. Your Word says that you will hear me when I call for help. And that you will save me from all I fear. I'm coming to you because I need hope. I ask that you manifest healing in my body. I'm putting my hope in you and I'll never be disgraced.

Say This:

When I'm in pain and it seems to be eating me up, I will look to my God who will ease it and release it. I choose to no longer invest in thinking my God has forgotten me. I will hope in healing like never before. I'll keep hoping till I see it come to pass.

Hear Me

Picture This:

In the past you struggled from time to time. You felt like God didn't hear you. Sometimes, you even felt misunderstood. But thankfully, you are putting those thoughts behind you and standing on the truth. Here it is: He always hears you. When you're frustrated, he hears that frustration in your voice. When you're scared, he hears the quiver in your speech. When you're confused, he hears the doubt in your thoughts. Know he hears. Better yet, he understands.

Scripture This:

Psalm 5:1 NLT
O Lord, hear me as I pray; pay attention to my groaning.

Psalm 34:17 NLT
The Lord hears his people when they call to him for help. He rescues them from all their troubles.

Pray This:

God, you're such a good God. Good enough to even address my concerns. Do you really hear me? Sometimes I wonder. When I do, direct me back to what you told me: You hear my groaning. You hear me when I call you for help. It's tough to believe in a God I can't see. And yes, Lord, even tougher that I don't usually hear you in an audible voice. So I will just trust your word, you said you hear me, and I will go with that!

Say This:

I trust that God's ears are open when I shout for help. Whether it's a whisper, plain conversation, or a yell of desperation, I know he is listening. He's available to me 24/7. When the enemy tries to make me feel like God is nowhere in sight, I'll remind him of Psalm 34:17: My Lord hears me every time and he rescues me from all my troubles.

Help with Praying

Picture This:

When I am totally ignorant about how to pray - whether it be little things or big things - I don't worry. I can relax knowing that I have the help of the Holy Spirit and he coaches me on what to say. Even though I am limited in my view, he enlarges the picture. Though I may not have all of the facts and details to pray effectively, my partner prays through me. I don't have to figure out my prayers on my own. I rest easy knowing I have help when I pray.

Scripture This:

Romans 8:26 NLT:
And the Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.

2 Corinthians 6:1 NLT:
As God’s partners, we beg you not to accept this marvelous gift of God’s kindness and then ignore it.

Pray This:

Father, when I am at a loss for words, I am so grateful that your Holy Spirit fills my mouth! I ask the Holy Spirit to help me continuously as I pray. Partner with me and collaborate with me in prayer. I want to be part of your team so that my prayers get me out of any mess, put me on the right path, and make a difference in other people's lives. Thank you, Holy Spirit for helping me pray prayers that make a difference.

Say This:

God's Spirit is right alongside helping me along. If I don't know how or what to pray, it doesn't matter. He does my praying in and for me, making prayer out of my wordless sighs and my aching groans. He keeps me present before God. That's why I can be so sure that every detail of my life is worked into something good. With the Holy Spirit as my helper, I am getting better and better in prayer every day!

Help!

Picture This:

You are strong. You are courageous. You are immovable. Nothing shakes you. Nothing makes you doubt. Nothing's going to take you under. You have a hand to hold, your helper's. He's got a good grip. You're in good hands…God's!

Scripture This:

Nahum 1:7 NLT
The Lord is good, a strong refuge when trouble comes. He is close to those who trust in him.

Pray This:

You are my God so I'm reaching my hand out to you and I want to hear you tell me not to fear. God, you're going to help me, I know it. I'm so sure of it, I'm praising you in advance. Thank you for your encouragement and your strength, which is refueling me as we speak. Thank you that your grip is so strong, I'll never slip away.

Say This:

I am going to keep my head up high. Not that my nose will be so far in the air that people will think I'm smug, but I do have a confidence that comes from above. I can't be shaken. My trust in God is so strong that nothing will blow me over. I have his help in every situation.

Hierarchy

Picture This:

There's one thing God cares about more than anything else in the universe. It's you. He cares about the minor details of your life like the number of hairs on your head. You are valuable to him. He didn't pay for you with his collection of stars or planets. Nope. He offered up his own blood. I'd say you're pretty high up on his list!

Scripture This:

Romans 8:32
Since He did not spare even His own Son but gave Him up for us all, won't He also give us everything else?

Luke 12:7
And the very hairs on your head are all numbered. So don't be afraid; you are more valuable to God than a whole flock of sparrows.

Pray This:

God, there is no reason for me to worry about my needs because I know you will care for me. I don't need to be insecure, because to you, I am valuable. Help me to look at my life and feel good about it. Help me to also feel good about myself because you care for me more than anything else.

Say This:

As far as God's hierarchy goes…I'm on top. The price of something is determined by how much someone is willing to pay for it. Since God paid a lot for me, I must be worth it.

Honest Words

Picture This:

When people talk to you, they can count on the fact that you don't twist the truth to your advantage. You're purely honest when you talk about situations of all types. Because God is your helper, his grace works in you and helps you to say what is real and what is right.

Scripture This:

Colossians 3:9 NLT
Don’t lie to each other, for you have stripped off your old sinful nature and all its wicked deeds.

Pray This:

God, I admit that at times I exaggerate the truth to get my way and even embellish the facts to make something sound more profound or intense than it really is. I need you to help me stop making excuses for this behavior and to be honest with every word I speak. I am stripping off the old nature so my conscience is free and clear....as free and clear as my words.

Say This:

I speak the truth and as tempting as it might be, I'm not going to exaggerate the facts or speak lies. When people listen to me, they can count on what I say to be truth. I keep my nose out of other people's business and I'm only interested in talking about what's going on in my world.

Honoring God with Your Body

Picture This:

You are fit emotionally, physically, and spiritually. Your body is in top condition. You take care of it because God gave it to you. You are strengthened in your mind by the good thoughts you think and you are energized by the kind words that flow out of your mouth. You are able to accomplish everything God has mapped out for you because you have energy and stamina. You will finish strong.

Scripture This:

Proverbs 16:24 NLT:
Kind words are like honey—sweet to the soul and healthy for the body.

Proverbs 17:22 NLT:
A cheerful heart is good medicine, but a broken spirit saps a person's strength.

1 Corinthians 6:19-20:
Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, **20**for God bought you with a high price. So you must honor God with your body.

Pray This:

Since my body is the temple of the Holy Spirit who lives in me and given to me by God, help me Lord to honor my body by taking care of it. Give me wisdom to know how to eat, how to exercise, how to schedule my sleep and down time so my body receives proper rest. God, help me to choose my words carefully, as I know they are able to bring health to my body. Show me how to be cheerful so that my strength is renewed every day. Thank you Lord for wisdom and guidance as I take care of this body you have given me.

Say This:

My body is a sacred place, the place of the Holy Spirit. I won't live however I please; squandering what God paid such a high price for. God owns me - spirit, soul, and body - the whole works. I will let people see God in and through my body. I will speak kind words because they bring health to my body. I choose to be happy which increases my strength. I will take care of my body and be a good steward over my health so that I am able to finish my race with gusto!

How You See God

Picture This:

How you see God affects your faith and how you receive from him. So...you see God as gracious. You see God as generous. You see God as compassionate. Holy - yes. Pure - yes. Righteous - yes! And because you have the right thoughts about him, your relationship with him thrives.

Scripture This:

Matthew 7:7-12
"Don't bargain with God. Be direct. Ask for what you need. This isn't a cat–and–mouse, hide–and–seek game we're in. If your child asks for bread, do you trick him with sawdust? If he asks for fish, do you scare him with a live snake on his plate? As bad as you are, you wouldn't think of such a thing. You're at least decent to your own children. So don't you think the God who conceived you in love will be even better?"

Pray This:

God, I know my perception of you will determine the quality of my relationship with you and this affects everything else. Even the way I share your love with those around me. Help me to see you as you really are. Show me beautiful facets of your being. I want to glory in your embrace.

Say This:

I see God as he really is - my gracious, giving Father. I have so much faith in my heart that I receive whatever I need from him. If I need his guidance, guidance is what I get. If I need a miracle, a miracle is what I get. If I need provision, provision is what I get. All this because I "get" who he is.

How You Smell to God

Picture This:

Your house smells good. Not because of what you've been cooking, but because of the scent of believers living there. Each person under your roof wants to be a pleasant aroma heading toward the Father. None of you are perfect, but you're getting there. Each one, trying their best to love each other, serve each other, and encourage each other. Smells divine!

Scripture This:

Colossians 3:14-16 NLT
Above all, clothe yourselves with love, which binds us all together in g perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts.

Acts 16:31-32 NLT
They replied, “Believe in the Lord Jesus and you will be saved, along with everyone in your household.” And they shared the word of the Lord with him and with all who lived in his household.

Pray This:

Lord, I desire that every person living in our home lives for you. No exceptions. Each of us will believe in The Lord Jesus and will be saved. Thank you that you give us the ability to live in harmony when there could be division. I declare that the message of Christ's love will fill our lives and enrich our time together. Show us how to teach and counsel each other with wisdom from your Word. I ask that our home smell sweet and pleasing to you as it's filled with you. Amen.

Say This:

My house is different from the others on the street. When people drive or walk by, they stop and look. When people see our household members together, they comment on how well we get along. It's a beautiful thing - we are living in sweet harmony.

Hurting People

Picture This:

When you look at hurting people, you hurt with them. You don't hurry past, darting your eyes somewhere else. You don't turn away. You look. You look at their face and you see the person behind the need. Whether it's a bunch of bums beneath an overpass, huddling around a fire in a five-gallon drum or news clips of children feasting on trash left in the dumpster, you see. You move. You reach out.

Scripture This:

Matthew 9:36 NCV
When He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd.

Psalm 113:7 NCV
He raises the poor out of the dust, and lifts the needy out of the ash heap.

1 Thessalonians 4:9
But concerning brotherly love you have no need that I should write to you, for you yourselves are taught by God to love one another.

Pray This:

God, Help me not to scurry by the ones who have needs. The one who looks pitiful and deserving of their conditions still deserve a genuine look. I want to be the one who stops and stares into their heart. I want to be the one who reaches down and lifts them up. I want to instill hope into their desperate conditions. Help me; move me with compassion for them. Teach me how to love my brothers and sisters who don't live in my home or even one of their own. Use me to raise them up out of the dust and show them that you and I care.

Say This:

My heart is broken with the things that break God's. I look into the face of the hurting and extend a helping hand. My heart is softened, pliable, and bendable. I ache with their pain and I am moved to do something. Anything that would bring them relief and comfort. I see the hurting and I respond on God's behalf.

Hypersensitivity

Picture This:

When someone says something about you - you no longer let it get under your skin. You remain unruffled and cool. In the past, remarks would sting because you were super sensitive. But today you are able to bear any comments you don't like with a grain of salt. You are secure in who you are in Christ and that matters more than what anyone else says to you.

Scripture This:

John 16:13 NLT:
When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.

1 Peter 5:8-9 AMP:
Be well balanced (temperate, sober of mind), be vigilant and cautious at all times; for that enemy of yours, the devil, roams around like a lion roaring [in fierce hunger], seeking someone to seize upon and devour. Withstand him; be firm in faith [against his onset—rooted, established, strong, immovable, and determined], knowing that the same (identical) sufferings are appointed to your brotherhood (the whole body of Christians) throughout the world.

Pray This:

God, thank you that your Holy Spirit shows me truth even if I think my thoughts are truth. Give me the right perspective when someone says something that bothers me. I rebuke hypersensitivity in me in Jesus Name. I will be well balanced in my thoughts. I will stand firm and not be chewed up by the enemy.

Say This:

I am firm and steady. My thoughts and feelings are rooted, established, strong, and immovable. I will not be hypersensitive or wishy-washy. I receive my strength from Jesus Christ who is a rock. I have the capacity to tolerate remarks that could unsettle me - but they won't. I will not be irritable or touchy. I am good. Everyday. All-day long!

Imitating God with Forgiveness

Picture This:

You've been graced with mercy glands. They secrete forgiveness and love. They never hold back even when holding a grudge or ruminating over hurts seems enticing. You forgive your one-time offenders. You dismiss those who give you "the look." You excuse the sap who steels your parking place, the one who breaks your date, and even the scum who snatches your purse. Whether it be a felon or a repeat offender, the one who takes your youth or retirement... your heart is ready to extend the mercy no one deserves.

Scripture This:

Job 5:2 NCV
Resentment kills a fool, and envy slays the simple.

Mark 11:25 NCV
Whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you, your trespasses.

Joshua 22:5 NCV
Take careful heed to do the commandment and the law which Moses the servant of the Lord commanded you, to love the Lord you God, to walk in all His ways.

Pray This:

God, I refuse to fix my attention on my life's ugliest moments. Unforgiveness freezes me more than my offender. So, with your help, I choose to melt my own heart with mercy. I send prayers toward the person who tried to destroy my life or my moment. With your grace and mercy fueling my flame, I will shower love and forgiveness upon all who do me wrong. I want to look like Christ; I will forgive so I too may be the forgiven. I will release, so I too may be released from my past.

Say This:

I choose to do what the Lord commands me - I will love the Lord my God, and walk in all His ways. I will walk like he walked, talk like he talked, and love like he loved. It may be challenging at times, but I will not kill myself with resentment building up in my veins. I refuse to walk around bitter and ready to pounce on the next stinker that tries to stick it to me. I release myself to love unconditionally and to forgive with abandon. In doing so, I will imitate Christ.

Intimidation

Picture This:

You are intimidated by no one. You're not thrown off by circumstances nor the enemy when he tries to get one over on you! You are strong. You look at difficulty in the face and it cowers to you. The Lord is in your corner. People who try to rock your world quietly back away. You have power from God and he makes you stand tall in every situation, relationship, and season.

Scripture This:

2 Timothy 1:7 NLT:
For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Psalms 27:1-3 NLT:
The Lord is my light and my salvation—so why should I be afraid? The Lord is my fortress, protecting me from danger, so why should I tremble? When evil people come to devour me, when my enemies and foes attack me, they will stumble and fall. Though a mighty army surrounds me, my heart will not be afraid. Even if I am attacked, I will remain confident.

Pray This:

Listen, God, I'm calling at the top of my lungs: "Be good to me! Answer me!" When my heart whispered, "Seek God," my whole being replied, "I'm seeking him!" Don't hide from me now! You Lord, are my light and my salvation in every situation so I will not be afraid. Lord, thank you for being my fortress and protecting me from danger. When my enemies and foes attack me, make them stubble and fall, God. I will remain confident in you because you have not given me a spirit of fear and timidity, but of power, love, and self-discipline. Now I choose to walk in it.

Say This:

God holds me head and shoulders above all who try to pull me down. I'm headed for his place to offer anthems that will raise the roof! Already I'm singing God-songs; I'm making music to God. With God on my side I'm fearless, afraid of no one and nothing. When besieged, I'm calm as a baby. When all hell breaks loose, I'm collected and cool. Intimidated nor more.

Keep Calm and Pray On

Picture This:

You are anxious for nothing. Nothing! In everything, by prayer and petition with thanksgiving, you let your requests be known to God. Prayer, petition, & thanksgiving. Check! End result: the peace of God, which surpasses your understanding, guards your heart and your mind through Jesus Christ. You Keep Calm. You Pray On.

Scripture This:

Philippians 4:6-7 NLT
Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s k peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Pray This:

God, I'm a wreck sometimes. Help! Show me how to not worry about anything. Remind me in times of panic to pray about everything. As I tell you what I need and thank you for all that you've done, I will experience your peace, which I am, super thankful for. It exceeds my natural understanding. Thank you for your peace, which guards my heart and my mind today as I live and breathe in Christ.

Say This:

I won't fret or worry. Instead of worrying, I pray. I let petitions and praises shape my worries into prayers, letting God know my concerns. Before I know it, a sense of God's wholeness, everything coming together for good, will come and settle me down. Christ displaces worry at the center of my life. I will keep calm and pray on.

Learning How to Profit

Picture This:

You are profiting in every area of your life--your health, finances, career, friendships, marriage, and family relationships. God instructs you for your benefit and for the benefit of others. As you spend time with God each day, he shows you exactly how to live and you prosper in every area of your life.

Isaiah 48:17-18 AMP
Thus says the Lord, your Redeemer, the Holy One of Israel: I am the Lord your God, Who teaches you to profit, Who leads you in the way that you should go.
18 Oh, that you had hearkened to My commandments! Then your peace and prosperity would have been like a flowing river, and your righteousness [the holiness and purity of the nation] like the [abundant] waves of the sea.

Pray This:

Father, I am bombarded with things to do every day. My task list gets longer and longer. Grocery shopping, sending the kids to school, attending a business meeting or making sales presentations. Oh, and then there are the church activities and areas where I serve. Help me not to get lost in the busyness that I no longer have time to sit with you. Thank you that as I spend time in your Word and as I talk to you, you show me how to profit and I will have peace and prosperity flowing in my life like a river.

Say This:

I am led by God's wisdom. He shows me how to make decisions with the right timing. I am spending time with him and being led by his commands. I am receiving God's peace. Prosperity floods my life like water gushing forth. I am swept up in a sea of prosperity. God is so good!

Leaving Labels

Picture This:

You've realized that categorizing others creates distance between you. You've even noticed it can become a convenient way to avoid connecting with others. So rather than slapping a label on them, you take the approach Jesus took. You are all about including people, not excluding them. You view people the way you view yourself - in need of God's love. You see them through God's eyes and they look good to you.

Scripture This:

1 Corinthians 13:5 NCV
Love does not behave rudely, does not seek its own, is not provoked.

2 Corinthians 5:16 NLT
We have stopped evaluating others from a human point of view.

Galatians 6:10 NCV
As we have opportunity, let us do good to all.

1 John 4:7 NCV
Everyone who loves is born of God and knows God.

Pray This:

Jesus, change the way I look at people. I'm sorry that in the past I categorized and labeled those who were different from me. From now on, I want your help to reach out to all people. Outcasts, misfits, crazy people and odd ones. I will no longer rudely ignore people. I ask you to help me notice everyone in my presence. Give me opportunities to reach each those you put in my path with your love so they may know God.

Say This:

Racism won't keep me from others. My Face book page includes those who others may find repulsive. If Jesus can spend 33 years walking in the mess of this world, I will too. I will not label people an insider or an outsider. A liberal or a conservative; a phony or the real deal. When I come across discarded people, rather than toss them out, I will chase them down. Rather than neglect, I rescue. No label, just love. That's the choice of Jesus and it's mine too!

Listening to the Word

Picture This:

You don't make a decision, large or small, without sitting before God, your Bible open, heart open, ears open, imitating the prayer of Samuel: "Your servant is listening."

Scripture This:

Colossians 3:16 NLT
Let the words of Christ, in all their richness, live in your hearts and make you wise.

Proverbs 16:20
Those who listen to instruction will prosper; those who trust the Lord will be joyful.

Psalms 119:73
You made me; you created me. Now give me the sense to follow your commands.

Pray This:

God, your Word is my guide. It takes me where I need to go. Please help me to let the words of Christ, in all their richness, live in my heart and make me wise. I want to prosper and I will as I listen to your instruction. Give me the sense to follow your commands. Thank you for the interaction I can have with you through your Word.

Say This:

God's Word is as powerful today as it was when it was written. It's a hand on my shoulder. It terminates anxiety and gives me peace. I let the words of Christ dwell in me as if it's second nature to respond the way he would. His words teach and counsel me. I will never let a day pass without reading my Bible and listening to The Lord.

Logic Over Faith

Picture This:

Most of the people you know rely on logic and reason - the world's brand of wisdom. You, however know that logic is contrary to your faith in God's Word. So, when someone hurts you, rather than hurt them back, you forgive. Someone crosses your path that doesn't deserve grace, yet you smother them with it. You take the higher ground because you think higher; you're grounded in God's wisdom, which trumps logic every time.

Scripture This:

1 Corinthians 3:18-20 NLT
Stop deceiving yourselves. If you think you are wise by this world's standards, you need to become a fool to be truly wise. For the wisdom of this world is foolishness to God. As the Scriptures say, "He traps the wise in the snare of their own cleverness." And again, "The Lord knows the thoughts of the wise; he knows they are worthless."

Pray This:

God, when I am inundated by the world's view of things, make me aware of your worldview. Remind me of your truth. Show me how to think with the truth of your word fueling my thoughts. I intend to live a life that pleases you, and I want your wisdom to guide me. Thank you for making available your thoughts, which I can find in my Bible. And thank you too, that I can learn to think your thoughts and have your wisdom command my life.

Say This:

I am wise not by the world's standards, but I am wise in Christ Jesus. I may even look like a fool to my friends, family, coworkers, and neighbors, yet I know I am dripping in wisdom. I abandon my own logic, I give up my reasoning, and I take on the wisdom of God. I am supernaturally smart!

Loneliness

Picture This:

You know how to be alone without feeling lonely. You've figured out how to fill the little crevices in your heart that are empty with God. You go up to him frequently, even multiple times a day to fill up on Him. His presence is all you need.

Scripture This:

Genesis 28:15 AMP:
And behold, I am with you and will keep (watch over you with care, take notice of) you wherever you may go, and I will bring you back to this land; for I will not leave you until I have done all of which I have told you.

Psalms 25:16-18a NLT:
Turn to me and have mercy, for I am alone and in deep distress. My problems go from bad to worse. Oh, save me from them all! Feel my pain and see my trouble.

Matthew 28:20 AMP:
Teaching them to observe everything that I have commanded you, and behold, I am with you all the days (perpetually, uniformly, and on every occasion), to the [very] close and consummation of the age. Amen (so let it be).

Pray This:

God, Your Word says that you will not leave me until you have done all that you have told me you would do. When I feel alone and I'm in deep distress, look at me and give me dose of your mercy. When it seems like my problems have gone from bad to worse, save me from them all. Feel my pain and see my trouble. Stoop down so I can feel you close to me. Take away the empty spot in my life and fill with you.

Say This:

God is right before me, saying, "I am God, the God of Abraham your father and the God of Isaac. Yes, I'll stay with you; I'll protect you wherever you go. I'll stick with you until I've done everything I promised you." Jesus will be with me day after day after day, right up to the end of the age." (Based on Genesis 28:13-15 & Matthew 28:18-20 MSG)

Lord Have Mercy

Picture This:

Your day goes south, but you see yourself falling into the grace of God. You lose your temper with your child, but you remember: Christ paid for that. You tell a lie, but you remember: Christ paid for that. You judge your neighbor, but you remember: Christ paid for that. You lust, gossip, and have a bad attitude, but you remember: Christ paid for that. You take the gift of Christ's mercy and you saturate your day in his love.

Scripture This:

Psalm 145:8 NCV
The Lord is gracious and full of compassion, slow to anger and great in mercy.

1 Peter 2:24 NCV
Christ carried our sins in his body on the cross.

Lamentations 3:32 NCV
Though He causes grief, yet He will show compassion according to the multitude of His mercies.

Psalm 13:6
I will sing to the Lord, because He has dealt bountifully with me.

Pray This:

Lord have mercy! Today I need it! God, you see all of my blunders and there's no way I can cover them. I'm so grateful that your son made a way for me to be completely forgiven. I don't even have to feel guilt for the ridiculous things I have done. Thank you for being full of compassion, slow to anger and great in mercy. Thank you for your son who carried my sin in his body on the cross. I will sing to you, you give me more than I deserve. Thank you!

Say This:

I'm taking God up on his gift of mercy. I need it. I'm receiving it. It's mine. There is nothing I can do that would erase God's mercy and grace from my life. I am covered again and again and again. I have a Father who forgives and I am making my way toward feeling his unconditional acceptance more and more - each and every day.

Loved Ones Experiencing God's Love

Picture This:

Your loved ones are rock solid in God's love. They know God and serve him passionately. With each passing day they become more aware of how much God loves them and it changes them from the inside out. They begin to grow and mature in their Christian experience and your heart dances with delight. How sweet it is when your friends and family are fully aware of who he is and serve him with a whole heart.

Scripture This:

Ephesians 3:14-21 NLT
When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited b resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

Pray This:

Father, as I fall to my knees in prayer for my loved one, _____ (insert name), I pray from your unlimited resources you will empower _____ (insert name), with inner strength through your Spirit. I ask that as _____trusts in you, you will make your home in their heart. I ask that _____'s roots will grow down into God's love and keep him/her strong. I declare that they will have the power to understand how wide, how long, how high, and how deep God's love is and that _____ may experience the love of Christ, though it is too great to understand fully so that they are made complete with the fullness of life and power that come from God.

Say This:

I declare that God will strengthen _____(insert name), by his Spirit-- not a brute strength but a glorious inner strength-- that Christ will live in him/her as they open the door and invite him in. And I declare that _____will have both feet planted firmly on love, and will be able to take in with all Christians the extravagant dimensions of Christ's love.
_____will reach out and experience the breadth of God and rise to the heights!
_____ (insert name) will live a full life, full in the fullness of God. (Based on the Message)

Loving All the Way

Picture this:

Love. It really does make your world go round. Why? Because you purpose to love like the son of God loves. Not easy. It's a super tall order. But you are getting better and better at it every day! God's love is in you. You are walking in it and it makes a difference in your world. You're loving all the way.

Scripture This:

Romans 5:5 NLT
And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his a love.

Ephesians 3:19 NLT
May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.

Philippians 1:9 NLT
I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding.

John 13:35 NLT
Your love for one another will prove to the world that you are my disciples.

Pray This:

God, help me to love all the way. I pray that you help me be rooted and grounded in love. Even when I'd rather not, help me to walk in love with all people. Father, I thank you that you have poured out your love into my heart by the Holy Spirit. I ask that my love would grow more and more in knowledge, discernment and understanding. Help my love to be a reflection of your love to everyone I meet.

Say This:

I am patient even when it's tough. I am kind even when I'd rather not. I don't envy even when it seems others have more than me. I don't boast - cause it's not about me anyway. I'm not proud even when I'm eager to show everyone I know more than they do. I am not rude even when it could be my gut's first reaction. I'm not self-seeking, even when I really want to be. I'm not easily angered even when someone ticks me off. I'm not keeping a record of my friend's wrongs. I delight myself with things that reflect God's truth. I love all the way. (Based on 1 Corinthians 14:4-8)

Loving Yourself

Picture This:

You are so caught up in God's love for you that you extend that love to yourself. Wow! Things have changed - you no longer put yourself down. You realize that talking poorly about yourself is speaking poorly about someone God loves. You wouldn't dare talk like that! You know you are God's workmanship - his very own masterpiece. His prized possession. You're amazed at how much thought he put into you. And you're grateful. Grateful for you!

Scripture This:

Ephesians 2:10 NLT:
For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

Psalms 139:14-18 NLT:
Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. How precious are your thoughts about me, O God. They cannot be numbered! I can’t even count them; they outnumber the grains of sand! And when I wake up, you are still with me!

Pray This:

God, it's taken me a while, but I have more understanding now about who I am. Continue to enlighten me. Wake me up and show me how amazing I am simply because I'm yours. You love me and I need you to give me the desire and ability to love myself. I'm asking you to give me a humble appreciation and right thoughts about myself. I want to love the person you created - me. Thank you for making me so wonderfully complex!

Say This:

I'm God's brain child! I'm not just good stuff, I'm amazing and wonderful stuff! I agree with God; he says I'm his masterpiece. Who am I to argue with God? I won't! I'll trust what he says; I'll believe I'm loved, I'm seen, I'm valued. And though it may be tough, I will love myself the way God loves me.

Make Satan Eat Dirt

Picture This:

You have the best of Jesus! No matter what kind of dreaded circumstances you find yourself in, the God of peace comes down on Satan with both feet, stomping him into the dirt. He's got nothing over you because you've got power over him through Christ.

Scripture This:

Romans 16:20 NLT
The God of peace will soon crush a Satan under your feet. May the grace of our Lord Jesus be with you.

Romans 16:20 MSG
…and before you know it the God of peace will come down on Satan with both feet, stomping him into the dirt. Enjoy the best of Jesus!

Pray This:

God, help me to be cognizant of the power I have to make the devil eat dirt! The next time satan tries to get in my way or block my moves, give me the energy to lift my feet high and stomp all over his head. I'm grateful for what Christ has done so that I can march forward unhindered carrying out your plan for me.

Say This:

Satan has no right to exercise any kind of control over my life anymore! With Christ as my partner, I am staring that enemy in the face and commanding him to move. And if he tries to put up a fight, I can push him out of the way and walk on through.

Making God's Word Priority

Picture This:

God's word is the first thing you turn to when you're looking for answers. You live and breathe by the word of God. You carve time out of your busy schedule for reading your Bible, because it nourishes you and grows you into a rock solid child of God! God's word is your main authority and your main priority.

Scripture This:

Romans 15:4 NLT:
Such things were written in the Scriptures long ago to teach us. And the Scriptures give us hope and c encouragement as we wait patiently for God's promises to be fulfilled.

Matthew 4:4 NLT:
But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone, but by every word that comes from the mouth of God. '"

1 Peter 2:2 NLT:
Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment...

Pray This:

God, you have given me your instructions on paper. There's no doubt how you say it - is how it is. There's no use trying to do things differently than what your word suggests. Your commands are meant to point me in the right direction. So, today, please help me to follow your word to a tee. Give me the desire to live by every word that comes from your mouth. Help me to crave pure spiritual milk so I will grow into a fully mature saved person, making the word priority in my life.

Say This:

I know that God's word was written for me. I want the combination of his steady, constant calling and warm, personal counsel in Scripture to characterize me; keeping me alert for whatever he will do next. I choose to drink deep God's pure kindness making it top priority every day. I will grow up mature and whole in God.

Mega Conqueror

Picture This:

You are no longer a struggling loser. Your head is not hung in shame nor is there a lifeless limp to your walk. You possess the power to be an enormous overcomer. You are a conqueror in the biggest sense of the word. You are a mega conqueror!

Scripture This:

Romans 8:37 NLT
No, despite all these things, overwhelming victory is ours through Christ, who loved us.

Pray This:

Father, God, thank you for making me a phenomenal, walloping, conquering force! Because of what Jesus did for me, I am more than a conqueror. Holy Spirit, I ask you to help me take my thoughts off of my blunders and mistakes so I can zero in on the power of the resurrection that lives in me. In Jesus name.

Say This:

I am boldly declaring today that I am more than a conqueror though Christ! I am a first-rate, first-class, top-notch, superior, and incomparable force to be reckoned with! There is nothing that can ever come against me that will knock me down or knock me over. I am a mega conqueror in Jesus Name.

Mind Not Taken Captive

Picture This:

Your mind, will, and emotions are under attack. This is the battleground where Satan wages his greatest warfare against you. But you don't open the door. You don't invite warfare in by deliberately toying in dark activities…a.k.a. sin. You steer clear of fleshly lusts, you keep your mind clean, and this makes you free of unnecessary battles. The enemy does not take you, you are free.

Scripture This:

1 Peter 2:11 NLT
Dear friends, I warn you as “temporary residents and foreigners” to keep away from worldly desires that wage war against your very souls.

Ephesians 6:10 NLT
Be strong in the Lord and in his mighty power.

Pray This:

Father, I ask you to help me say no to temptation that constantly comes to my mind and emotions. There are moments when my flesh screams to do things that displease you. But I know that with the power of your Spirit working in me, I can resist and refuse to give in to sinful impulses.

Say This:

I am leaning heavily on the Holy Spirit to strengthen me so I can continue to stay away from anything that displeases God. I am winning the war that is waged against me. I will not be taken captive. I will be strong in the Lord and the power that he gives me.

Motivation

Picture This:

You no longer get stuck like you used to in some areas of your life. It's now smooth sailing. You see yourself crossing over the finish line and receiving the prize that God has for you. You are self -motivated and determined to conquer every uphill battle. You are full of purpose and you give it all you've got. God looks down on you and sees your heart and your progress - and he smiles.

Scripture This:

Romans 12:11 NLT:
Never be lazy, but work hard and serve the Lord enthusiastically.

Colossians 3:23 MSG:
And don't just do the minimum that will get you by. Do your best. Work from the heart for your real Master, for God, confident that you'll get paid in full when you come into your inheritance. Keep in mind always that the ultimate Master you're serving is Christ.

1 Corinthians 9:24, 26 NLT
“Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win!… So I run with purpose in every step. I am not just shadowboxing.”

Pray This:

God when I consider who I am really working for - it is you! So help me to do my best, to dig in, pull up my sleeves and give it all I've got! Whether it be a task around the house, the yard, or at work, I want to glorify you with everything I do. Motivate me to be disciplined in my eating, my exercise, and my rest. When I feel lazy, help me to envision the prize and get busy! I am in a race in every area of my life and I want to win with your help!

Say This:

I'm running hard for the finish line. I'm giving it everything I've got. No sloppy living for me! I'm staying alert and in top condition. I'm not going to get caught napping, telling everyone else all about it and then missing out myself. I will motivate myself when no one else is around to do it for me. I am confident that I'll get paid in full. I run with purpose in every step.

Mouth Wash

Picture This:

You've done a lot of work in this area…and it shows. Your mouth is clean inside and out. You've dealt with the issues that once festered inside, freeing you of making sour and toxic remarks. You speak words that are kind, and you stop yourself from speaking ugly things that you would later regret. Your mouth is clean. And you're a pleasure to be around.

Scripture This:

Hebrews 12:15 NLT
Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.

Pray This:

Lord, I want to please you with my mouth. I desire everything that seeps out of my lips to be life giving. I'm sorry for the times I've run my mouth and said things that I shouldn't have said. I realize I've tainted people's opinions with my own. I'm turning to you for help so I can deal with any root of bitterness that lies inside of me. I want to be cleaned out so my mouth will be a refreshing source of life.

Say This:

I'm carefully watching my mouth and what comes out of it. I monitor my thoughts and take care of anything that could sour my environment. My words are seasoned with grace. Those who are near me today will be positively impacted. My heart is clean toward others, and my mouth speaks only words that build up those who are listening.

Mundane Exchange

Picture This:

You are no longer settling for good enough in any area of your life. Ahh…you're free! Free of mediocre limits. The patterns of comfort, busyness, and mundane living are exchanged for something greater. The glory of God is displayed everywhere you breathe. It's more than you've ever imagined it could be.

Scripture This:

Ephesians 3:20-21 MSG
God can do anything, you know—far more than you could ever imagine or guess or request in your wildest dreams! He does it not by pushing us around but by working within us, his Spirit deeply and gently within us.
Glory to God in the church!
Glory to God in the Messiah, in Jesus!
Glory down all the generations!
Glory through all millennia! Oh, yes!

Pray This:

God, the monotonous lifestyle that I've grown accustomed to needs to go! I no longer want to settle. I want to exceed my expectations. I ask you to make me rise. Through Christ, I will have exceedingly and abundantly all that I could ask or imagine. Please make this lifestyle real to me, in Jesus Name!

Say This:

I am exchanging the mundane for a life of limitless abundance. I'm living in the land of more-than-enough. This excessive life in Christ is going to eat through every area and space in me. I am ready for something more. Bring it Lord!

Need a Friend

Picture This:

You're the kind of person everyone wants for a friend so there are people lining up to befriend you. Because of your love for God and people you are attracting quality friends. Like begets like so a unique and special friend is out there and you are going to find them. This is no ordinary friend, we're talking the rare variety that will be there through the thick and thin. You'll have a friend you can share with, cry with, and yes, share your dreams! Right now a beautiful friendship for you is in the making because God loves you that much!

Scripture This:

Proverbs 18:24
There is a friend who sticks closer than a brother.

Psalm 37:4 NLT:
Delight yourself in the Lord and he will give you the desires of your heart.

Psalm 84:11 NLT:
…The Lord bestows favor and honor; no good thing does he withhold from those whose walk is blameless.

Philippians 2:3
Don’t be selfish; don’t try to impress others. Be humble, thinking of others as better than yourselves. Don’t look out only for your own interests, but take an interest in others, too.

Pray This:

God, I truly desire a quality friend who loves and serves you. Your word says that you will give me the desires of my heart. So, there you have it, I'm asking for a friend! Show me how to be an amazing friend by being interested not only in my interests but also in the interests of others. Help me to be humble and unselfish. I want to be a fantastic, off-the-charts-friend because that's what I am asking for from you. Thank you that you have already picked my friend out. And my God fashioned friendship is on its way!

Say This:

I am on the lookout for the friend that God has for me. I will show this friend the love of Jesus. We will be deep-spirited friends. I will put myself aside, and help this friend get ahead. I won't be obsessed with getting my own advantage. I'll forget myself long enough to lend a helping hand. I will be a friend like God, who nourishes, protects, and loves my friend unconditionally and at all times. Because I delight in the Lord, he is giving me the desire of my heart - a true friend!

New Beginnings

Picture This:

You see a dead-end. God sees a new beginning. You think it's over. God says, "You've only just begun." You wanted to give up. But God is pushing your through. You're beginning to believe again…that with God, ALL things are possible.

Scripture This:

Galatians 6:9 NLT
So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

Matthew 19:26 NLT
Jesus looked at them intently and said, "Humanly speaking, it is impossible. But with God everything is possible."

Pray This:

God, when I feel like I'm at the end of my rope and I have nothing left to give, swoop down and infuse me with strength. Dump a truck load of determination on me. I need to know you have something better in my future. I need to know things can change. I am deciding today to have steadfast faith so I will not give up. I will see a harvest of blessing in my life.

Say This:

I will not lose heart and grow weary and give up. My time is coming. And if I don't throw in the towel, I'm going to reap big time. If I don't loosen and relax my courage and grip, my dead-end will become a new beginning. It's happening. I believe it. I'm going to get it!

No More Guilt

Picture This:

The guilty burdens you've been carrying have been a huge load. They have felt like a huge backpack but you are taking them off. You feel lighter even as you think about this. You are choosing to trade the righteousness that Christ offers and you no longer feel the weight and pressure of the load. Ahhhhh, that feels good!

Scripture This:

Psalms 55:22 NLT:
Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall.

1 John 1:9 NLT:
But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

2 Corinthians 5:17 NLT:
This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

Pray This:

I admit I've done things that I'm not proud of. I've made tons of mistakes. Big and small, I give you my burdens Lord, that's what your Word tells me to do. I release them into your hands right now. I so desperately want to experience your freedom from the weight of my poor choices. I know now that I am forgiven and clean. Thank you Christ, Jesus for making me a new person. I want the new life you have promised me. I want to feel you cleansing every part of me. I receive your total and complete forgiveness. Thank you for not condemning me but loving me and giving me a fresh new start.

Say This:

I choose today to live a life of freedom. Freedom from my past and freedom from my sins. I no longer carry the weight of condemnation along with me. It has been detached. Cut off. I'm clean. I walk in newness today. I will no longer swallow lies when thoughts try to make me feel less than what Christ has made me. I am completely clean, pure, and I sparkle! Guilt is gone.

On Your Mark

Picture This:

You have turned over a new leaf. Being right is no longer your highest priority. You've learned that quarreling doesn't bring God glory, so you've given it up. Cold turkey. You avoid fights. And what does all this get you? God ushers in peace to you and the one who is testing your honor.

Scripture This:

Proverbs 20:3 NLT
Avoiding a fight is a mark of honor; only fools insist on quarreling.

Pray This:

God, when I feel like I've had it with so and so….I need your help to pull off the right reaction. Show me how to avoid a fight. I want that mark of honor you have reserved for those who handle themselves with patience and love. When my flesh would rather quarrel, keep my lips from going too far. Thank you God, that your Holy Spirit shows me how to use restraint.

Say This:

I am wise in the ways of disagreements. I keep a tight rein not only on my lips, but my thoughts too. I will not pick a fight nor entertain a fight. The only thing I'm fighting is for is to love others. Sometimes love is a fight, but worth it.

One Day at a Time

Picture This:

Your supplier is meeting your daily needs miraculously. God has resources you know nothing about, solutions outside your reality, and provisions outside your possibility. He hands you a worry-bazooka, you pull the trigger and walk away relieved.

Scripture This:

Psalm 31:19 NCV
…how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You.

Lamentations 3:22-23 NLT
The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning.

Psalm 138:3 NCV
In the day when I cried out, You answered me, and made me bold with strength in my soul.

Pray This:

God, you are great. Help me not to lose sight of your goodness. You've laid it up for me because I fear you. You've prepared your goodness for me because I trust in you. I am refreshed every day when I think about your mercies, which have no end. Your faithfulness overwhelms me. You are better to me than I am to myself. When I cry out, you answer me. Make me bold with strength in my soul. I trust you to provide for each day's needs. I will not be concerned because you said you'd provide. So, God, thank you.

Say This:

Anxiety fades as the memory of God's goodness takes center stage. My anxiety-filled days stand no chance when I cling to God. I will see God's provision even if it is one day at a time. As I trust and believe, I will receive.

P.U.S.H.

Picture This:

You're not the first to encounter difficulties. But when you do, you P.U.S.H.
PRAY. UNTIL. SOMETHING. HAPPENS.
That's the formula. Get it down, and you'll get through.

Scripture This:

1 Thessalonians 2:18 NLT
We wanted very much to come to you, and I, Paul, tried again and again, but Satan prevented us.

Pray This:

Father, I've run into an impasse again. I don't know how to get past it alone. I've got to have your help. This problem will not go away. Today, I'm asking for your strength to keep pushing forward so I can overcome the obstacles that are in my way. Even Paul had things hinder him in his life, but his God is also mine, and as he pushed through, so will I! I ask that the power of God that's inside of me be released right now to blow the enemy out of my way. I pray this in Jesus Name.

Say This:

I may get knocked down, but I get up. With God's help, the devil's attack will stop and the way for me to get out of my mess will be clear. God is giving me wisdom to get me where I need to go. The enemy does not have the last word. I do. And it's the Word of God…"I can do anything through Christ." I will P.U.S.H.

PRAY UNTIL SOMETHING HAPPENS!

Write me a quick email at drlinda@prayerrockitcom and let me know how you are doing. I'll be praying for you!

Payday

Picture This:

God see's you. He sees what you've done. That's a good thing. Because in his kingdom you've invested time, money, energy, and commitment that no one knows about accept you and Him. He noticed. He saw it all. And he plans on reimbursing you in full!

Scripture This:

Hebrews 10:35-36 NLT:
So do not throw away this confident trust in the Lord. Remember the great reward it brings you! Patient endurance is what you need now, so that you will continue to do God's c will. Then you will receive all that he has promised.

Hebrews 10:35-36 AMP:
Do not, therefore, fling away your fearless confidence, for it carries a great and glorious compensation of reward. For you have need of steadfast patience and endurance, so that you may perform and fully accomplish the will of God, and thus receive and carry away [and enjoy to the full] what is promised.

Pray This:

God, I'm glad you have your eye on me. I know you see the time, the money, the talent, the blood, sweat, and tears that I've poured into my life's work for you. When it gets hard or when I'm physically or emotionally exhausted, help me to remember you have a reward waiting for me. When no one else seems to appreciate what I do and the sacrifices I make, encourage me to keep it up anyway. Thank you Father, for your promise to compensate me for all I have done. I'd do it anyway, even if there were no reward, but I'm excited that there is!

Say This:

I won't throw it all away now. It's still a sure thing! But I will need to stick it out, staying with God's plan so I'll be there for the promised completion. It won't be long now, he's on the way; he'll show up most any minute…but I'm not a quitter who loses out. Oh, no! I'll stay with it and survive, trusting all the way.

Peace Beyond the Norm

Picture This:

Problem pops up. You're quick to pray. Stress creeps in. You're quick to offer praise. Work piles up. You're quick to catch your breath. Anxiety, turmoil, and frustration are no match for your protocol of peace. You know what to do. You've been here before. You know how to drench yourself in the peace that's beyond what's natural.

Psalm 43:5 NCV
Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; for I shall yet praise Him.

Philippians 4:6-7 NCV
Let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard you hearts and minds through Christ Jesus.

Pray This:

Father, when my heart fails because of situations I face, revive me with your hope. I want to praise you. I make my request known right now; I'm in need of your peace. Push my problem away and prime my pump with peace that saturates every inch of me. Relieve my stress and guard me from distractions that would take my eyes off of you. I'm thankful that I can count on you.

Say This:

When I find myself sinking from the weight and pull of my life, God helps me find a solution. He lifts me up, dusts me off, and sets me straight. I'm grateful for his intervention, for his peaceful protection, and for his unlimited dose of hope that comes my way. I am I am completely drenched in his supernatural peace.

Peaceful Sleep

Picture This:

You can sleep soundly knowing God has angels positioned at your bedposts. Nothing enters your mind or your room that he's unaware. You deposit all of your cares and worries into his arms. He surrounds you with a blanket of comfort and peace. As soon as your head hits your pillow, you're relaxed and fast asleep. When the alarm goes off each morning you wake up refreshed and ready!

Scripture This:

Proverbs 3:24-26 NLT:
You can go to bed without fear, you will lie down and sleep soundly. You need not be afraid of sudden disaster or the destruction that comes upon the wicked, for the Lord is your security. He will keep your foot from being caught in a trap.

Pray This:

God, thank you that I can go to bed without fear; I pray that I will lie down and sleep soundly each night. Give me confidence that I can dump all of my concerns into your lap and you will take care of each one of them. Your word tells me not to be afraid of sudden disaster or destruction that comes to some who don't know you. I'm grateful that I can relax because you are my security.

Say This:

Right now, I empty my mind of everything that I've been thinking about. I have given God control and he won't let me down. I'll take afternoon naps without a worry, I'll enjoy a good night's sleep. I won't panic over alarms or surprises, or predictions that doomsday's just around the corner, because GOD is right there with me; he's keeping me safe and sound. Bring on the day

Peeved No More

Picture This:

Like Jonah, you could get peeved when God treats someone undeserving with grace. In the past, you'd want God to destroy people who are up to no good. But you're no longer caught by your own stubbornness. You no longer build a case in your mind against someone. You focus instead on being full of grace like God is toward you.

Scripture This:

Jonah 3:10-4:1
When God saw what they had done and how they had put a stop to their evil ways, he changed his mind and did not carry out the destruction he had threatened. This change of plans great upset Jonah, and he became very angry.

Pray This:

God, you are so gracious to people it's really hard to comprehend. The people I see who misuse others, misuse you, and even misuse themselves have no right receiving your grace. God, it's tough for me to look at them and not be biased. I'm asking you to change my heart. If you can change your mind toward them and not carry out destruction to them, I can too.

Say This:

I no longer get peeved when I think about people who do life in scandalous, ridiculous ways. I will look at them with love, I will exchange pleasant words with them, and I will be there to cheer them on. I see them as God does, deserving of His love and mine, simply because we -- God and I, choose to give it.

Perfect in God's Sight

Picture This:

You look and smell good to God! When Jesus died on the cross he made you perfect. You know that he covered every sin with his sacrifice and made you spot free. You are clothed in His righteousness because your righteousness doesn't cut it. You sigh with relief! You know he loves you so much that he overlooks everything wrong about you because you believe His Son covered for you. You're spotless! You're perfect in God's sight!

Scripture This:

Leviticus 1:9b NLT:
...Then the priest will burn the entire sacrifice on the altar as a burnt offering. It is a special gift, a pleasing aroma to the Lord.

Leviticus 1:9 AMP:
...And the priest shall burn all of it on the altar for a burnt offering, an offering by fire, a sweet and satisfying odor to the Lord.

Pray This:

Father, God, I'm still so blown away that your love for me caused you to have your son die for me. Reading this scripture, helps me understand that when he was sacrificed on the cross for me, it brought out all of his perfections. Those perfections rose up to you as a sweet, pleasing and satisfying aroma to you. Those perfections covered my imperfections so that when you look at me through your son, I too, am a sweet, pleasing aroma to you. I am amazing and eternally thankful.

Say This:

Because Jesus is such a delight and beautiful creature for God to look at, God sees me the same way. I satisfy God's heart completely because Jesus satisfies God completely. I please God because Jesus pleases God. He became my substitute and makes me continuously clean and perfect in God's sight.

Power Praying

Picture This:

Even in prayer, your words produce power. You've learned that praying negatively and focusing on your problems only energizes and strengthens them. Instead, you pray God's solution from the Word and it releases life.

Scripture This:

Proverbs 18:21
Life and death are in the power of the tongue.

Pray This:

Oh God, how powerful your Word is! Help me to use your Word to slice through the problems in my life when I pray. Give me wisdom to take your Word and lay a foundation to all of my prayers. I will declare your promises and think about your truths. As I do, I will see things materialize that will bring you glory.

Say This:

When something unfortunate happens, or when I'm not feeling well, I will not gripe, complain, or toss negative words around. I will release the power of God's Word into my life and my circumstances. I will see things change and take the shape that I speak about.

Problem Potential

Picture This:

Your problems have potential. Potential to change you and make you a better person. As you yield to this process under God's watchful eye, he stretches you and makes you tougher than nails! When situations evolve into chaos, you take your disappointment and turn it into expectancy at what God has up his sleeve for you.

Scripture This:

Romans 5:3-5 NLT:
We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. And endurance develops strength of character, and character strengthens our confident hope of salvation. And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his a love.

Pray This:

Father, thank you that though my life isn't perfect, I can rejoice when I run into problems and trials. Take my problems and use them to develop endurance in me. And let that endurance develop strength of character in me. And let that character strengthen my confidence and hope in your salvation. Give me new eyes to see my problems the way you do, I know you will never disappoint me because you love me and your Holy Spirit reminds me of your love. For that I'm grateful.

Say This:

I am deciding to shout my praise even when I'm hemmed in with troubles, because I know how troubles can develop passionate patience in me, and how that patience forges the tempered steel of virtue. My problems are keeping me alert for whatever God will do next. In alert expectancy, I'm never left feeling shortchanged. Quite the contrary-- I am salivating at the thought of everything God is generously pouring into my life through the Holy Spirit!

Promise of a New Home

Picture This:

You have been promised something unimaginable. Way too good to be true. In fact, it may have taken some convincing at first, but now you're sold. Sold on the promise that your savior will return again someday to take you home with him. You envision the streets made of pure gold. The environment void of sadness or pain. You can see the glimmer in your Master's eye. He's so glad you like it! He's been waiting to show you around and move you in. You're going to love this new home…promise!

Scripture This:

John 14:3 NLT
"When everything is ready, I will come and get you, so that you will always be with me where I am."

Matthew 24:30-31 NCV
And they will see the Son of Man coming on the clouds of heaven with power and great glory. And He will send His angels with a great sound of a trumpet, and they will gather together His elect from the four winds, from one end of heaven to the other.

Pray This:

Father, I'm excited about the new home you are preparing for me. I know it's going to be perfect. But, because it seems so far off, help me to rest in your promise to take me to this place. I know it will far exceed my every expectation. When everything is ready, you'll come and get me, so I can be with you always. I set my hope on you, Lord. It won't just be an afterlife; it will be a better life. Thank you, God!

Say This:

I will see the Son of Man coming on the clouds of heaven with power and great glory. He will send His angels with a great big loud trumpet sound, and they will scoop me up, and all the other believers and transfer us to our heavenly home. With this in my sights, my hope is in God, who is making things ready for our arrival.

Promoting God

Picture This:

You are God's advertising agency. You may have never thought of it before, but you are a chief marketing executive in God's kingdom. You promote God in every area of your life. Even your wins in life reflect how good your product is. Your success reflects God's care and his favor. His reputation is made brighter with every victory you have under your belt. You remember this and give him the credit and the praise. Then, he gives you more. Score!

Scripture This:

Proverbs 22:4 NLT
True humility and fear of the Lord leads to riches, honor, and long life.

Deuteronomy 8:18 NLT
Remember He is the one the Lord your God who gives you power to be successful, in order to fulfill the covenant he made with your ancestors.

2 Corinthians 5:20 NASB
We are ambassadors for Christ, as though God were making an appeal through us…

Pray This:

God, My goal is to make you known. I take very seriously the title you have given me: Ambassador. I will take this position seriously. Help me to represent you with dignity, honor, respect, and integrity. I know that all I have and all I receive is given by you. When I start thinking I've done it because of my great work ethic or due to my intellect or talent, remind me that it's all you. I'm grateful. I ask you to keep me in a humble place, fearing you. And God, your Word says when I do this, it leads to riches, honor, and a long life. How generous. Thank you!

Say This:

I live to make God's name bigger than my own. It is my desire to talk about Him in ways that make people want to know more. I will do everything with excellence and when I celebrate success, I will celebrate it with God. He has given me so much and I want let everyone know how I've accomplished everything I've done. I am spreading the word about his favor so others might bathe in it as well.

Protection

Picture This:

You have nothing to fear. You feel safe. Though you have no bodyguard in the natural, you have angels all around you that can't be seen. You feel as though nothing can penetrate the barriers of protection God has surrounded you with. You are confident in God's care and because of that - you have not one concern for your life. All is well. You're relaxed.

Scripture This:

Proverbs 14:26 AMP
In the reverent *and* worshipful fear of the Lord there is strong confidence, and His children shall always have a place of refuge.

Psalm 32:7 NLT:
For you are my hiding place; you protect me from trouble.

Job 11:18-19 NLT:
Having hope will give you courage. You will be protected and will rest in safety.
You will lie down unafraid, and many will look to you for help.

Pray This:

God, you are my great protector. Thank you for keeping me safe and secure. Since I fear you, I have nothing else to fear. You are my hiding place, protect me from trouble. Give me courage as I hope in you. Let me lie down unafraid and sleep in peace. Tonight I want to rest in safety. I look to you for help. Make me confident in you.

Say This:

I am full of hope. I'll relax. I'll be confident again. I look around, sit back, and take it easy. I am without a care in the world. The Fear-of-God builds up confidence in me, and makes the world safe for my family and me. I am fully protected and safe in God's care.

Pushing Worry Away

Picture This:

You're strolling along with not a care in the world. Stuff happens: no worries! You remain steady on your feet. Though things aren't perfect, you consider life a breeze. Your trust in God gives you so much confidence that you don't fret or have uneasy feelings about any situation that comes your way. People around you get consumed with their problems and circumstances, but you - you are a rock!

Scripture This:

Philippians 4:6 AMP
Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God.

Colossians 3:15 AMP
And let the peace (soul harmony which comes) from Christ rule (act as umpire continually) in your hearts [deciding and settling with finality all questions that arise in your minds, in that peaceful state] to which as [members of Christ's] one body you were also called [to live]. And be thankful (appreciative), [giving praise to God always].

Isaiah 26:3 MSG
People with their minds set on you, you keep completely whole, Steady on their feet, because they keep at it and don't quit. Depend on God and keep at it because in the Lord God you have a sure thing.

Pray This:

God, I know I don't have to worry about anything. So right now I am asking you to help me shake any uneasy feelings that I have. When I start to get anxious and concerned about my future or what lies ahead, gently remind me that you will keep me in constant peace. I ask you to take care of all of my needs. Show me how to be confident in you. Help me keep my mind on you so I will receive that soul harmony from you that acts as an umpire making the calls and decisions in my life. Thank you God for displacing the worry in my life.

Say This:

God will guard me and keep me in perfect and constant peace. I will remain steady on my feet. I will not fret or worry. Instead of worrying, I will pray. I will let my requests and praises shape my worries into prayers, letting God know my concerns. A sense of God's wholeness, everything coming together for good, will come and settle me down. It's wonderful what happens to me when Christ displaces worry at the center of my. I am thankful!

Ramping Up Your Boldness

Picture This:

Jesus knows the challenges you face as you pursue what He has put in your heart. He also knows there will be moments when you will feel physically tired, mentally zapped, and shredded emotionally. He understands every single emotion and situation you'll ever find yourself in and he'll be right there to help. Jesus wants you to succeed more than anyone else. So, he invites you to come to him with a boldness that nothing can stop. Go for it, he's eager to hear what's on your mind.

Scripture This:

Hebrews 4:15-16 NLT
This High Priest of ours understands our weaknesses, for he faced all of the same testing's we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

Pray This:

God, I am so thankful that you want me to come to you boldly and confidently. It makes me feel good knowing you want me to speak up and make my needs known. According to your Word, there is no better time for me to be bold than when I'm facing a need. So today, I'm ready to tell you what is on my heart. Here it is….

Say This:

I'm ramping up my boldness. Jesus understands everything there is to know about me. He's not surprised by my attitude, my response, the times I blow it, or the circumstances I get myself into. He's available and his ears are listening, waiting for my bold cry. I'm direct when I need something and it's so amazing that I have that kind of relationship with Him.

Receiving Peace

Picture This:

The master of peace, Jesus Christ, gives you the peace he has. You take him up on it and start to walk in it. Before long you begin to master peace too. Peace transforms every part of you. Your mind, body, soul, and spirit are calm. You rest easy. You breathe deeply. And you are assured that Jesus has every detail of your life taken care of. You are at peace.

Scripture This:

2 Thessalonians 3:16 AMP:
Now may the Lord of peace Himself grant you His peace (the peace of His kingdom) at all times and in all ways [under all circumstances and conditions, whatever comes]. The Lord [be] with you all.

Isaiah 26:3 AMP:
You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You.

Philippians 4:7
And God’s peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.

Pray This:

Lord, your word promises me that in all ways, under all circumstances and condition, no matter what comes my way, you will grant me your peace. I ask that you guard me and keep me in perfect and constant peace as I keep my mind on you. I commit myself to you, lean on you, and I confidently hope in you. Thank you that God's peace is mine. I will live in a tranquil state of assurance. Remind me that salvation through Christ keeps me from having to fear anything. Thank you that I can be content with whatever life throws at me.

Say This:

I don't fret or worry. Instead of worrying, I pray. I let petitions and praises shape my worries into prayers, letting God know my concerns. A sense of God's peace and wholeness, everything coming together for good, comes and settles me down. It's wonderful what happens when Christ puts peace in the center of my life. (Based on Philippians 4:6, 7 MSG)

Rehab

Picture This:

You're in rehab. Oh, don't worry--welcome it! Rehab is a good thing. You're rehabilitating. You are in the hands of a skilled expert. He knows just how to restore you to fullness. The false identities that have chipped away at your core: they are being reconstructed. Those ugly stained things you added to your repertoire are being purged. You're adapting to the new creation God is making you and hey...you're looking good!

Scripture This:

2 Corinthians 5:17 NLT
This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

Haggai 2:9 AMP
The latter glory of this house [with its successor, to which Jesus came] shall be greater than the former, says the Lord of hosts; and in this place will I give peace and prosperity, says the Lord of hosts.

Pray This:

Wow, God, how in the world do you do it? How do you continually change and reform every believer on the earth? You blow my mind! I am so glad you've made me into a new creation. You care enough to change me from the inside out. I stand on your promise that the latter days of my life are greater than the days I've already experienced. Rehabilitate me into a person who looks like Christ. Thank you for your reconstruction process.

Say This:

Every day is different. Everyday God is doing something new. Everyday a different part of my life is evolving. I am putting the past behind me. I'm not ashamed to be in God's rehab. Not only am I changing, I'm changing into something better. I am becoming full of the goodness of God. I'm seeing it and loving it!

Releasing Your Potential

Picture This:

You are becoming the man or woman you were born to be. You are accomplishing the vision you saw. You are building that business, ministry, or family God birthed in you. No matter what your environment, you have the ability to change your attitude and your internal environment so you are in shape to release what God has given you.

Scripture This:

Psalm 57:2 AMP:
I will cry out to God most High, Who performs on my behalf and rewards me {Who brings to pass His purposes for me and surely completes them}!

2 Timothy 1:14:
Guard the good deposit that was entrusted to you--guard it with the help of the Holy Spirit who lives in us.

Pray This:

God, I cry out to you because I realize I have been born for a specific purpose and you will bring it about. The word needs what you deposited in me for the benefit of the others and generations to follow. Remind me that I possess a genetic combination that is distinct from anyone else! That gets me excited! Show me what to do and how to do it. Help me to guard what you have entrusted to me and use it to its maximum potential in Jesus Name. Your will be done in me.

Say This:

There is no one like me! I was conceived by destiny, produced by purpose, and packaged with potential to live a meaningful, fulfilling life. Deep within me lies a seed of greatness waiting to grow into something BIG. I have been given natural talents, gifts, desires, and dreams. Regardless of my race, gender, culture, or socio-economic status, I have the instinct and the ability to manifest my potential as God works through me.

Renewing Your Mind

Picture This:

You have the mind of Christ. When a thought enters your mind that does not line up with God's Word, you recognize it immediately and throw it aside. You capture it, conquer it, and make it submit to the Word of God. You know how to handle temptation, depression, tough times, highs and lows because your thoughts are fixed on Christ. You are conformed not to the culture around you but to a culture above you and because of this your mind is renewed.

Scripture This:

2 Cor 10:4,5 NLT:
We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.

Pray This:

God, when my thoughts don't line up with what your word says, help me to catch it and recognize it. Help me to know your Word well enough so that I can knock down the strongholds of human reasoning and destroy false ideas that the enemy tries to bring into my mind. When these ideas take root, quicken me by your Holy Spirit to rise up and take charge of those thoughts so I can replace them with thoughts from your Word. Thank you for the mighty weapon of your Word that helps me destroy every obstacle that keeps people from knowing God and knowing God's thoughts. Make me strong and willing as I capture every thought and make it obey Christ. In Jesus Name.

Say This:

With God's help, I take my every day, ordinary life—my sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. I am not so well adjusted to my culture that I fit into it without even thinking. Instead, I fix my attention on God. As I do, I'm changed from the inside out. I readily recognize what he wants from me, and I quickly respond to it. Unlike the culture around me, always dragging me down to its level of immaturity, God brings out the best in me. He develops well-formed maturity in me.

I use my powerful God-tool, His Word, for smashing warped philosophies and tearing down barriers erected against the truth of God. I am busy fitting every loose thought, emotion, and impulse into the structure of life shaped by Christ. My tools are ready at hand for clearing the ground of every obstruction and building lives of obedience into maturity. I renew my mind as often as needed so I can have the mind of Christ!

Running Ragged

Picture This:

In the past you've run yourself ragged taking care of everyone else except you. You've gotten so busy helping others that you forfeited your own time with God. Ohhhh...but no more! You've learned that taking care of your own spiritual needs will help you be more effective in taking care of others. As you refresh and refill your tank, you have more to give than before.

Scripture This:

1 Timothy 4:16
Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.

Pray This:

God, I know my time with you is vital if I'm going to stay fresh and full of strength so I can serve others. When life gets so busy that I don't have time for you, help me to stop and refocus. Show me how to schedule my life so that my relationship with you is my greatest priority.

Say This:

My spiritual life is my number-one priority. I am doing everything I can to make sure my life with Christ is alive and growing. I am constantly reaching out for more opportunities to make an impact, buy only after I've had adequate opportunity to spend time with God.

“Satan, Get Out of My Head!”

Picture This:

At times, you hear a voice in your head that points out your shortcomings, your mistakes, and your goof ups. It tries to condemn you and make you feel dirty. But as soon as you hear it, you quickly recognize that it's not God's voice. It's the voice of accuser. Knowing where it comes from gives you the wisdom to ignore it and move on.

Scripture This:

Revelation 12:10-12
For the accuser of our brothers and sisters has been thrown down to earth—the one who accuses them before our God day and night.

John 16:8-11
And when he comes, he will convict the world of its sin, and of God’s righteousness, and of the coming judgment. The world’s sin is that it refuses to believe in me. Righteousness is available because I go to the Father, and you will see me no more. Judgment will come because the ruler of this world has already been judged.

Pray This:

God, I know that Satan comes to accuse me of my past. He tries to throw the things I do that displease you in my face. When he comes and does his best to make me feel lousy about myself, remind me that you came, you forgave me, and you made me righteous.

Say This:

Satan has no business reminding me of my sins and what I've done wrong. Jesus Christ died to excuse me of my past, present, and future sins. Everything has been covered. There is nothing I can do to loose God's approval. So, Satan, get out of my head!

Secure in God's Love

Picture This:

You never question the love of God like you used to. Today, you feel so secure in his love, you fear nothing and you are truly confident that God has you in his grip. There is nothing that can separate you from his love. You can scale a mountain with his love. You can conquer your challenges with his love. You feel forgiven with his love. You are so full of God's love that it's transformed you from the inside out. Wow! Look at you - you're loved - and feeling it!

Scripture This:

John 3:16 NLT:
"For God loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

John 15:9 NLT:
I have loved you even as the Father has loved me. Remain in my love.

Romans 5:5 NLT:
And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.

Pray This:

God, sometimes I'm challenged to remember the amount of love you have in your heart for me. You loved me before I loved you. And you loved me so much; you gave your son to die for me. I can't really, truly comprehend that, but I want to. Help me when I start to feel unloved by you. When I don't see you working on my behalf and I am disappointed, help me to stir up the hope that is mine. Gently remind me that you love me unconditionally. I am so grateful for your love.

Say This:

I will live alert and with expectancy, never left feeling shortchanged by God. Quite the contrary—I can't round up enough containers to hold everything God generously pours into my life! I know God loves me. When my mind starts to wander and think God has left me high and dry - I will go back to his word and renew my mind. The truth is - He loves me so much he sent his son to die for me. That's amazing love. I am so loved by my God.

Seeing Yourself Through God's Eyes

Picture This:

You've had so many unfortunate things happen to you in life that sometimes you can barely walk with your head held high. Yet today you see yourself as God does - His Masterpiece! Your thoughts about who you are or who you were created to be no longer contradict what God sees in you. God sees you as royalty and you have adjusted your eyes to see yourself that way too. You used to think it had to do with your qualifications or your most excellent ways. Nope. Not at all. Now you receive this position of power - reigning over all life's difficulties and circumstances simply because you accept that Jesus paid for it.

Scripture This:

Romans 5:17b NLT:
...those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ! NIV

Ephesians 2:6-10 NLT:
For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus. So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus. God saved you by his a grace when you believed. And you can't take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece.

Pray This:

God, help me today to see myself as royalty. God, thank you that when I don't feel like enough and when I don't see myself with incredible value, you do. God, help me to see myself seated with Christ in heavenly realms. I am a masterpiece, not because of anything I have accomplished, but because Christ paid for me to become a new creation full of worth. When I am down on myself, remind me of who I am in Christ. Help me to keep my head held high. Thank you for empowering me to reign over life's difficulties because of what Christ has given me. I will reign in life!

Say This:

Right now I reject any thoughts that I am not loved, not valued, or not important. I am the apple of God's eye. Valued and acknowledged. I am seated with Christ in heavenly places because it's not about me. It's all about Christ. His death means I reign. What Christ did on the cross gives me access to the seat of power over my enemies, and over the disappointments and problems in life. I'm taking it. It's mine. I am reigning today. I am ruling like the king/queen Christ made me to be. I'm his masterpiece and I look good!

Seeking God's Face

Picture This:

You have nothing else on your mind right now but God. This is your moment - just you and him. You're shutting out the demands of the day and even the people who are close to you for just a few moments. For the next few minutes, you and God are the only ones in the room. He's refreshing you. You're drinking from streams that never go dry. You see his face and it's amazingly beautiful. You can hardly contain yourself, you shout with praise and honor at what you see. He's remarkable and he wants to behold your face as badly as you want to behold his!

Scripture This:

Psalm 27:4 NCV:
I ask only one thing from the Lord.
This is what I want: Let me live in the Lord's house all my life. Let me see the Lord's beauty and look with my own eyes at his Temple.

Psalm 27:8 NLT:
My heart has heard you say, "Come and talk with me." And my heart responds, "Lord, I am coming."

Psalm 42:1 NLT:
As the deer longs for streams of water, so I long for you, O God. I thirst for God, the living God. When can I go and stand before him?

Pray This:

God, I can't get enough of you. I want to be with you all day long! In these next few moments, allow me to see your face. Allow me to bask in your presence beholding your beauty. You invited me to "come and talk" with you. So, here I am! I am so grateful that you take me as I am. You want to be with me even more than I want to be with you. I want to know you more, reveal yourself to me. As I consider who you are and what you have done for me, I am refreshed and revived. Thank you!

Say This:

O God, you are my God. I earnestly search for you. My soul thirsts for you. My whole body longs for you in this parched and weary land where there is no water. I have seen you in your sanctuary and gazed upon your power and glory. Your unfailing love is better than life itself. I praise you! I will praise you as long as I live, lifting up my hands to you in prayer. You satisfy me more than the richest feast. I will praise you with songs of joy. (Psalm 63:1-4 NLT)

Silver Lining Attitude

Picture This:

You have good days and bad. But you have an ability most never tap into. You have a "silver lining attitude." Things crumble all around you. No sweat. What are you looking at? The good. The beauty. The blessings of God instead of the heap of trouble that's at your front door. You see heaven's hand in the midst of sickness. You see the Holy Spirit comforting a tear-drenched face. You see the triumph behind every trauma. You see with faith not flesh.

Scripture This:

Philippians 4:8 NCV
Finally...whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things.

Psalm 146:5 NCV
Happy is the one who has the God of Jacob for his help, whose hope is in the Lord his God.

Pray This:

God, if I look around me, I can come up with countless things to complain about. But I don't want to. I want my thoughts and my words to be pleasing in your sight. Help me to taste sweetness behind every bitter bite. Make me more adept at finding the positive - and when I do, I want to relish in it! I need your gentle nudge to consider the good, the true, the noble, the just, the pure, the lovely, and anything that's praiseworthy. That's what I want to meditate on. Show me how to do it automatically; I desire a supernatural response that will turn every negative situation into a positive one. In Jesus Name, Amen.

Say This:

A "silver lining attitude" is springing up inside of me. I refuse to speak about the tough stuff that gets me down. I choose to focus on my blessings rather than my misery. I will see each day as a gift rather than a grind. I am hopeful of God's plan rather than picking apart my problem. I am determined to see with eyes of faith not flesh. I am so hope filled that people around me catch on and spread hope of their own. I'm trading the cup that's half empty for the cup that's half full. And I am happy because my hope is in the Lord.

Speaking the Truth in Love

Picture This:

You see someone you love doing something stupid. Yeah, they should know better…but they don't! Thank God, you're around. You care enough to consult God about your part in helping them get back on the right track. You speak the truth in love, they receive it, and they're thankful.

Scripture This:

Jude 1:23
And others save with fear…

Pray This:

Father, when I see someone headed in the wrong direction, help me to know exactly what I can say to gently nudge them out of it. Give me your wisdom, your heart, and your boldness to show them your ways. Help me to do everything within my ability to see them rescued as soon as possible. In Jesus Name.

Say This:

When I'm around someone who needs a little word of truth - I'll drop it gently into his or her spirit. I won't toy with my words or beat around the bush. I'll ask God to help me phrase it right so I don't offend or hurt. My words will bring direction and wisdom to their situation. I will speak the truth in love…and they will love me for it!

Spiritual Millionaire

Picture This:

You are so full of the Word of God that your entire being is infused with its enriching truth. You know that the Bible you read will take you to the richest spiritual place you've ever known in your life. You make God's Word at home in your heart so you can live each day like you've struck it spiritually rich!

Scripture This:

Colossians 3:16 NLT
Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts.

Pray This:

God, your Word says to allow it to dwell in me richly. That's what I want. Sign me up! Help me get the Word inside me so my heart will be filled with joy, my mind flooded with wisdom, and my mouth filled with songs. May my entire being - head to toe, be filled with you.

Say This:

I am so full of the Word of God that it enriches me with spiritual wisdom and insight. It puts victory in my heart and a song in my mouth. I always have something to give and share with others because it just flows out of me. It's automatic. I'm rich as I spend time at the master's feet.

Spiritual Weapons Strategy

Picture This:

Just as an army plans its line of attack, you have a plan conceived of the Holy Spirit that will conquer the enemy. As the devil plans a line of attack against you, the Spirit of God has already decided which methods you will use to stop him. You allow the Spirit of God to choose the approach he wants to take and he gives you a strategy that will do the job.

Scripture This:

2 Corinthians 10:4
The weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds.

Pray This:

Father, I know the Holy Spirit holds the key to every victory. The weapons I have been given are mighty through God. I am grateful that I can lean on him and he will provide me with a divinely-inspired strategy that will stop the powers of the enemy from wreaking havoc in my life. I ask you to give me the wisdom to recognize your plan and to follow it accurately. The line of attack may not make sense to my natural mind, but I will be open to it and trust you. Thank you for your help, guidance, and power.

Say This:

I operate on a higher level that the enemy does. I have ears that are fine-tuned to the voice and nudges of the Holy Spirit. When he speaks, I listen. When he shows me what to do, I go for it! The Holy Spirit inspires me and he gives me strategies that beat the devil at his own game. I am fully equipped and ready using the spiritual weapons God has provided.

Steered by the Divine

Picture This:

You're getting better and better at seeing things accurately and knowing what to do in different situations. You carefully lay low when the Holy Spirit cautions you to wait. You're bold when you need to be and you're laid back at the right moments. You're being steered by the Divine.

Scripture This:

Matthew 10:16 NLT
Look, I am sending you out as sheep among wolves. So be as shrewd as snakes and harmless as doves.

Pray This:

God, I know the environment you've sent me to could eat me alive and that's why I'm asking you to make me wise. Turn me into an intelligent, discerning and sensible believer. I want to know what is really happening behind the scenes. Teach me when to sit still and when to move. Guide me and protect me as I do your will.

Say This:

I have an uncanny ability to see the truth in situations that flabbergast others. The Spirit of God fuels my thinking and behaving. He gives me the edge in every area. Thankfully, I make few mistakes because he shows me exactly what to do. I am steered in the right direction by the Divine.

Stepping Into Your Spiritual Gifts

Picture This:

You have God-given passions, giftings, and talents. Those urges to do something bigger than yourself won't go away. You hunger to do the thing God has put in your heart. At times it seems like you'll never step into it, but today you are fanning the flame and it's getting hotter! You are stepping into your destiny using your spiritual gifts.

Scripture This:

2 Timothy 1:6-7 NLT:
This is why I remind you to fan into flames the spiritual a gift God gave you when I laid my hands on you. For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Pray This:

God, at times I feel overlooked and overwhelmed. The tugging in my soul is strong and I want to get busy doing the things that you have destined me to do. Show me how to fan into flames the spiritual gift you have given me. When I begin to feel afraid and timid and tend to shrink back, remind me that you have given me a spirit of power, love, and self-discipline so I can get the job done.

Say This:

Today, I will keep that special ministry gift ablaze! God doesn't want me to be shy with his gifts, so I will be bold and loving and sensible. When God opens the doors, I will step through them and use the gifts he has given me to impact people's lives. I am operating in a spirit of power, love, and I have a sound mind. I am stepping into the spiritual gifts God has given me, using them to make him famous!

Straight Talk

Picture This:

Jesus is saying: "You and I need to get something straight….You live in a permanently cleansed state. I don't want you to continue feeling guilty for your sins. Regret them, yes. Turn from them, yes. But I have cleansed you. I'm not doing it again. It would be impossible for me to die twice for you. Since what I did to wipe out your sins took care of it once and for all, you need not feel the weight of them. I want you motivated by my love, not by guilt. Got it? Good. Let's move on!"

Scripture This:

Heb 10:10 & 14 NLT
For God's will was for us to be made holy by the sacrifice of the body of Jesus Christ, once for all time. For by that one offering he forever made perfect those who are being made holy.

Pray This:

I am forever thankful, Jesus, for taking my sins away. Past, present, and future sins —they're all the same…they're gone. I see what you did for me. I believe it was enough. I am so grateful that you made me clean and that you draw me close to you so I can be enveloped in your love. You inspire me to live the way you've intended. You've given me new hope, new joy, and new confidence. You've given me the greatest gift I could ever receive. You!

Say This:

When I find myself lacking in self-control or not looking so "Christ-like," I simply take in a fresh reminder of my "once for all" sacrifice. As I remember that I am clean and holy before God, I find myself gravitating toward clean thinking and holy living. I'm making choices that reflect God's heart. As I recognize Christ's closeness to me, I act like him.

Strength Like No Body's Business

Picture This:

You have the strength to tough it out over the long haul. You no longer feel whipped. The energy that's been sapped is being renewed right now. You are discovering a source of unending power and supply that comes through Christ. You're going to make it!

Scripture This:

Philippians 1:19 NKJV
For I know that this shall turn to my deliverance through your prayer, and the supply of the Spirit of Jesus Christ.

Pray This:

God, I realize I don't have enough strength to do what you've asked me to do. I need you to donate a new supply of your Spirit into my life. Right now, I pause to open myself up to you. Please fill every nook and cranny of my tired life with your life-renewing power. With your help, I know I can get back on my feet again and complete everything you have in mind for me to do, In Jesus Name.

Say This:

By faith, I am supplied with everything I need today and for the days ahead. I am recharged with the Spirit of God. There's nothing lacking in me. I have strength like no body's business! I'm not making excuses to fail or stop short of the goals God has given me for my life, because the Spirit of God is making it happen.

Stress Release

Picture This:

You're relaxed. Your muscles are no longer tense. You take easy deep breaths. You're unhurried and enjoying life. You're calm, at ease, and in control. You have a more positive outlook than you've ever had before. You're savoring every moment and cherishing time with the ones you love. You no longer think about worst-case scenarios. You trust that everything is going to be ok, because God has your best interests at heart.

Scripture This:

1 Peter 5:7 CEV
Cast all your anxiety on him because he cares for you.

Psalm 55:22 MSG
Pile your troubles on God's shoulders— he'll carry your load, he'll help you out. He'll never let good people topple into ruin.

Matthew 11:28 MSG
Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly.

Exodus 33:14 MSG
God said, my presence will go with you. I'll see the journey to the end.

Pray This:

I will praise you because you help me, and you are my God. Thank you that I can pile my troubles on your shoulders God – and you'll carry my load. I come to you when I'm tired and worn out. I know you're with me when I feel like I can't go on. Your word says you will teach me how to handle the stress and strain of my life. Teach me how to take a real rest and learn your rhythms of grace. Melt away my anxiety and help me to breathe easy again. In Jesus Name, Amen.

Say This:

I have freedom to move, think, and enjoy life. I declare that God's presence is going with me. He will journey with me to the end. I am turning all of my worries over to God. He'll handle them for me. I live freely and lightly. God is putting a smile on my face, one that never fades. I trust that everything is going to be ok because God has everything under control. I release my stress right now and feel the peace of the Lord all over me.

Stuck in Christ-Like Position

Picture This:

You aren't stuck with today's personality. You aren't condemned to be a grump. You are tweak able. Even if you're a worrywart, you can be altered. And if you were born a bigot, you don't have to die one. You can change. You will change. Because you want to. You want to look like Christ. You're in a transition. You are open to the Holy Spirit's gentle nudges. When you become aware of something that isn't Messiah-like, you shed it as fast as you can. You are being transformed into the image of God, stuck in a Christ-like position.

Scripture This:

Phil 2:5
"think and act like Christ Jesus"

Ephesians 4:23 - 24
But you were taught to be made new in your hearts, to become a new person. That new person is made to be like God - made to be truly good and holy.

Pray This:

Father, I'm seeking aid for my sour attitudes. I'm requesting treatment for my selfish tirades. Change my heart so it is conditioned like Christ's. I want the center of my being at peace when storms come out of nowhere. I want to still the waves in my sea. Give me the faith to do things like Jesus did. To turn problems into faith building moments. To encourage and empower others with my words. I ask you to make me truly good and holy, in Jesus Name.

Say This:

I am guided by the life I see Jesus lived. I do everything I can to act like Christ. I do everything I can to respond like Christ. I do everything I can to think like Christ, pray like Christ, serve and lead like Christ. When someone looks at me, may they mistake me for my master. I am his twin. I am like Christ. I am stuck – in a Christ-like position!

Suffering Window

Picture This:

There is a window in your heart. You look through it and see God. That window used to be clear. The images of God were crisp. Then, suddenly, the window cracked. Something thrown against it did the damage. A pebble of pain? With that, your view of God changed. You were confused and hurt. But today, right now, your view of God is clearing. You are receiving healing. You trust him again. The pain is fading and now it's your suffering that you don't see much of anymore.

Scripture This:

Psalm 91:1-2
Those who go to God Most High for safety will be protected by the Almighty. I will say to the Lord, "You are my place of safety and protection. You are my God and I trust you."

Psalm 138:7
Lord, even when I have trouble all around me, you will keep me alive. When my enemies are angry, you will reach down and save me by your power.

Pray This:

God, I'm thankful that you are healing the pain in my life. Suffering is being released. I welcome your protection. I trust you again, more and more. When I have trouble all around me, I know you will reach down and save me by your power. Thank you that I am seeing more of you than I ever have before. You are a welcome sight.

Say This:

The suffering I've experienced is evaporating from my life. My view of God is becoming one of a loving protector - the kind I can trust. I am able now, to go to him and feel safe. I can say, the Lord is my place of safety and I trust him completely.

Supernatural Power

Picture This:

You have supernatural strength and ability. It's unnatural. It's not normal. Though it's beyond your comprehension, you walk in the power of the All Mighty God. You are infused with strength and ability. It's all over you. The inner strengthening God provides gives you the edge in every facet of your life.

Scripture This:

Ephesians 6:10

NLT:
Finally, be strong in the Lord and in his great power.

AMP:
In conclusion, be strong in the Lord [be empowered through your union with Him]; draw your strength from Him [that strength which His boundless might provides].

MSG:
God is strong, and he wants you strong. So take everything the Master has set out for you, well-made weapons of the best materials. And put them to use so you will be able to stand up to everything the Devil throws your way.

Pray This:

God, I desperately need your supernatural power in order to fight the things the enemy throws at me every day. You made me a special container to possess your phenomenal power. I open my heart right now and allow you God, to give me a fresh infilling of your explosive Holy Spirit power. Thank you for creating me to be the receptacle for your amazing power. By faith, I receive everything you have for me, in Jesus Name.

Say This:

God specifically fashioned me to be a container for the power of God. So I declare that I am filled everyday with the Spirit of God. His power gives me strength, wisdom, energy, and stamina. God's power resides in me and gives me the ability to conquer every attack that the devil tries to bring against me. I am like dynamite ready to explode all over the enemy. Look out; I'm full of God's strength today!

Temptation

Picture This:

You are strong and wise to the enemy's plans. His strategies for failure will not trip you up. You have humbled yourself before God and he is constantly helping you pull yourself up by your bootstraps. You are winning over every temptation that is trying to bring you down.

Scripture This:

Psalms 46:1 NLT:
God is our refuge and strength, always ready to help in times of trouble.

Psalms 138:3 NLT:
As soon as I pray, you answer me; you encourage me by giving me strength.

James 4:7 NLT:
So humble yourselves before God. Resist the devil, and he will flee from you.

Pray This:

God, sometimes I find it hard to resist the things that the devil tries to set me up with. I am asking you to encourage me today by giving me strength. I truly humble myself before you. Your word says the enemy will flee from me when I resist him. Help me to recognize when the devil has set a trap for me and to dig my heals in so he doesn't overpower me. I look to you when I'm in trouble. Thank you for helping me conquer every temptation that comes my way. In Jesus Name.

Say This:

I will not allow myself to fall into the trap of temptation. I will overcome temptation by resisting the devil, digging my heals in, holding on to the Word of God, and being reminded that I am the righteousness of Christ. I focus on what Christ has given me: his power and his love. With that combination I have strength and desire to do always do the right thing.

The Answer Man

Picture This:

You've broken it again. But God says, "We can fix this. Let me teach you. Let me show you how to handle your mistakes, your money problems, cranky loved-ones, and navigate long days. Let me teach you why people fight, why death comes, and why forgiveness is imperative." You step back, pick your head up, and grin, because he has all the answers.

Scripture This:

Philippians 4:19 NCV
My God shall supply all your need according to His riches in glory by Christ Jesus.

Psalm 23:1 NCV
The Lord is my shepherd, I shall not want.

2 Corinthians 5:17 NCV
If anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

Pray This:

God, there's so much I want to know. So many questions running through my mind. Can you give me answers? Help me fix my mess. You said you would supply all of my need according to your riches in glory by Christ Jesus. I'm counting on that. I'm also holding onto the idea that you are my shepherd, so I will not lack. Thank you for giving me the answers that I need exactly when I need them.

Say This:

I'm so glad that when I've got a mess on my hands, God is able to make all things new again. I look to God, as my Answer Man. He'll help me piece it all together and figure things out.

The Blood

Picture This:

The blood…sounds a bit gory, but it's a beautiful thing. As horrid as it was when it was shed, it brings salvation, healing, help, forgiveness, protection, blessing, and anything you could possibly need. You can't understand why Jesus would offer his blood for you, but you're grateful. It covers you. Everything about you. And it gives you access to everything you need.

Scripture This:

Hebrews 9:14 NLT
* Just think how much more the blood of Christ will purify our consciences from sinful deeds so that we can worship the living God. For by the power of the eternal Spirit, Christ offered himself to God as a perfect sacrifice for our sins.

Hebrews 13:20-21 NLT
Now may the God of peace—who brought up from the dead our Lord Jesus, the great Shepherd of the sheep, and ratified an eternal k covenant with his blood—may he equip you with all you need for doing his will. May he produce in you, through the power of Jesus Christ, every good thing that is pleasing to him. All glory to him forever and ever! Amen.

Pray This:

God, I come before you presenting not who I am, but presenting all that you son is. He is my righteousness because his blood was shed for me. This gives me the right to plead His blood over my life, and over everything you have given to me. I plead the blood of Jesus over my mind, my body, and my emotions. I am protected by your son's sacrifice. I plead the blood over my loved ones, over my friends, over my belongings, over my future, and over everything that concerns me. Thank you for your cleansing power that freed me from sin. It's all because of the blood. I am eternally thankful.

Say This:

The blood not only saves me and forgives me from sin; it ensures that everything I need in my life is mine. I will take time to ponder the richness of Christ's sacrifice for me. The next time I take communion, may it be all the more real to me: the reason he did it and what it gives me.

The Poor in Your Sight

Picture This:

Your compassion and mercy override every step you take. If there is someone less fortunate in your sight, you figure out a way to help. Your to do list: Help for the body and the soul, therapy for the temporal and the eternal, strength for the physical and the spiritual. You're well rounded style of ministry gets it done not only on the spiritual end but on the natural end as well.

Scripture This:

James 1:27 NLT
Pure and lasting religion in the sight of God our Father means that we must care for orphans and widows in their troubles and, refuse to let the world corrupt us.

Luke 4:18
He has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed.

Pray This:

God you reach out to the poor, the sick, and the hurting though your son, Jesus. Teach me to do the same. Give me a heart of compassion that bleeds like yours. You have sent me as your representative to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind. Show me how to set at liberty those who are oppressed and bring relief to their lives.

Say This:

I will be the heart, feet, and hands of Jesus. I will see the pain on people's faces and hear the hurt their voices. I will respond when someone is in need, not just looking to help in a spiritual way, but also being on the lookout for ways I can bless them in a natural way. I will make the poor my priority. When someone is hungry, I will respond. When an orphan cries, I will move into action. I will care for the poor like Jesus does.

The Presence

Picture This:

Living in God's presence. There's nothing better. You detect his unseen hand on your shoulder and his inaudible voice in your ear. You're familiar with each other. You can pick his voice out of a crowd. You give God your waking thoughts and he gives you his. His presence is thick enough to feel.

Scripture This:

Psalm 5:3
Every morning, I tell you what I need, and I wait for your answer.

Pray This:

God, I want to spend time with you in silence, not just constant chatter. I can be still and know that you are God. And when you want to talk, I want to be all ears. Then when it's my turn to fill your ear, I know you'll listen. Thank you for your presence in my life.

Say This:

I imagine every moment as a potential time of communion with God. I give God my whispering thoughts, and as I do, the common becomes uncommon. I question him about the hard parts. He fills me in showing me how to make them easier. When he talks, I listen. His presence is golden. It fills my soul.

The Rejoicing Difference

Picture This:

As David wrote & sang the Psalms in the wilderness; Shadrach, Meshach, and Abednego stuck with it in the furnace of fire; Jonah prayed in the belly of a fish; Paul and Silas sang in jail; and Jesus was thankful of God's will even as he was tortured. And you? You too, are rejoicing right smack-dab in the middle of your day. And it's making a difference!

Scripture This:

Psalms 50:15 NLT
Then call on me when you are in trouble, and I will rescue you, and you will give me glory."

Pray This:

God, I'm not feeling very joyful right now even though you invite me to give you praise. But here's what I'm going to do...I'm going to give it a try. I need your help. I'm knee deep in trouble, but I'm choosing not to worry. I'm going to trust you more. I'm going to stress less. And I'm going to put my grumbling on "MUTE". I'm giving you glory in the midst of my pain.

Say This:

I'm going to make a difference in my trouble by turning up my joy. When I'm banged up, have bird drops all over my windshield, coffee spilled on my clothes, and no money to pay the bill that's arrived, I'm calling out to God, and giving him the glory anyway. I know, IT'S MAKING A DIFFERENCE in my day.

The Second Mile

Picture This:

You've been presented a new option. Serving others who hate you, forgiving those who hurt you. Taking the lowest place, not the highest. Seeking to serve, instead of being served. Retaliating in kindness, instead of in kind. Tough stuff. But you've got it down. You go father because the Father fuels your passion to go the second mile.

Scripture This:

Matthew 5:41-42 NCV
Whoever compels you to go one mile, go with him two. Give to him who asks you, and from him who wants to borrow from you do not turn away.

Pray This:

God, give me a heart to go and do more than what's requested of me. At the end of one mile, give me the passion to keep going. Help me to surprise the people I'm with by saying, "I haven't done enough for you. I'm doing more." I look forward to acting like Christ when I give more at my job, give more to my family, give more to my spouse, and give more to my fellow man. I want to will do it with a glimmer in my eye and a smile in my heart. Help me to become an expert in going the second mile.

Say This:

I have been called to have a servant attitude. When I have a choice, I choose to go the second mile no matter how I feel and no matter how difficult. I live a God-centered life-bringing honor to God. Full of passion, I arrive early, I stay late, and I give it my all. No task is too small. I tell no one of what I do and I request nothing in return. My second mile habit blesses God when he sees what I'm up to.

Thinking of You

Picture This:

There is someone thinking of you. Someone who thinks enough of you to pray for you. Someone who cares, and someone who has your back when your back is against the wall. Who? Unbeknownst to you, God has someone in your corner. And they are breathing this prayer. Why don't you go ahead and breathe this prayer for someone too…

Scripture This:

Philippians 1:3, 4 NLT
Every time I think of you, I give thanks to my God.**4**Whenever I pray, I make my requests for all of you with joy,

Philippians 1:10-13 NLT
For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ's return. May you always be filled with the fruit of your salvation—the righteous character produced in your life by Jesus Christ—for this will bring much glory and praise to God.

Pray This:

God, I am so thankful for the people you have put in my life. I know that there are people praying for me. Thank you for putting me on their heart. Right now, I want to pray for_____ (insert name), Heavenly Father, help them to understand what really matters, so that they may live pure and blameless lives until the day Christ returns. May _____ (insert name), always be filled with the fruit of your salvation -- the righteous character produced in his/her life by Jesus Christ. This will bring tons of glory and praise to God.

Say This:

I know that God, who began a good work in _____ (insert name), is faithful to complete it. I speak blessing over their lives today. I declare that their path is littered with favor. I speak life over them in every area. They will know the hope they have in Christ and they will be successful in everything they do today.

Thirsty

Picture This:

You're thirsty. Just like you would thirst for water - that small feeling that takes root in your tongue and grows until you cannot stand it anymore - that's the feeling you have when you go for a while without connecting with God. You're days are not quite right without his touch. So you do everything you can to get alone with him and satisfy your spiritual thirst.

Scripture This:

Psalm 42:2 NLT
I thirst for God, the living God. When can I go and stand before him?

Pray This:

God, I don't want to ever wander aimlessly until I can't go any further without connecting with you. Quench my thirst as I spend time with you. I want your presence more than life. I want to be with you more than anyone else. I'm thirsty for you. Fill me up and refresh me with your living water.

Say This:

When can I go and stand before him? Now! Let’s do this… I will read His Word, listen to Him in prayer, and just be still. He's waiting for me. I'm ready to enjoy his company and restore my parched soul.

Time

Picture This:

You're a great achiever. You're successful. You have gained control over your time. You take every minute of the 24 hours you've been given each day and you make the most of it.

Scripture This:

Psalm 90:12
Teach us to number our days, that we may apply our hearts unto wisdom.

Pray This:

God, first, I want to thank you that you've given me another 24 hours to live and enjoy life. Second, I want you to help me today to make a difference in the world around me. Help me to do what matters. Show me how to watch my time, not my watch. Teach me to number my days, so that I can apply my heart to wisdom and live life fully for you.

Say This:

I have control over my time and it gives me control over my life. I choose to give my best time to my most challenging situations. I take care of the vulnerable times in my day by applying God's wisdom to the details of my life accomplishing much.

Trading Your Appearance for Power

Picture This:

You are locked into your earthly body and can't get out of it. It doesn't look the way you want it to, it doesn't move the way you want it to, and it doesn't always perform the way you want it to. However, the appearance of your body is no longer an issue to you. You have discovered that your body has no effect on the devil or the spiritual realm. You know that your spiritual battles are not won with your flesh, but won with your greatest weapon --God's Spirit.

Scripture This:

2 Corinthians 10:10
For they say, His letters are weighty and impressive and forceful and telling, but his personality and bodily presence are weak, and his speech and delivery are utterly contemptible (of no account).

2 Corinthians 10:3-4
We are human, but we don’t wage war as humans do.

We use God’s mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments.

Pray This:

God, when I'm tempted to focus on my physical appearance and the condition of my body, may the limitations of my flesh be to my advantage. Help me not to lean on my flesh. Keep me from getting distracted by the less-than-pleasurable aspects of my physical body. Teach me to stay focused on the spiritual realm where the real battle is won. Regardless of what I look like in the natural, thank you that I can be a holy terror to the devil in the spiritual realm.

Say This:

I know that my greatest weapons do not lie in my flesh or even in my talents, they lie in the spiritual weapons that I have through the power of Christ that works in me. I declare that no matter what others or I see in the mirror will no longer be of concern. I am anointed and powerful. I have the ability to pull down strongholds in people's lives and minds. I am so mighty in the Spirit that the devil runs for cover.

U Turns

Picture This:

You may have missed your first chance, but all you have to do is make a U turn. Instead of running away from God, you turn to him like you'd run toward a trusted loved one. You start going after him with all your heart. He takes your life and any situation and turns it around. Now you're going in the right direction1

Scripture This:

Jeremiah 29:11-14
For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen. If you look for me wholeheartedly, you will find me. I will be found by you," says the Lord. "I will end your captivity and restore your fortunes. I will gather you out of the nations where I sent you and will bring you home again to your own land."

Pray This:

God, I'm thinking about the chances I've had to do the right thing but messed it up. I'm so glad you know my heart and I'm thankful for your endless supply of new chances. Thank you that you are bringing me again to the place where I should be. I'm searching for you and we'll do this together!

Say This:

God is treating me like I've always been obedient and he is pumping His goodness into my life. His mercy is fresh today and I am taking advantage of it. No matter how much trouble I've gotten myself into, God has a plan to get me out. I am turning around and I'm going in the right direction.

Un-blending

Picture This:

You are different. You live in this world, but you go against the flow. You talk differently, you act differently, and you sing your tunes differently. You stand out like a sore thumb —one that's been healed. One that's changed. One that does not blend.

Scripture This:

1 Peter 2:9 NLT
But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into his wonderful light.

Pray This:

God, help me to stand head and shoulders above the crowd. With your help, I will do regular, ordinary things in an extraordinary and supernatural way with great enthusiasm. I want to show others the goodness of God. You've healed me in every way and you'll do the same for them. I refuse to blend in and my kind of life attracts my friends and they too are wanting to un-blend!

Say This:

I will not blend in with the crowd. I walk to the beat of God's drum, not someone else's. When the crowd goes left, I have the courage to go right. I am not persuaded or dissuaded by group opinion. Regardless of what others believe, I believe in truth and walk in it.

Unforgotten Blessings

Picture This:

You have excess. Your freezer is full of frozen food, you have clothes for every season, and shelter for your body. You might even have shelter for your car! Yet, there's not a proud bone in your body. You know where your provision comes from. You thank God every day for all that he gives you. You have not forgotten your source and it keeps you humble.

Scripture This:

Hosea 13:6 NLT
But when you had eaten and were satisfied, you became proud and forgot me.

Pray This:

God, when I bow my head to pray over my food, help me to put meaning behind the words. May it never be just something that is said - grace at every meal. And when I lay my head down on my pillow, may I take a moment to thank you for a bed to sleep in and a roof over my head. I appreciate everything that I have, I know it all comes from your hand. Keep me aware of your provision and I'll never forget you.

Say This:

I am not forgetful. I thank God every day for all that He provides for me. Not only does it show in my attitude, but it keeps me humble. God I am so appreciative of your care. Thank you for all these things I'm about to list…

1.
2.
3.
4.
5.

As I go about my day today, I will give thanks for the many things that pop into my mind. My God is good to me!

Untangled

Picture This:

Your heart is free from the things of this world. You've been called... and you're committed to the max. You're a soldier for Christ who stays focused and doesn't permit anything to drag you away from your fight of faith. You're living untangled from everything the world offers and living in the richness of Christ.

Scripture This:

2 Timothy 2:4 NLT
Soldiers don't get tied up in the affairs of civilian life, for then they cannot please the officer who enlisted them. And athletes cannot win the prize unless they follow the rules. And hardworking farmers should be the first to enjoy the fruit of their labor. Think about what I am saying. The Lord will help you understand all these things.

Pray This:

God, reveal to me the secrets of my heart. Show me any area in my soul where I have allowed something to tangle and trip me up in my walk with you. Is there anything that threatens to eliminate me from the fight? (Pause and allow God to speak to your heart.)

Say This:

I want to live untangled from anything that would slow down my walk with Christ. So today, I'm making a decision. I will not allow worldly possessions that are in my hand to rule my heart. I will remain free of materialism, worry, and concerns. I'm untangled!

Using Your Helmet of Salvation

Picture This:

You are aware of the benefits of salvation because of the helmet you have wrapped tightly around your head. It safeguards your mind from every mental attack of the enemy. Every minute of every day, you wear your helmet of salvation. It never comes off. You are so confident in the powerful reality of what your salvation means - it makes you noticeable. It's as if you had a physical helmet on everywhere you go! People notice you and they wonder what it is about you that makes you untouchable and blessed.

Scripture This:

Ephesians 6:27a NLT:
Put on salvation as your helmet…

Ephesians 6:17 MSG:
Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout your life.

Matthew 22:37 NLT:
LOVE the LORD your GOD with all your heart, with all your soul, with all of your strength & with ALL of your MIND.

Pray This:

God, I am so grateful for my salvation! I want to wrap the knowledge of all that my salvation includes around my mind so tightly so that the devil can never steal these benefits from me. Holy Spirit, I ask you to help me study the Word of God so I can understand everything that Jesus did for me on the cross. Convince me of the truth of salvation. It brings me healing, deliverance, blessings, and prosperity in every area of my life. Thank you for saving me and giving me the helmet that guards my mind so I can access every bit of my salvation.

Say This:

I wear my helmet of salvation so tightly around my mind, that the devil can't get his thoughts in my head. When Satan tries to chop away at the benefits of my salvation, he is completely powerless. My mind is trained to know what salvation means to me. I stand strong because I know the power of Jesus' death and resurrection so I can have life in every area.

Waiting For Dreams & Desires

Picture This:

Today's the day! What you have been waiting and longing for has finally arrived. All the expecting and hoping has paid off. It's now yours. That thing the Lord said you could have is now in your possession. That dream he put in your heart is now within your grasp. You *finally* taste the fruit of your faith because you believed!

Scripture This:

Proverbs 23:17,18 NLT
There is surely a future hope for you, and your hope will not be cut off.

Isaiah 30:18 AMP
“And therefore the Lord [earnestly] waits [expecting, looking, and longing] to be gracious to you; and therefore He lifts Himself up, that He may have mercy on you *and* show loving-kindness to you. For the Lord is a God of justice. Blessed (happy, fortunate, to be envied) are all those who [earnestly] wait for Him, who expect *and* look *and* long for Him [for His victory, His favor, His love, His peace, His joy, and His matchless, unbroken companionship]!”

Habakkuk 2:3 CEV
At the time I have decided, my words will come true. You can trust what I say about the future. It may take a long time, but keep on waiting--it will happen!

Pray This:

God, you are good Father, one I can trust. I know you have plans for my future and my hope is in you because you have not forgotten me. God, you wait earnestly and expectantly, looking and longing to be gracious to me, I ask that you have mercy on me and show me your loving kindness. Bring the dreams you have placed in my heart into being. Grant me the desires of my heart that line up with your word. And when I get impatient, help me to hold on. Thank you for your blessings, your favor, and your joy!

Say This:

I will see my dreams become reality. God is at work putting in motion everything that it takes to make my dreams come true. He is responsible to bring to pass the desires that he placed in my heart. It's in his hands and I wait expectantly. When I get frustrated and disappointed, I will shake it off knowing it happen in my lifetime. I am blessed, happy, fortunate, and to be envied because I will experience God's favor in my life! I will live out my God-given dreams and desires. I receive it. Thank you Jesus!

Waiting a Long Time

Picture This:

The waiting used to be more than you could bare. But now, you are ok. You've learned to be patient. You know God has a plan. And you trust him with his timeline. You don't give up on what you desire, you just give up your calendar and go by his. You rest in the day and time God chooses because his plan is far superior to yours, timing and all!

Scripture This:

Psalms 145:15-16 NLT
The eyes of all look to you in hope; you give them their food as they need it. When you open your hand, you satisfy the hunger and thirst of every living thing.

Psalms 39:7
And so, Lord, where do I put my hope? My only hope is in you.

Psalm 62:1, 2 TLB:
I stand silently before The Lord, waiting for him to rescue me. For salvation comes from him alone...Why should I be tense with fear when troubles come?

Pray This:

God, I know your Word says I can completely trust you. Help me when I feel like I'm about to give up. I want to hang on. Show me how. I stand before you, quiet, looking to see when you will rescue me. I know salvation from everything that pains me comes from you. Take away the tenseness in my shoulders and neck. The headaches that try to surface will disappear in Jesus name. And that knot in the pit of my stomach, that's got to go too. When fear comes, make it leave. I will wait for you until the time is right, knowing you've got everything down to a science and I can trust you.

Say This:

I have no reason to fear the days, weeks, months, and years of waiting. I am so completely trusting God to make everything right in my life that I abandon my timeline. I look for him to rescue me. My god will open up his hand and give me what I need at just the right moment. And until that happens, I will be ok.

When You Feel God is Angry

Picture This:

The enemy tries his hardest to get you to believe God is angry with you for your sin and mistakes. But you are wise to his games! He's the one who roams around like a roaring lion trying to impersonate the King of Kings and Lord of Lords. You stay alert, watching out for him. You're not about to let him devour you. You know that Christ has wiped your slate clean and there is nothing you can do to reverse that.

Scripture This:

Isaiah 54:9-10 NLT
"Just as I swore in the time of Noah that I would never again let a flood cover the earth, so now I swear that I will never again be angry and punish you. For the mountains may move and the hills disappear, but even then my faithful love for you will remain. My covenant of blessing will never be broken," says the Lord, who has mercy on you."

1 Peter 5:8 NLT:
Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.

Prov 19:12 NLT:
The kings wrath is like a roaring lion, but his favor is like dew on the grass. When the devil goes about like a roaring lion, he is trying to impersonate the King. Trying to make you feel as if God is angry with you.

Pray This:

Father, I am so grateful that I never have to be afraid of your reaction to my past, my present, or my future. When I make mistakes, as I often do, I can rely on your loving response rather than fear your anger. You said you would never be angry and punish the earth again. When the enemy tries to make me feel you are angry, remind me that he's just prowling around trying to make you sound ferocious! Thank you that I have your favor through your son's sacrifice and it covers anything I could do that displeases you.

Say This:

I am confident that there is nothing I can do to mess up God's love for me. God loves me no matter what my deal is. I can be secure knowing he is not mad at me, not bitter, not even trying to punish me. I am forgiven and nothing can separate me from his favor. I will remind myself that I am always in God's good graces and he is never angry with me.

When You Need God With You

Picture This:

You can feel God so close you can almost feel him breathe over your shoulder. His presence is so real you feel secure even though things have gone upside down on you. You're confident he has his eye on you and that he is near to handle every difficulty you experience. You know God's got your back and you are free of concern.

Scripture This:

Jeremiah 20:11 NLT:
But the Lord stands beside me like a great warrior.
Before him my persecutors will stumble.
They cannot defeat me.
They will fail and be thoroughly humiliated.
Their dishonor will never be forgotten.

Pray This:

Father. Thank you that you are always with me. Even when I feel alone or afraid you I know you are near. I pray today for your protection everywhere I go. Cover me like a blanket. Back me up. You Lord, stand beside me like a great warrior. Anyone rising up against me will stumble. They cannot defeat me. And if they try -they will be the ones to bite the dust and be humiliated. Thank you Lord that you are always by my side.

Say This:

God has my back, I'm sure of it. Jesus is by my side every step I take. Whether I feel like it or not, I know Jesus is there. The enemy will not trick me anymore when he wants me to believe I'm on my own. I turn those thoughts around and remember God is near.

When You Need to Apologize

Picture This:

You feel like a dog dragging his tail. You made a mistake. But thankfully you know what to do. You will handle it with humility and courage. You will seek God's face and he will be your help as you make things right. Your apology will make you feel brand new inside after it' done. It will be a great feeling. You'll be glad you did!

Scripture This:

2 Chronicles 7:14 NLT:
Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.

Philippians 3:13-14 NLT:
No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

Pray This:

Father, I've blown it. It's something I'm not proud of but I am leaning on you to help me do the right thing. Forgive me. I may not be able to make up for my mistake, but I want to always do what I can to bring restoration, healing, or justice to any situation. Help me to humble myself and apologize anytime I have hurt someone or done the wrong thing. I ask you for the right words and the strength to say them. And then God, help me to forgive myself and move on. Thank you for your generous supply of mercy, which is new every day.

Say This:

I choose to be smart even after I've been dumb! When I mess up, I will fess up. I am making a decision to keep a clear conscience and a clear heart. I will stand back and take a look at what I've done. I will try to access things correctly with God's help. Then I will humble myself and be quick to apologize. I will always do the right thing even when it may be tough. God will take care of me as I forget the past and look to what lies ahead.

Where's Your Attention

Picture This:

You've forgotten about it. What you say? The nerve-wracking distractions that you used to encounter spiritually. You used to worry about what people thought of you. But no more. You used to fix your eyes on them and living to please them. But no more. You used to worry about your sins; living in guilt. But no more.

Scripture This:

Colossians 2:13
"he forgave us all our sins"

Ephesians 4:32
"God forgave you"

Hebrews 10:18
"your sins have been forgiven you for His name's sake"

Pray This:

God, I'm still being reminded that you will never forgive me any more than I've already been forgiven. It's taking some time for this to work into my mind and heart. It's a message that so different from what I've believed in the past. I'm asking you to totally convince me that ALL MY SINS HAVE BEEN FORGIVEN. I don't have to worry about anyone else and what they think. I'm clean. Thank you Lord!

Say This:

My attention is no longer focused on how I've been doing lately. Or on what other people think of me. I'm not even focused on my sins. I'm turning my back to all those distractions and looking up. I'm setting my mind on things above where Christ is seated. Jesus is getting my full and complete attention. And I am finding peace, rest, and I'm enjoying my life!

Who's in Charge

Picture This:

You don't know why bad things happen, but you trust God's oversight. You don't know how things will be resolved, but you know who's in charge. It's God. He's the one who counterbalances the mystery of why and how. And as long as he has answers, you don't have to.

Scripture This:

2 Corinthians 3:5 NCV
Not that we are sufficient of ourselves to think anything as being from ourselves, but our sufficiency is from God.

1 Corinthians 15:58 NCV
Be steadfast, immovable, always abounding in the work of the Lord.

Philippians 4:4 NCV
Rejoice in the Lord always. Again I will say rejoice!

Pray This:

I've been pushed to my limit in a few areas. You've seen how far I've stretched. I don't get it. But I know you do, so I look to you. I want to rejoice in you always. So I will, but you've got to help me be steadfast, immovable, and always abounding in the things of God. Help me to leave the oversight of my life to you. Every situation, every detour, every surprise along the way. I trust you, because you're in charge.

Say This:

I'm not sufficient in myself; everything I have is from God. Every brilliant idea, every solution to a problem that I figure out, it all comes from the insight God gives me. I rest knowing I am not in this alone. He is far more knowledgeable about everything I face. With God in charge, I'm ok. In fact, I'm more than ok. I'm in good hands.

X-Ray Vision

Picture This:

God has x-ray vision when it comes to you. That's good, because you don't have a clue most of the time. Yes, you have a brilliant mind and intuitive heart to perceive and ponder what you see around you. But your perception of yourself is tainted - more than you think. Thankfully, that's not a problem, because God see's it all. And when it comes to something you need to zoom in on, you've learned to listen to his nudges and you hear from his word.

Scripture This:

Psalms 139:1-4 NLT
O Lord, you have examined my heart
and know everything about me.
You know when I sit down or stand up.
You know my thoughts even when I'm far away.
You see me when I travel
and when I rest at home.
You know everything I do.
You know what I am going to say
even before I say it, Lord.

Hebrews 4:12-13 NLT
For the word of God is alive and powerful. It is sharper than the sharpest two- edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. Nothing in all creation is hidden from God. Everything is naked and exposed before his eyes, and he is the one to whom we are accountable.

Pray This:

God, you know me better than I know myself. Because I'm mindful of that, I'm asking you to help me tap into your thoughts. Show me where I need to grow. Show me what I need to change. Show me how to behave. Thank you that your word is alive and powerful enough to help me become who you want me to be. As I read it, may I be open to its wisdom and instruction.

Say This:

God examines my heart and knows everything about me. He knows when I sit or stand. He knows my thoughts even before I think them. What a great advantage! I make myself accountable to him and he helps me live the way he would. I'm allowing his word to map out the way I do life.

Yes You Are

Picture This:

Questions used to plague your mind. "If you are a Christian, why are you sick?" If your heavenly Father is so good, why do you have so many problems? "If your God loves you, why doesn't he help you?"

Things like that no longer fill your head, because you know the devil brought Jesus similar questions to doubt his beliefs too. "If you are the Son of God..." (Matt 4:3) So, you take your cues from Christ and quote scripture back in the enemy's face. Yes, you are a child of God and entitled to his promises and blessings.

Scripture This:

Romans 8:17
And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God’s glory.

Galatians 4:6-7
And because we are his children, God has sent the Spirit of his Son into our hearts, prompting us to call out, k “Abba, Father.” Now you are no longer a slave but God’s own child. And since you are his child, God has made you his heir.

Pray This:

God, when the devil tries to make me doubt my son-ship, remind me who I am. As your heir, I inherit all the blessings of God, which Jesus died to give me including healing, prosperity, wholeness, favor, intimacy, and all other kinds of answered prayer. What a privilege. I'm eternally thankful.

Say This:

I am God's child, his heir. I am this because of what Christ did and the enemy can't take that away from me. I know who I am. I will enjoy every bit of my inheritance in Christ, not because I deserve it, but because it was paid for by Christ's blood.

You Failed

Picture This:

You feel like you failed the assignment God gave you. But that's ok. Everything fell apart under your guard. But that's ok. You are responsible for the failure. But that's ok. Nothing you could have done could have changed the negative fallout. But that's ok. You pick your head up, dust off your boots and carry on. How? The same power that raised Jesus from the dead gives you the grace to pick up the pieces.

Scripture This:

2 Timothy 2:1:
…be strong in the grace that is in Christ Jesus.

Ephesians 1:19 NLT:
I pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms.

Pray This:

Lord, I'm sorry when I've placed limitations on the blessings you wanted to give me because I didn't think I deserved them. I'm ready now. Pour it on. Bless me with extra strength that I desperately need in my life right now. Thank you for making this power completely free and at my disposal. Help me to understand the greatness of your power so that it can increase in my life. Backed by your power, there's nothing I can't recover from.

Say This:

God's supernatural power I need right now doesn't come because I deserve it. It comes because it's a gift that I am opening and using. I will be strong in the grace that is in Christ Jesus. Satan, I will lay hold of the steady currant of God's power that comes to me as result of His grace, and there's not a thing you can do to stop me!

You're a Witness

Picture This:

You may never have traveled farther than your home state. Nor studied the ways of other cultures. Your passport may not be worn; and you may not be very sophisticated. No formal education in theology or even sensitivity. Yet, you have been called. Called to reach others with the gospel of Christ. You may consider yourself a hillbilly; but you're a witness. You may consider yourself a misfit; but you're a witness. You may consider yourself unintelligent; but you're a witness. You may consider yourself unqualified; but you're a witness. You may have once doubted; but today, you're a witness. You have witnessed a love so potent that it changed your life, now you will tell others how it can change theirs.

Scripture This:

Psalm 9:1
I will praise You, O Lord, with my whole heart; I will tell of all Your marvelous works.

Acts 1:8
"You shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

Pray This:

Lord Jesus, you've given me a gift that ensures my salvation. I am a recipient of the splendor and the love of God. I would be selfish if I didn't tell others about it. I want to tell of all your marvelous works. As you give me power through your Holy Spirit, I will be your witness. I will share your love and hope all over the place. I want you to pour out your Spirit on me in a fresh new way. Give me boldness, give me the words to say, and give me converts in Jesus Name!

Say This:

I will spearhead a movement that will explode in my little corner of the world. I will be like an opened fire hydrant and spill into the ends of the earth. What I have will spill into the streets of my hometown and beyond. I will take the love of Jesus Christ into the store, into the bowling alley, into the car wash, on the bus, on the highway, on the job, and on and on wherever I go. I will see people come to the saving knowledge of Christ though my story, through His story, and they will end up with their own story.

You’re Attached

Picture This:

You're as close to Jesus as a branch is to a vine. You're an extension of him and it's impossible to tell where one starts and the other ends. You constantly draw nutrition from your vine. If you were ever separated, it would not be pretty. So you stay. Attached. Fruitful and fully satisfied.

Scripture This:

John 15:5,7 NCV
I am the vine, and you are the branches. If any remain in me and I remain in them, they produce much fruit. But without me they can do nothing…if you remain in me and follow my teachings, you can ask anything you want, and it will be given to you.

Pray This:

God, you said if I stay attached to Jesus, the vine, I will have tons of fruit flowing from my life. I know without Jesus, I can do nothing, so I ask you to help me remain in you, follow your teachings, and as I do, I will know exactly how to ask for what I want and it will be given to me.

Say This:

I am attached. Jesus and me. Two peas in a pod. Where I go, he goes. Where he goes, I'm there too. I do nothing without him. He’s lifeline to everything I need. My fruit looks like his because I'm attached...and will be forever!

You’re Being Followed

Picture This:

You're being followed! By what you say? Signs. And this isn't as much of a stretch as you used to think. Today, you are releasing your faith for the miraculous to follow you whenever you share about Christ. Unbelievers are stirred. Followers are encouraged. The Holy Spirit's power is flowing and confirming the message you're sharing.

Scripture This:

Mark 16:17 NLT
These miraculous signs will accompany those who believe: They will cast out demons in my name, and they will speak in new languages.

Pray This:

God, I admit, I haven't been in the habit of expecting signs to follow me when I share the hope of Christ with others. I want that to change…right now! Because I want to constantly be releasing my faith for the miraculous to follow me, I expect to see people healed and people set free. In Jesus name!

Say This:

I'm being followed. Signs and WONDERS follow me! I am intensely hungry to see the miraculous, and I'm believing for God to manifest his power. I release my faith right now for supernatural things to happen in my life and in the lives of others I talk to and share with. It's beyond me. It has nothing to do with me. I'm just going to step out there…believing and seeing God move.

You’re Being Watched

Picture This:

You're being watched. Don't worry; it's no one you should be afraid of. It's God's eyes that are on you so you can live worry-free. Carefree. He sees, he hears, and he moves to action when something upsets you, disrupts you, or tries to stop you. You have an audience with God! Not only is he watching you, he is singing about you. You're such a good thing in his sight that he whistles a little tune with your name in it.

Scripture This:

1 Peter 5:7
Let Him have all your worries and cares, for He is always thinking about you and watching everything that concerns you.

Zephaniah 3:17 NLT
He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs.

Pray This:

God, when my life is coming undone, I look to you to help me tie up the loose ends. Right now, in some areas of my life, I feel unsightly. Because of the tares I've made in my in the tapestry of my life, sometimes I feel like you'd rather not look at me. But it's reassuring to know that your word says you are watching everything that concerns me. Thank you for taking delight in me with gladness. Calm me down with your settling love as you rejoice over me with singing. Thanks, God, for watching me.

Say This:

I'm being watched like a parent would watch over their small child. Nothing about me escapes God's attention. I love that about Him. He sees all of my problems, sees all of my challenges, sees my insecurities, and still chooses me to be the apple of his eye. I will remain calm and free in all my coming and going because I've got a God who sees me.

You're Loved Regardless

Picture This:

You are no longer convinced God hates you. Though you can't stand yourself sometimes, he's all grins when he sees you. You don't like the things you say and do. He doesn't either, but he still loves you. Even when your sin could be nauseating, he doesn't turn away. He's there loving you back to right living. You're loved. No ifs. No ands. No buts. God loves you regardless of what you do.

Scripture This:

1 John 3:29 NCV
If our heart condemns us, God is greater than our heart, and knows all things.

1 John 5:13 NLT
I have written this to you who believe in the name of the Son of God, so that you may know you have eternal life.

Colossians 1:13-14 NLT
For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, 14 who c purchased our freedom and forgave our sins.

1 John 4:18 NLT
Perfect love expels all fear.

Pray This:

God, when I'm tempted to doubt your grace, wake me up. You love me too much to leave me in doubt. You never keep a list of sins consulting it often. In fact on your list, there's nothing listed. How did that happen? Oh, yes, your grace. Your love. Your Son. He covered it and I'm eternally forgiven and eternally thankful.

Say This:

I have been purchased. I have been given freedom and forgiven. I will not condemn myself anymore. The past is in the rearview mirror and I refuse to look back. God has made my heart clean and I am loved extravagantly. I will remind myself today that God loves me regardless of what I've done or who I am. I'm loved.

You're Perfect

Picture This:

Just as God spoke the world into existence, he spoke your new spiritual heart into being. You are new at the core because of the words God has spoken. He took your old self, nailing it to the cross. Then he buried your old self along with Christ. The two of you were raised from the dead in newness. God has placed his desires in your mind and on your heart so that you want them yourself. You are aligned with him, and you agree.

Scripture This:

Colossians 1:22-23 NLT
Yet now he has reconciled you to himself through the death of Christ in his physical body. As a result, he has brought you into his own presence, and you are holy and blameless as you stand before him without a single fault. But you must continue to believe this truth and stand firmly in it. Don't drift away from the assurance you received when you heard the Good News. The Good News has been preached all over the world, and I, Paul, have been appointed as God's servant to proclaim it.

Pray This:

I often find myself doubting and wondering if I need more of you to be made whole. I realize now that fluctuations in my mind and emotions cause that. Teach me to tune out the enemy when he whispers that I need more to be complete in you. I'm already a new creation and I'm choosing to believe that more and more each day.

Say This:

As I wake up and live in the midst of everything earthly, I remember that God is at my spiritual core. I am a member of the royal priesthood on earth, an alien and a stranger to the world. I am in Christ and he is in me. God sees me as perfect in his sight.

You’re Right

Picture This:

You're desperately wanting a clean conscience. You got it! You're craving a clean slate. You got it! You're yearning for a fresh start. You got it! You pray for a being who will enter the dark places in your world and do for you what you can't do for yourself…you got it. You're right again. Relax.

Scripture This:

2 Peter 1:3-4 NLT
By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence. And because of his glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world’s corruption caused by human desires.

Pray This:

God, I will never stop thanking you for wiping my slate clean. When I think about all the ways I have failed and all the things I've done that have displeased you, I am taken back by your kindness. I am righteous because of your grace. I am grateful that you give me everything I need to live a godly life. And because I share your divine nature, continue to make me more like you.

Say This:

Everything that goes into a life of pleasing God has been miraculously given to me by getting to know, personally and intimately, the One who invited me to God. It was the best invitation I ever received! I am righteous and have everything I need.

You're Stunning

Picture This:

You are all about dwelling in the radiance of Christ. No doubt about it. God has ambitious plans for you. The God who saved your soul has also remade your heart. His plan was to transform you from the inside out. That he did. You radiate. You're brilliant. You shine.

Scripture This:

Romans 8:29 MSG
He decided from the outset to shape the lives of those who love him along the same lines as the life of his Son.

Pray This:

God, I know you have been at work changing me into the splitting image of Christ. I accepted your offer. I long to look into the heart of your son. As I spend time reflecting on his intimacy with you, Father, show me how to live like he did. Show me how to live in your shadow. How to do only what makes you famous. How to put others first and love them like crazy. Amen.

Say This:

In seeing Christ, I see what I have become. I have the Jesus-look. When people see me, they'll be able to say…they've seen the father. Lovely. Radiant. Glorious. Brilliant. That's what Christ has made me. Wow, I'm stunning thanks to Him!

You’re a Messenger

Picture This:

You have a message and an assignment. You are a mouthpiece that echoes the love of God. Even your behavior mouths the love that oozes out of the heart of God towards others. You can't help it, it's automatic. You're so full of God that you're a walking billboard declaring his promises. Your message is loud and clear.

Scripture This:

Mark 16:15 MSG
Then he said, "Go into the world. Go everywhere and announce the Message of God's good news to one and all.

Pray This:

God, I ask you to help me become a carbon copy of your son. That's not too much to ask because that's what your Word challenges me to do. So, it has to be possible! My actions will mimic Christ's. My heart will beat like his. My mission is to tell about his selfless sacrifice. Help me to exude with your boundless love so I can communicate to the world who you are. May they accept the message you place on my lips and may they receive the love that characterizes who you are. May my message be clear.

Say This:

Every day, I go into the world on a mission. I'm dying to tell everyone I meet about the Message of God's good news. His unending mercy, his overwhelming love, and the grace that favors us and empowers us to turn from sin and live right. My mouth and my message is his.

Your Authority as a Believer

Picture This:

You are unstoppable! You know how to crush the enemy's head because you've been spending time with Jesus. His power flows through you and has taught you to put the enemy in his place. You can stand up to the devil and he will flee because you know who you are in Christ.

Scripture This:

Luke 10:19 NLT:
Look, I have given you authority over all the power of the enemy, and you can walk among snakes and scorpions and crush them. Nothing will injure you.

Ephesians 1:19-23 NLT:
I also pray that you will understand the incredible greatness of God’s power for us who believe him. This is the same mighty power that raised Christ from the dead and seated him in the place of honor at God’s right hand in the heavenly realms. Now he is far above any ruler or authority or power or leader or anything else—not only in this world but also in the world to come. God has put all things under the authority of Christ and has made him head over all things for the benefit of the church. And the church is his body; it is made full and complete by Christ, who fills all things everywhere with himself.

Pray This:

Father, through your son, you have given me authority and power over the enemy. When I get in a bind, help me to remember this! Help me to understand the incredible greatness of God's power for me and other believers. It's amazing that the same power that raised Christ from the dead and seated him at your right hand is available to me. I receive it in Jesus name! Show me how to use my authority as a believer.

Say This:

Jesus has given me protection from every assault of the Enemy. No one can put a hand on me. I am grateful for God's authority over me and his presence with me—that's my agenda for rejoicing. I will walk in his power and might. Nothing is going to stop me. I am full of Christ and he resides in me and works through me. Look out!

Your Covenant Friend

Picture This:

That covenant friend of yours - he's always around. Always has time to talk. Having a bad day? He's always sensing your mood. Having a bad year? He's there to help you pick up the pieces. He carries your cares on his shoulders. In fact, he's been seen carrying you during tough days. Cool guy. This friend's for keeps. You never have to worry about him leaving your side, betraying you, or stabbing you in the back. This friend will always and forever be there in your corner with love and understanding.

Scripture This:

Matthew 28:20
I am with you always even to the end of the age.

Revelation 3:18
He offers you "white garments, that you may be clothed, that the shame of your nakedness may not be revealed"

Psalm 118:5
I called on the Lord in distress; the Lord answered me in a broad place.

John 15:15 GWT
I've called you friends because I've made known to you everything that I've heard from my Father.

Pray This:

Jesus, you're the kind of friend everyone wants. How lucky am I? Well, I know it's not luck. I receive your blessing of friendship because of the covenant you made with me. I've been set up to have an intimate friendship with the most amazing person who has ever walked the planet. Thank you that I can count on you and that you will always be available anytime I need you. Watch over me, watch my back, and watch me move closer and closer to you as I get to know you better. I am grateful for your amazing friendship.

Say This:

I have a friend for life. This friend is always working things out so I can get ahead. He's got my back and I have his! I enjoy my friendship with Christ so much that I can't wait to spend time with him throughout my day. He's my constant companion. The one I trust with my secrets, my dreams, my ambitions, and my life.

Your Cross

Picture This:

Your cross isn't your unrelenting boss, your pitiful marriage, your boring teacher, or your mother-in-law. Your cross is your response to your nagging situation. Thankfully, you've learned how to carry your cross. You learned from Christ as he carried his. You take on your challenges with the might of the Lord. Because the cross is a tool of redemption and an instrument of salvation. And if you can die on your cross so does your challenge.

Scripture This:

Acts 20:24 NCV
None of these things move me; nor do I count my life dear to myself, so that I may finish my race with joy.

1 Corinthians 15:58 NCV
Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

Philippians 1:6 NCV
Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.

Pray This:

God, I get so sick of having to carry a cross sometimes. I'd rather you took it away from me, but I know that you'd rather teach me how to bear it better. So, I'm reaching out to you, show me how to die to my flesh, let you work out the stuff in me that needs to change. Let my response to sorrow and hard stuff be the response a savior would make. I am confident that the good work you started in me will be completed. So grateful, Amen.

Say This:

The things that are hard to bear will not move me. I will finish my race with joy. Every round will be competed with the right heart and the right response. My attitude will be pleasing to God and everyone around me. I am steadfast, immovable, and I always abound in the things God has involved me. I do what I do for the Lord, which makes my cross bearable.

Your Hospitality Rocks

Picture This:

Though human contact is less and less, you love people, so you make time for them. Even in this fast paced society, you are on the lookout for ways you can interact and connect with people. You take time to be hospitable. You see the value in making others feel valued. You open your home, you open your phone, and you open your heart. Whether it's over a meal, a minute of conversation, or a quick cup of java, your hospitality rocks! …You're bringing hope and healing to the hurting.

Scripture This:

Proverbs 17:17 NCV:
A friend loves at all times.

1 Timothy 6:11 NCV:
Pursue righteousness, godliness, faith, love, patience, and gentleness.

Proverbs 11:24 MSG:
The world of the generous gets larger and larger.

Pray This:

Lord Jesus, Give me the desire to open my home to serve others. Give me the heart to listen when another's heart is heavy. Make me quick to share a meal, give a word, or give a minute of my time to connect with others. I want to be the friend that loves at all times. Help me to pursue righteousness, godliness, faith, love, patience, gentleness as I am looking for ways to serve others by being hospitable.

Say This:

I look for ways to share what God has given me to bring hope and healing to the hurting. I am ever ready to open up my home, my car, and my hand to those who need a little of my time. I go out of my way to put down my phone, put social media aside, and fully look into the face of the one I am with. I zero in on their person and am fully present with them. They become the most important person in the room to me when I am with them. With the love of God, I rock with hospitality!

Your Pastor in the Pulpit

Picture This:

Your senior pastor(s) is (are) full of revelation power. They study, they pray, and they prepare a feast for you and your church every week. It's a tasty meal that nourishes and satisfies. As they seek the Lord, He gives them counsel and just the right material to disciple and train you. They are shaping you into a lovely vessel used of God. Every week, it's good to be in God's house under their teaching.

Scripture This:

Isaiah 11:2,3 NLT:
And the Spirit of the Lord will rest on him — the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord. He will delight in obeying the Lord. He will not judge by appearance nor make a decision based on hearsay.

2 Timothy 1:13,14 NLT:
Hold on to the pattern of wholesome teaching you learned from me—a pattern shaped by the faith and love that you have in Christ Jesus. **14**Through the power of the Holy Spirit who lives within us, carefully guard the precious truth that has been entrusted to you.

Ephesians 6:19 (NLT)
(Paul) And pray for me, too. Ask God to give me the right words so I can boldly explain God's mysterious plan that the Good News is for Jews and Gentiles alike.

Pray This:

Father, my senior pastor(s) have a huge responsibility before them. I cannot imagine the load they carry each week preparing for sermons and teachings. Please fuel them with your energy and strength. I ask that the Spirit of the Lord rest on them - the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord. I pray that they will delight in obeying the Lord. May the pattern of teaching they use be shaped by the faith and the love of Christ. Give them the right words so they can boldly explain the gift of salvation to all walks of life. Give them hope as they instill hope in me and others. Amen.

Say This:

The life-giving Spirit of God will hover over my senior pastor(s). The Spirit that brings wisdom and understanding, the Spirit that gives direction and builds strength, the Spirit that instills knowledge and Fear-of-God is all over them. The fear-of-God will be their joy and delight. My pastor's words will bring everyone to attention. A mere breath from his/her lips will topple the wicked. Each morning he'll/she'll get on it and build righteousness and faithfulness in our church and community.

Your Prince

Picture This:

You're night-in-shining armor has arrived. He's everything you need him to be. EVERYTHING. Because he gives you peace, you have everything you need. How so? Because the peace of God inside of you translates into the peace of God outside of you. In every way, your Prince of Peace prospers you.

Scripture This:

Isa 9:6 NLT
For a child is born to us,
a son is given to us.
The government will rest on his shoulders.
And he will be called:
Wonderful Counselor, Mighty God,
Everlasting Father, Prince of Peace.

Pray This:

Father, thank you for your son, Jesus, the Prince of Peace. Help me to grab a hold of what his peace means for me. I know it's the kind of peace that showers down answers for my every need. It's not just a feeling of calm, it's provision. I receive the peace that your son has provided me with today.

Say This:

Because Jesus is my peace; I am blessed in more ways than one….I am blessed in every way. My soul prospers, my health prospers, and my finances prosper. My loved ones are taken care of. My relationships flourish. I enjoy the favor of God, all because I have the Prince of Peace.

Your Rainbow

Picture This:

After a harsh storm, full of roaring thunder and flashing lightening, comes a beautiful rainbow. Your rainbow. It leaves your breathless with its beauty. Its color-fullness is a touching reminder of God's promise to you: He will never again destroy you or life around you. That's the sign you've been waiting for. That rainbow is your guarantee of life in areas that feel dead.

Scripture This:

Genesis 9:13 NLT
I have placed my rainbow in the clouds. It is the sign of my covenant with you and with all the earth.

Pray This:

How sweet you are God, that you made such a picturesque emblem of your promise to preserve my life. Remind me each time my eyes fall upon a rainbow, to understand it's meaning. To embrace what it symbolizes for me and for mankind. You desire to preserve me so I can enjoy a covenant relationship with you. May I never see a rainbow without contemplating its meaning.

Say This:

What a beauty God places in the sky. Colors that blend so sweetly against the sky of blue. Even when the clouds are present and my storm has blown through, I look for the rainbow that assures me each time, God is near and his purpose is to preserve me and keep me. That rainbow is mine.

Your Reason for Hope

Picture This:

You receive a promise from God or you embrace a promise in His Word. Then the waiting begins. Though it takes time, sometimes more time than you think it should, you have hope. Even against all odds, your faith remains strong amidst the obstacles. You believe God is good and yes, he will deliver. You have reason to hope.

Scripture This:

Romans 4:18-21 NLT
Even when there was no reason for hope, Abraham kept hoping—believing that he would become the father of many nations. For God had said to him, “That’s how many descendants you will have!”

And Abraham’s faith did not weaken, even though, at about 100 years of age, he figured his body was as good as dead—and so was Sarah’s womb.

Abraham never wavered in believing God’s promise. In fact, his faith grew stronger, and in this he brought glory to God. He was fully convinced that God is able to do whatever he promises.

Pray This:

God, Abraham had to wait, it seems, forever. Poor guy! I'll probably never have to wait as long as he did to receive the promises you've given me, but if I do, I have hope. Teach me to dig in for the long haul. When my hope tries to fade against the tests of time and natural knowledge, remind me of my reason for hope: you!

Say This:

God loves me so much and will not take back His promises. I will stay strong in my hope. I will not weaken, even when time passes. My faith will grow stronger and it will bring glory to God. I am fully convinced that God is able to do whatever he promises me.

Your Rights

Picture This:

You can't lose. The favor of God is all over you regardless of your performance or your past. You've got an edge that can't be described in natural terms. People who don't know Christ wouldn't understand because they don't possess it. But you - you can't be missed. Every place your feet land is a place of blessing and abundance. You have a right to favor.

Scripture This:

Psalm 1: 2-3 NLT
Oh, the joys of those who do not
follow the advice of the wicked,
or stand around with sinners,
or join in with mockers.
But they delight in the law of the Lord,
meditating on it day and night.
They are like trees planted along the riverbank,
bearing fruit each season.
Their leaves never wither,
and they prosper in all they do.

Pray This:

God you are so good to me. I am so grateful. Everyday I'm reminded that I have favor that puts me in front of the pack. I have rights that the devil can't deny me or take away. When he tries, give me the wisdom to believe Psalm 1:2-3. I will not be moved from the reality that my life is blessed. Thank you for prospering me.

Say This:

I am like a tree firmly planted by streams of water, ready to bring forth fruit in its season. My leaves will not wither or fade. Everything I do prospers and excels. When people wonder why things go my way, I'll be able to say: I have rights to the goodness of God, and you can too. Let me show you…

Your Travel Guide

Picture This:

Your travel guide motions for you to sit down on the tip of the mountain with him. He encourages you to take a look at the peaks that will never erode. He reminds you: “Just remember, you’ll go nowhere tomorrow that I haven’t already been.”

Scripture This:

Isaiah 58:11

The Lord will always lead you. He will satisfy your needs in dry lands and give strength to your bones. You will be like a garden that has much water, like a spring that never runs dry.

Pray This:

God, how sweet it is that I cannot get out of your presence. The only way I can ditch you is if I choose to leave you behind. I’m glad you’re with me. Thank you for your provision, protection, and the satisfaction of knowing you’re with me all the way.

Say This:

God will always show me where to go. He gives me life that’s full even in the emptiest of places. I have firm muscles and strong bones. I am like a well-watered garden, a gurgling spring that never runs dry.

Your Weak Vessel Baffles the Strong

Picture This:

Others may see you as puny and powerless - even laughable. But with God, you pack a mighty punch! You put to shame all of the evil forces that come against you. You are an emerging power that can alter the face of history - yes, you! You may look common, regular, and run-of-the-mill but don't let them underestimate you. What you have may even seem small in comparison to what others possess, but that doesn't mean you're eliminated from God's list of candidates. You've been chosen by God to change the world.

Scripture This:

1 Corinthians 1:27 NLT:
…God chose the things the world considers foolish in order to shame those who think they are wise. And he chose things that are powerless to shame those who are powerful.

KJV:
...God hath chosen the weak things of the world to confound the things which are mighty.

Pray This:

God, help me to see in myself the full potent potential I have been given through Jesus Christ. Though others may see me as weak and puny, with not much to offer, I ask you to convince me of what I have been given through the promises of your Word. With your grace and power, I can rise above any weakness or inadequacy that has hindered me in the past. God, help me to confound the things, which are mighty, In Jesus Name.

Say This:

I am not low grade or inferior. I will confuse and frustrate the enemy. God has made me a mighty force to be reckoned with. I am filled with the Spirit of God and I have the call of God on my life. My gifts and talents may seem small to others, but I have all that I need to do what God wants me to do. I will baffle the know-it-alls and those more talented than I but who do not trust God. I will use everything I have to give God the glory!

You’re A Winner

Picture This:

You're tired of being beaten by life. Trials, problems, relationships gone sour. Just because you've had some of that doesn't mean it's over. Job loss, illness, lack. It's all about to turn around. Because a winning spirit is springing up on the inside of you! The spirit of a winner is jumping on you and you are coming out on the other side. YOU are stepping into the winner's circle.

Scripture This:

1 John 4:4 NLT:
But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.

Proverbs 29:25 NLT:
Fearing people is a dangerous trap, but trusting the Lord means safety.

Philippians 4:13 NLT:
For I can do everything through Christ, who gives me strength.

Pray This:

I belong to you God, I'm your child so even when I don't feel victorious, I know I have the victory. Lord, because I trust you, not people, bring me safety. The Spirit of God who lives in me is greater than the spirit who lives in the world. Because of this, I am a winner. Thank you Lord, that I can do everything through Christ, who gives me strength.

Say This:

Over every circumstance: I am a winner, not a loser. I am victorious, not defeated. I have a winning attitude, a winning spirit, and a winning savior who ensures my success.

Stealing Joy

Picture This:

You're up against the whole world, and it's trying to break you down. But out of a hopeless situation, joy rises up in your soul. You get up and you rise above it. Even when your plans fail, there's a song that slips out of your mouth. Cause you're not letting anything steal your joy!

Scripture This:

Romans 15:13
May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.

Pray This:

Lord, I know everything can change in a minute. Give me hope that will fill me with joy and peace, as I believe in you. May the power of your Holy Spirit fill me up till I can't contain it. May it change the look on my face and even my pace. Help me to guard the joy that I've found in you.

Say This:

The world may try but they will never steal my joy. I will make it. I'm strong enough to take it. A song of redemption brings me closer to happiness. My frown fades and a smile stretches across my face. I won't let go of the joy in my soul. It's there for good.

A Hand to Hold

Picture This:

Your friends see fear in the distance, insecurity, sorrow, and stress. You? You don't hibernate when it gets cold. You step out into the open and set your bearings on the one who holds your hand. Through every life change, he has a tight grip on you. You consider his strength. It's unending. As long as you've got your hand in his, all is well.

Scripture This:

Psalm 59:17 ESV
O my Strength, I will sing praises to you, for you, O God, are my fortress, the God who shows me steadfast love.

Psalm 121:4 NLT
He "never slumbers or never sleeps"

Pray This:

God, when my strength fails, I'm so glad I can pull on yours. Thank you for reaching out to me. I know I always have your hand to hold. When times get tough, show me how to stand strong. When I feel like life is blowing me over, I will look to you because you show me steadfast love. I can sleep because you've got the nightshift. Thank you.

Say This:

I can feel confident knowing I'm holding the hand of the one who will bring me through any situation I face today. I will sing praises to God; his love for me never fades. He doesn't even wince at my challenges, so neither will I. I'm grateful, I can trust him and see him reaching for me. I'm holding his hand.

Say Goodbye

Picture This:

Say Good-bye to what used to be, because every day is filling you with brand new mercy. You're not the one you used to be. This is where it starts now, everything is turning around. Mercy flows every morning. You can feel the hope that's rising in you. Here's the moment where you say, "goodbye!"

Scripture This:

Lamentations 3:23Great is his faithfulness; his mercies begin afresh each morning.

Pray This:

I'm not waiting for tomorrow. God, you said your mercies are new every day. So today, I'm noticing that your mercy is as real as you say it is. I believe you've made me for so much more than this. Life can get better when I start it with your mercy. Thank you Father, for your faithfulness.

Say This:

I can feel the hope that's rising in me. I'm smiling and kissing all my baggage goodbye. I've got something new every morning giving me mercy that floats all that stuff behind. I'm stepping out with all that I need. I'm saying, "goodbye" to the old lie, and saying, "hi" to the new day.

Great Day

Picture This:

You're smart enough to realize the great ingredient of a great day is surprisingly: self-denial. So rather than pamper yourself, indulge yourself, promote yourself, you deny yourself. And you're having the time of your life doing it! In God's kingdom, the least are the greatest, the last will be first, and the undesirable seats are the chosen seats. You know how this works, and you know it's the secret to a great day.

Scripture This:

Mark 9:35
If anyone desires to be first, he shall be last of all and servant of all.

Matthew 16:24 NLT
If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me."

Romans 12:10 NCV
Be kindly affectionate to one another with brotherly love, in honor giving preference to one another.

Pray This:

God, I know this isn't how my flesh wants to operate, but I give up what I want so I can operate like you do. When I want to indulge, help me to purge that urge, and give in to what the spirit wants me to do. When I start to seek my own interests, teach me again that the least are really the greatest and the last will be first. Fill my heart with sacrificial love for others.

Say This:

I am seeking to give rather than get. I'm seeking to pour myself out rather than look for those who will pour into me. I will gladly put myself at the end of the line, gladly put the wants of others before mine, and I will have a great day living like Christ.

Contentment Formula

Picture This:

Satisfied? Yes you are! More so than at any other time in your life. Not because you have everything you want, but because you've found the formula that trumps the slumps. You take a vacation of a lifetime and nothing goes right. But you're content. You get married and your spouse turns out to be someone other than what you thought. But you're content. You land your dream job and it turns into a nightmare. But you're content. You've found the formula: and contentment is result.

Scripture This:

1 Timothy 6:6-8
A devout life does bring wealth, but it's the rich simplicity of being yourself before God. Since we entered the world penniless and will leave it penniless, if we have bread on the table and shoes on our feet, that's enough.

Philippians 4:11-13
Actually, I don't have a sense of needing anything personally. I've learned by now to be quite content whatever my circumstances. I'm just as happy with little as with much, with much as with little. I've found the recipe for being happy whether full or hungry, hands full or hands empty. Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am.

Pray This:

Whoa, God, this is a huge lesson for people to wrap their heads around. I'm trying to get it, so please help me. I want to find the formula for contentment and embrace it with everything I've got. I know theoretically, you are enough, and everything I need. When I start to forget that, remind me. I want to be assured that I can make it through anything because of you who makes me who I am.

Say This:

I'm content whatever my circumstances. I'm happy with little even when I'd rather have much. I've found the formula for being happy no matter what and I am following that formula even when it's tough. I'm trumping the slumps with God's contentment.

Led by the Spirit

Picture This:

You are led by the Holy Spirit so well that you are completely in compliance with what he is leading you to do. Your actions reflect his actions. Your words are straight from his lips. When he speaks you listen and respond immediately. Because you are so in tune with God's Spirit, you mind and your life is at peace.

Scripture This:

Romans 8:14 NLT:
For all who are led by the Spirit of God are children of God.

Romans 8:6 NLT:
So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.

Pray This:

Lord, I want to learn how to follow the leading of the Holy Spirit. I know that the Holy Spirit guides believers who are open to be led of him - and that's me! Holy Spirit, make me sensitive to your voice. I want to be so familiar with you that I am able to pick your voice out of a crowd. As I let the Spirit control my mind it will lead me to life and peace. Thank you, in Jesus Name.

Say This:

I choose to be led by the Holy Spirit not just today but every minute of every day. I confess that I am spiritually sensitive to the Holy Spirit's voice. When I feel that tug, I will recognize it and I will respond. I am constantly watching what the Holy Spirit is doing, what he is saying, and where he is leading.

Expensive Health Plan

Picture This:

You have a health plan. And no, it's got nothing to do with insurance. Your premium was paid by Christ. No, he didn't whip out his wallet... he was whipped instead. His bruises cut a deal for you. His death bought you the most expensive health plan that's ever been purchased. You're healed. That's your claim.

Scripture This:

Ephesians 1:3 NLT
All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.

Hebrews 4:16 NLT
So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

Pray This:

Father God, thank you that you are restoring my body through Your Spirit. Your Spirit dwells in me and renews every fiber of my being as I put my faith in Christ. Because of the work of Christ on the cross, my healing was bought. It was expensive. It was so expensive, it pays for every kind of sickness and disease known to mankind. And because it was bought for me, I can access health in every fiber of my body. Thank you Lord, Jesus.

Say This:

I have strength in this body of mine. Pain is ceasing at this moment. I am gaining encouragement from the Word of God, which sustains me. I am infused with Christ's strength and I am receiving the healing that Christ bought for me. It was expensive...but he said, it was worth everything he had.

You Can’t?

Picture This:

Can't forgive your enemy? Can't forgive your past? Can't face your future? No problem. Christ does. He's on the move, budging you out of that zone and into the place of grace. Grace lives in you because Christ does. And because you're saved by grace, you're saved from yourself.

Scripture This:

1 John 3:19-20 NLT
We will be confident when we stand before The Lord, even if our hearts condemn us. For God is greater than our hearts, and he knows everything.

Hebrews 10:22 NCV
Let us come near to God with a sincere heart and a sure faith, because we have been made free from a guilty conscience.

Pray This:

God, I come up short every time. I'm trying to live the way you want me to, but it's difficult. I need your help. When I lack confidence because my heart condemns me, remind me that your grace is greater than my failures.

Say This:

I get close to God with a sincere heart and a sure faith because I'm made free from a guilty conscience. God's grace is giving me the power to live right. He's grace assisting me in every realm of life. I'm confident in what he's given me to stand before him, even though he knows everything.

Attitude Stinkers

Picture This:

The stinking attitudes that you have been harboring for years have disappeared. And because of it, the smelly aroma you carried at times has evaporated. People find you pleasant at all times. You're so full of a sweet spirit it's like sugar drips from your being. No matter what's going on, you are a breath of fresh air. People gravitate toward you because your attitudes are refreshing.

Scripture This:

James 1:21NLT
So get rid of all the filth and evil in your lives, and humbly accept the word God has planted in your hearts, for it has the power to save your souls.

James 1:21 AMP
So get rid of all uncleanness and the rampant outgrowth of wickedness, and in a humble (gentle, modest) spirit receive and welcome the Word which implanted and rooted [in your hearts] contains the power to save your souls.

Pray This:

God, thank you for washing me with your Word, and what Jesus did for me on the cross. It makes me brand new. Forgive me for clinging to my old ways of thinking because they stink! Today, help me to drop those old attitudes and never pick them back up again. Right now, I let go of old stinking attitudes and ways of thinking. I ask you to help me think and behave in a way that is consistent with being a new creature in Christ. Because that's who I am!

Say This:

I receive and welcome the Word which was implanted and rooted in my heart because it has the power to save my soul and to clean up my attitude. I declare that I am free from filthy mindsets. I have new thoughts that please God. My thoughts are so clean that my mood and demeanor sparkle. I think like Christ and it shows!

Watching What You Say

Picture This:

You can be trusted with your mouth. You say the right thing at the right time and always in the right way. Your words speak life; things grow and resurrect at your command. You have power and authority when you speak. At every moment, your speech is guided and directed by the Holy Spirit and it accomplishes great things.

Scripture This:

Ephesians 4:29 MSG:
Watch the way you talk. Let nothing foul or dirty come out of our mouth. Say only what helps, each word is a gift.

Psalm 19:14 NLT:
May the words of my mouth and the meditation of my heart be pleasing to you, O Lord, my rock and my redeemer.

Matthew 12:34-37 NLT:
The mouth speaks the things that are in the heart. Good people have good things in their hearts, and so they say good things. But evil people have evil in their hearts, so they say evil things. And I tell you that on the Judgment Day people will be responsible for every careless thing they have said. The words you have said will be used to judge you. Some of your words will prove you right, but some of your words will prove you guilty."

Pray This:

Lord, I desire to say things that will make a difference in people's lives. Help me to guard my mouth and be so very careful to only speak words that are uplifting, positive, and honoring to you and others. May the words of my mouth and the mediation of my heart be pleasing to you, O Lord. If there is anything in my heart that is evil, I ask you to show me so I can remove it. I want good things in my heart so that it overflows out of my lips. Enable me to do right by my words, so they bring hope and healing to many. Thank you God, because I want my mouth to be a blessing.

Say This:

I make a clean break with all cutting, backbiting and profane talk. I will be gentle with my words, sensitive, and respectful. I will take control of what I say and I will guard my lips. I am wise and out of the wisdom God gives me comes wise speech. God's making my words persuasive in a Godly way. I am influencing others to be kingdom minded and to do kingdom things.

Receiving Good Things

Picture This:

You heart feels "full". You feeling overwhelmed - but in a good way. God's been giving you good things and you want to drink in these moments one by one. You recognize that God's been gracious to you in so many ways and you can't help but fall to your knees in gratitude.

Scripture This:

Psalms 37:25 NLT:
Once I was young, and now I am old.
Yet I have never seen the godly abandoned
or their children begging for bread.

1 Corinthians 2:9 NLT:
That is what the Scriptures mean when they say,
“No eye has seen, no ear has heard,
and no mind has imagined
what God has prepared
for those who love him.”

Pray This:

God, you're a good God. I want to be so aware of what you are doing in my life and what you have given me. I'm thank you that I have never seen the godly abandoned or their children begging for bread. I am grateful that your word reminds me today, that no one, not even me, has seen or heard, or even imagined all of the blessings you want to lavish on me simply because you love me.

Say This:

I am overwhelmed by God's goodness to me. I see him working good things into my life on a daily basis. My eyes are zeroing in on his blessings. I am astonished at what God has up his sleeve. It must be something absolutely amazing and beyond anything I can dream up! I am a receiving blessings because God is loving me.

Being Faithful in Tough Times

Picture This:

You're faithful even when you'd rather not. You keep with it day in and day out. Even when it's tough, you grit your teeth, you take your stand, and you do what God has asked you to do. Whether it's a relationship, a job, a place of service, or a dream - you are not letting up - until you're done. You are determined to accomplish what God has called you to do. And you will hear him say: "Well done!"

Scripture This:

Colossians 3:23-24:
Whatever you do, do you work heartily as for the Lord rather than for men... It is the Lord Christ whom you serve.

2 Timothy 4:2:

NIV:
...be prepared in season and out of season...

AMP:
Keep your sense of urgency [stand by, be at hand and ready], whether the opportunity seems to be favorable or unfavorable. [Whether it is convenient or inconvenient, whether it is welcome or unwelcome, you as preacher of the Word are to show people in what way their lives are wrong.] And convince them, rebuking and correcting, warning and urging and encouraging them, being unflagging and inexhaustible in patience and teaching.

Pray This:

Lord, You have called me to do specific things for you and I am not going to let the devil or my circumstances chase me away from where I know you want me. Where I'm at right now is difficult, please help me to dig my heals in until this season passes. I rely on you to help me to do my work heartily for you. Ultimately, I do it for no one but you. Give me the ability to stick with it whether the opportunity is favorable or unfavorable, convenient or inconvenient. Discipline me so I am prepared, trained, and ready in season and out of season.

Say This:

I am not moving from the place where Jesus called me to be. I will succeed and go forward even in the midst of unfavorable circumstances. I have made up my mind and resolved in my heart to stick with what God has told me to do. I am not flinching or moving from that place. This is my post; this is my ground; and I'm going to hang in there until I have accomplished what God has in mind for me.

Joy & Happiness During the Holiday Season

Picture This:

You're looking forward to your family getting together for the holidays. There's not one hint of anxiety that rises up within you. Not a trace of angst. There's no fear in your bones. You know God is going to overshadow your family-time with his peace. Your heart starts to get excited and do a little happy dance! You walk into a conflict-free environment. Every room is filled with love. Real love. Not sentimental gush or garbage. Even those who don't normally ooze with sweetness will be dripping with supernatural goodness.

Scripture This:

Phillipians 1: 9-11 MSG
So this is my prayer: that your love will flourish and that you will not only love much but well. Learn to love appropriately. You need to use your head and test your feelings so that your love is sincere and intelligent, not sentimental gush. Live a lover's life, circumspect and exemplary, a life Jesus will be proud of: bountiful in fruits from the soul, making Jesus Christ attractive to all, getting everyone involved in the glory and praise of God.

1 Corinthians 13:4 - 8 CEV
Love is patient and kind, never jealous, boastful, proud, or **5**rude. Love isn't selfish or quick tempered. It doesn't keep a record of wrongs that others do. Love rejoices in the truth, but not in evil. Love is always supportive, loyal, hopeful, and trusting. Love never fails!

Pray This:

God I ask you to help each of my family members to flourish with love this holiday season. Let this be the most incredible time we have ever had together. Help us to not only love much but well. We will learn to love each other appropriately. We will treat each other with sincere love that is intelligent. We will behave in a way that makes Jesus attractive to all members of our family. Even bringing them to know you as their savior if they don't all ready. God help us to release hurts from the past and hurts that may touch us in the future. Remind us that we are dealing with humans who are imperfect and sometimes do not know how to love each other perfectly.

Say This:

I declare that each member of our family treat each other with genuine love, respect, and kindness. There will no trace of conflict, unforgiveness, pride, jealousy, or anger when we are together. Everyone will be able to put their differences aside and love on each other in a genuine way. My love for each member of my family will not fail. I will love them unconditionally and they will do the same for me and each other. This will be the best holiday season we have ever experienced together celebrating.

Complaining No More!

Picture This:

Rather than allowing my insides to get hotter and hotter and my thoughts to boil over; I control my mouth. Complaining is something I have traded for praising. Whether a situation is favorable to me or not, I speak only good things. I keep a guard over my tongue and it brings healing to my life and those around me.

Scripture This:

Philippians 2:4 NLT:
Do everything without complaining and arguing, so that no one can criticize you. Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.

Ephesians 4:29 NLT:
...Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

Psalm 39:1 NLT:
I said to myself, “I will watch what I do and not sin in what I say.

Proverbs 15:4 MSG:
Kind words heal and help; cutting words wound and maim.

Pray This:

Father, you are the creator of my lips and I'm sorry that sometimes I don't use them the way you intended. Please help me to stop complaining about things I don't like. When something doesn't go my way, I need your help to keep my mouth shut. I want everything I say to be good and helpful, so that my words will be an encouragement to those who hear them. Thank you that as I speak kind words they will heal me and others. In Jesus Name I pray.

Say This:

I'm determined to watch what I say so my tongue won't land me in trouble. I am holding my comments rather than complain or speak negative in any way. "Mum's the word," I will keep quiet! Every word I speak will be a gift to me and others.

Sticking With It

Picture This:

You throw up your arms, lift your voice, and ask Jesus to fill you with the endurance you need. You receive supernatural grace - an endowment working in you. Suddenly you are empowered beyond your natural strength to endure in the midst of turmoil or adversity.

Scripture This:

1 Corinthians 15:10 NLT:
But whatever I am now, it is all because God poured out his special favor on me—and not without results. For I have worked harder than any of the other apostles; yet it was not I but God who was working through me by his grace.

2 Corinthians 12:12 NLT:
When I was with you, I certainly gave you proof that I am an apostle. For I patiently did many d signs and wonders and miracles among you.

Pray This:

Lord Jesus, Thank you for filling me with supernatural endurance to get the job done. In the midst of the hassles, challenges, and problems that I face, I am very aware that I wouldn't be able to do it without your divine gift of favor and endurance. I ask that you do many signs and wonders and miracles through me so I can testify of you in what I do. Amen.

Say This:

God is filling me with supernatural grace and endurance to stay put until I have completed my assignment. He believes in me. And he is giving me everything I need to accomplish what he has called me to do. In every area of my life, I am strong, I am focused, and I am doing precisely what God has planned for my life.

Trust When It's Tough

Picture This:

You trust God through the good times and the bad. When the road is rough, and you're tempted to allow discouragement to settle in - you jump back in your spirit and push through. You pray through. You trust through. And he sees you through. Eventually things turn around and you again look back and thank God for being right there like he said he would.

Scripture This:

Psalms 18:2-3 NLT:
The Lord is my rock, my fortress, and my savior;
my God is my rock, in whom I find protection.
He is my shield, the power that saves me,
and my place of safety.
I called on the Lord, who is worthy of praise,
and he saved me from my enemies.

Psalms 62:8 NLT:
O my people, trust in him at all times.
Pour out your heart to him,
for God is our refuge.

Pray This:

God, when the going gets tough, I go to you. I need you to help me handle the situations that I am dealing with right now. You word says that you are my rock, my fortress, and my savior. I will find protection in you. Thank you that I can count on you to be the power that saves me. If anyone is against me, I've got it made because you are my shield. If anyone is after me, I know I'm safe because you are my refuge. If any problem is too big for me, I know you will handle it for me. Thank you that I can trust you with the most difficult and trying times of my life. I know I will come out on top!

Say This:

God makes me strong. God is bedrock under my feet, the castle in which I live, my rescuing knight. My God is the high crag where I run for dear life. I'm hiding behind the boulders, safe in his granite hideout. I sing to God, appreciate his goodness, and find myself safe and saved. I trust him completely. Everything is going to be ok.

Winning In Life/Victory

Picture This:

You're tired of being beaten by life. Trials, problems, relationships gone sour. Just because you've had some of that doesn't mean it's over. Job loss, illness, lack. It's all about to turn around. Because a winning spirit is springing up on the inside of you! The spirit of a winner is jumping on you and you are coming out on the other side. YOU are stepping into the winner's circle.

Scripture This:

1 John 4:4 NLT:
But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.

Proverbs 29:25 NLT:
Fearing people is a dangerous trap, but trusting the Lord means safety.

Philippians 4:13 NLT:
For I can do everything through Christ, who gives me strength.

Pray This:

I belong to you God, I'm your child so even when I don't feel victorious, I know I have the victory. Lord, because I trust you, not people, bring me safety. The Spirit of God who lives in me is greater than the spirit who lives in the world. Because of this, I am a winner. Thank you Lord, that I can do everything through Christ, who gives me strength.

Say This:

Over every circumstance: I am a winner, not a loser. I am victorious, not defeated. I have a winning attitude, a winning spirit, and a winning savior who ensures my success.

Emotional Healing

Picture This:

Your past hurts left scars but those scars have disappeared. Christ applied salvation's salve to your heart and your emotional pain melted away. You now walk free from trauma. Your head is held high, you feel alive and unattached to the things that used to pull you down. You have received emotional healing inside and out.

Scripture This:

Isaiah 54:4 NLT:
Fear not; you will no longer live in shame. Don’t be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth and the sorrows of widowhood.

Isaiah 61:3
* To all who mourn in Israel, he will give a crown of beauty for ashes, a joyous blessing instead of mourning, festive praise instead of despair. In their righteousness, they will be like great oaks that the Lord has planted for his own glory.

Hebrews 13:5-6
For God has said, “I will never fail you. I will never abandon you.” 6 * So we can say with confidence, “The Lord is my helper, so I will have no fear. What can mere people do to me?”

Pray This:

Father, I know you are a God who cares for every facet of my being. I take comfort knowing my hurt and pain is on your mind. Because Jesus died to heal my emotional scars, I have a right to emotional healing of all kinds. At the deepest level, take my tattered emotions and apply your salve. You have given me beauty for ashes and joyous blessing instead of mourning. I can participate in festive praise instead of despair because of your great love for me. Thank you, in Jesus Name.

Say This:

I will no longer live in shame. There is no more disgrace for me when I think of my hurt and past. I will no longer remember the shame of my youth because Jesus has washed it away. God will never fail me or abandon me. With confidence, I declare, The Lord is my helper, so I have nothing to fear. My emotions have been healed and I am released to walk in freedom from pain.

When You Feel Forgotten

Picture This:

I feel important and valuable enough to God that he has a picture of me always before him. Just as young lovers write the name of their significant other on their hand, God has scribbled my name on his. He has his eye on me. Just knowing he loves me fills me with warmth. He cherishes me. I know he is mindful of everything I am going through. And he's there to help.

Scripture This:

Isaiah 43:1-4 NLT
When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. For I am the Lord, your God, the Holy One of Israel, your Savior. I gave Egypt as a ransom for your freedom; I gave Ethiopia and Seba in your place. Others were given in exchange for you. I traded their lives for yours because you are precious to me. You are honored, and I love you.

Isaiah 49:14-16 NLT
Yet Jerusalem says, “The Lord has deserted us; the Lord has forgotten us.” 15 “Never! Can a mother forget her nursing child? Can she feel no love for the child she has borne? But even if that were possible, I would not forget you! 16 * See, I have written your name on the palms of my hands.

Deuteronomy 31:6 NLT
"Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

Pray This:

God, I am so glad that I can rest knowing you are aware of me and where I am in life. I can trust that you have not forgotten me. Thank you that you know me by name. And you have my name written on the palm of your hand. God, remind me that you always have me on your mind. When I feel alone, encourage me. Show me that you will never leave me or forsake me. Show yourself strong on my behalf. Rescue me when I feel like I'm in over my head. I give you praise and glory, In Jesus Name.

Say This:

When I'm in over my head, God is right there with me. When I'm in rough waters, I will not go down. When I'm between a rock and a hard place, it won't be a dead end --because I know God, my personal God, my Savior is with me. He paid a huge price for me because I mean so much to him....so much, he'd sell off the whole world to get me back! I am not forgotten!

Improving Communication Skills

Picture This:

Your tongue is like the pen of a skillful poet. No one needs to run from you and take cover because they no longer fear that you will blow them away with your words. You speak the right thing at the right time. You share encouragement when people need it. You're communication is full of love at all times. People enjoy conversations with you because you make them feel valued, important, and esteemed.

Scripture This:

Ephesians 4:29
Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

Proverbs 18:21
The tongue can bring death or life; those who love to talk will reap the consequences.

James 3:5-6 MSG
A bit in the mouth of a horse controls the whole horse. A small rudder on a huge ship in the hands of a skilled captain sets a course in the face of the strongest winds. A word out of your mouth may seem of no account, but it can accomplish nearly anything—or destroy it! It only takes a spark, remember, to set off a forest fire. A careless or wrongly placed word out of your mouth can do that. By our speech we can ruin the world, turn harmony to chaos, throw mud on a reputation, send the whole world up in smoke and go up in smoke with it, smoke right from the pit of hell. (James 3:3-6 MSG)

Pray This:

God, I need your help to control my tongue. Keep me from using foul and abusive language no matter who I am dealing with. I want to do a better job using my words to bring life to every situation. Let everything that I say be good and helpful so my words will be an encouragement to those who hear them. Help me to be aware of wrongly placed words out of my mouth. Let my speech bless others, turn chaos to harmony, restore reputations, and bring heaven to earth. May my words accomplish great things for you and others!

Say This:

Understanding the power in my tongue, I choose to use it to bless people and to do good. I declare I will not use my tongue to bring about sour consequences. I am making a decision to use my words to lift people up and not tear them down. To speak words that will bring life to every situation. I will not speak negative things about people or situations. I will guard my mouth so that it pleases you in every way.

When You Are Offended

Picture This:

You are free. Free from hurt. Free from pain. The past no longer causes you to ache inside. When you think of those who have caused problems for you in life - you are able to think of them free of bitterness. In fact, you are able to love them genuinely. As crazy as it sounds, you even cover them in prayer. You speak well of them even though in the past, they have not spoken well of you. It's a new day. The old is gone. You have a new attitude towards those in your life who have messed with your stuff - you love them unconditionally. You are free of offense for good!

Scripture This:

Psalms 9:10 NLT -
Those who know your name trust in you, for you, O Lord, do not abandon those who search for you.

Psalms 91:14-15 NLT -
The Lord says, “I will rescue those who love me. I will protect those who trust in my name. When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them.

2 Timothy 4:17, 18 -
The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom.

Pray This:

God, I am so thankful that you watch over me and that you don't abandon those who search for you. I'm calling on you because there are hurtful situations in my life that I have to get over. There are events that have occurred that have ripped a hole in my heart that I need to heal from. I'm asking you to help me overcome those offenses. Help me to forgive those who have done wrong to me. Rescue me because you love me. Protect me because I trust in your name. You said, you would answer me when I'm in trouble. And you said, you would rescue and honor me. I am relying on you to make everything right again in my life.

Say This:

I will not live life offended. I will not attach bitterness to anyone who has treated me wrong. I release unforgiveness right now, in the Name of Jesus. I choose to live free of offense and to experience freedom. I will speak well of anyone who has hurt me. I will be kind and helpful to those who haven't been kind and helpful to me. God is restoring relationships in my life. I am looking forward to my future free of offense.

Living in a Kingdom Upside Down

Picture This:

The world would have you go in one direction, you choose instead to go God's. Kingdom living requires opposites. Lucky for you, you've become a new creature. This enables you to serve when you would rather be served. This gives you the edge in turning the other cheek instead of throwing a well-deserved punch. This stretches you to give so you can receive even more. Opposites. To the world, it makes no sense but to The Lord, it's the only way to go. You end up on top instead of below.

Scripture This:

Luke 6:27-30 NLT
But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. Bless those who curse you. Pray for those who hurt you. If someone slaps you on one cheek, offer the other cheek also. If someone demands your coat, offer your shirt also. Give to anyone who asks; and when things are taken away from you, don't try to get them back.

Pray This:

God, it's tough sometimes to do things your way. It takes grit and determination. So help me! I want to go against the grain and do things that shape your kingdom here on this planet. Give me the willingness to love my enemies and be a blessing to those who despise me. When someone does me wrong, I want to love them even when it hurts. I want my life to be marked by giving not getting. Doing the opposite of what others would do will show them the love of Jesus. And that's what I'm all about.

Say This:

I Love my enemies. I let them bring out the best in me, not the worst. When someone gives me a hard time, I respond with the energies of prayer for that person. If someone slaps me in the face, I stand there and take it. If someone grabs my shirt, I gift-wrap my best coat and make a present of it. If someone takes unfair advantage of me, I use the occasion to practice the servant life. No more tit- for- tat stuff. I'm living generously.

Straight Talk

Picture This:

Jesus is saying: "You and I need to get something straight….You live in a permanently cleansed state. I don't want you to continue feeling guilty for your sins. Regret them, yes. Turn from them, yes. But I have cleansed you. I'm not doing it again. It would be impossible for me to die twice for you. Since what I did to wipe out your sins took care of it once and for all, you need not feel the weight of them. I want you motivated by my love, not by guilt. Got it? Good. Let's move on!"

Scripture This:

Heb 10:10 & 14 NLT
For God's will was for us to be made holy by the sacrifice of the body of Jesus Christ, once for all time. For by that one offering he forever made perfect those who are being made holy.

Pray This:

I am forever thankful, Jesus, for taking my sins away. Past, present, and future sins —they're all the same…they're gone. I see what you did for me. I believe it was enough. I am so grateful that you made me clean and that you draw me close to you so I can be enveloped in your love. You inspire me to live the way you've intended. You've given me new hope, new joy, and new confidence. You've given me the greatest gift I could ever receive. You!

Say This:

When I find myself lacking in self-control or not looking so "Christ-like," I simply take in a fresh reminder of my "once for all" sacrifice. As I remember that I am clean and holy before God, I find myself gravitating toward clean thinking and holy living. I'm making choices that reflect God's heart. As I recognize Christ's closeness to me, I act like him.

Depression

Picture This:

I am happy and free from the dark tunnel of depression. Hovering clouds have disappeared. The difficult things that try to get me down do not succeed because I have my eyes focused on God and his love toward me. When I feel myself slipping into a downward spiral, I know what to do. I pull out a list of God's goodness and he pulls me through.

Scripture This:

Psalms 40:16 NLT:
But may all who search for you
be filled with joy and gladness in you.
May those who love your salvation
repeatedly shout, “The Lord is great!”

Psalms 42:11 NLT:
Why am I discouraged?
Why is my heart so sad?
I will put my hope in God!
I will praise him again—
my Savior and my God!

Pray This:

God, when I'm down and feeling low, I am determined to turn it around. Help me to pull off a good mood instead of a downward one. As I search for you, fill me with joy and gladness in you. Enable me to remain focused on your salvation because that's really the most important thing I have. With that in mind, I will no longer be discouraged. I will put my hope in God because he saves me! Thank you that there is light at the end of the tunnel because there is light in you!

Say This:

If I'm down in the dumps and crying the blues, I will fix my eyes on God— I'll be praising again. He puts a smile on my face. He's my God and he has given me a huge reason to rejoice. Salvation is enough to make me happy. Thinking of God's goodness is keeping me going. I am climbing out of depression and I'm walking in joy today.